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Banks start opening on Saturdays

A total of 26 Millennium bcp branches opened their doors to the public last Saturday in a move that could see dozens of other branches follow suit. (See Page 6)

Could Algarve-born musical extraordinaire be Broadway's next big hit?

In a poignant nod to British history a new musical that was written and produced in the Algarve, 'Churchill – The Musical', could make history of its own if it becomes the first production 'Made In Portugal' to become an international success. (See Page 8)

Golden Triangle Exhibition finally here

After months of planning, the Golden Triangle Exhibition will make its much-anticipated debut this weekend at the 5-star Vila Sol hotel in Vilamoura. (See Page 9)

Record-breaking August at Lisbon Airport

During the month of August Lisbon Airport registered significant improvements in the number of passengers and revenue from retail outlets within the infrastructure, breaking two previous performance records in both areas. (See Page 15)

Foreign flavours spice up Algarve's most charismatic market

Three new international stalls are the latest introductions to one of the Algarve's oldest and most charismatic municipal buildings, Loulé town market. (See Page 17)

Weekend weather

Lisbon: Autumn will continue in the capital this coming week with heavy rain forecast, especially on Sunday, while thermometers will sit in their low 20s. **Algarve:** After a bright start to the weekend, rain will make a brief appearance on Sunday afternoon before returning later in the week. **North:** Rain will dominate for much of next week, and while minimum temperatures will be in their high teens, maximums are expected to struggle past the 21°C mark.

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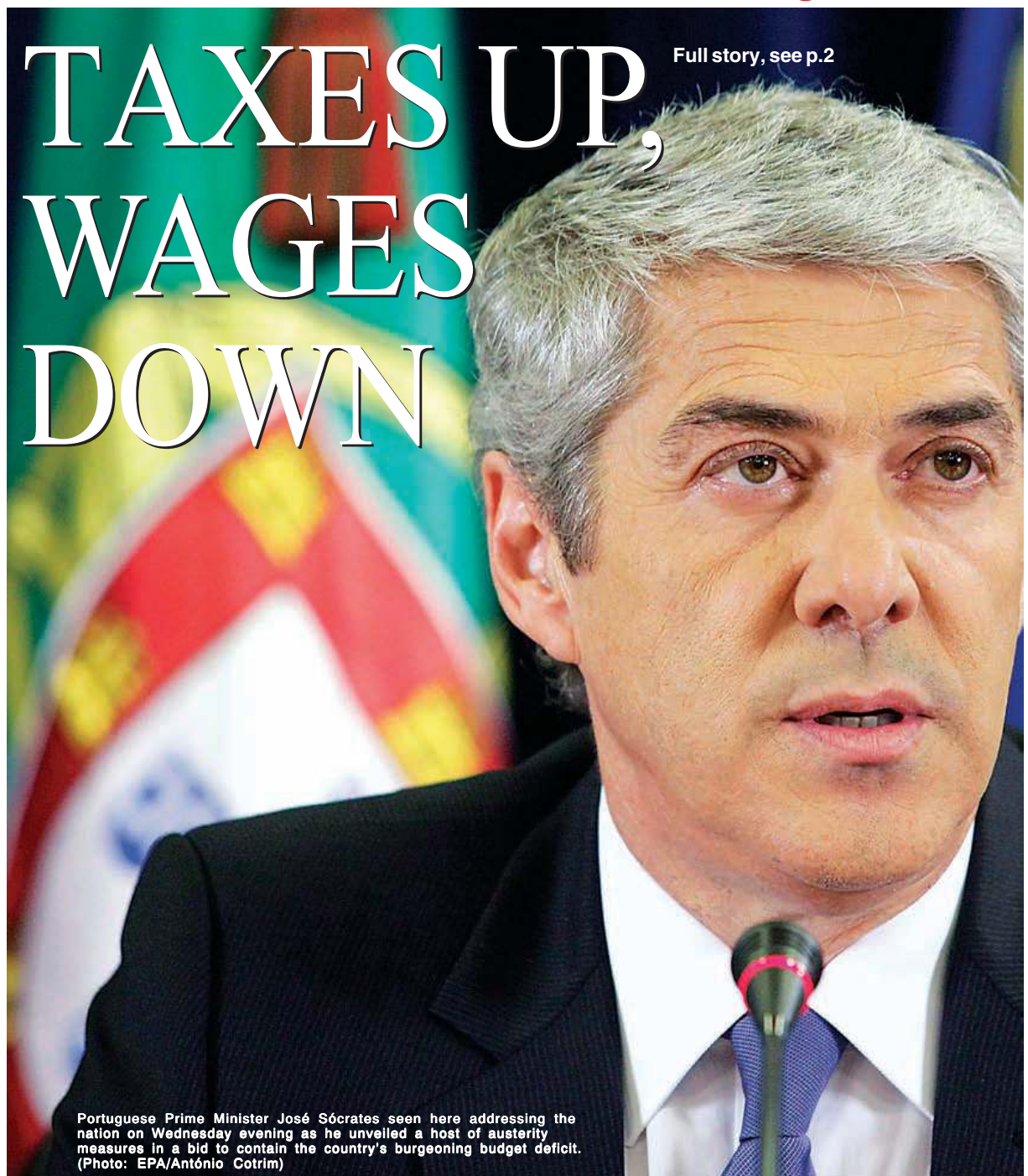
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Prime Minister announces sweeping austerity measures in bid to control ballooning deficit



TAXES UP, WAGES DOWN

Full story, see p.2

Portuguese Prime Minister José Sócrates seen here addressing the nation on Wednesday evening as he unveiled a host of austerity measures in a bid to contain the country's burgeoning budget deficit. (Photo: EPA/António Cotrim)

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Contacts

Postal Address: Apt 13 • 8401-901 • Lagoa
Courier: Rua Município de S. Domingos • Urb. Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa
Tel: 707 500 655 (+351 282 341 100)
Newsdesk: 707 500 655 (+351 282 380 313)
Sales: 707 500 677 (+351 282 380 310)
Classified: 707 500 646 (+351 282 380 315)
Fax: Gen 707 941 201 (+351 282 341 201)
Fax: Sales: 707 942 053 (+351 282 352 053)
Email: info@theportugalnews.com
 sales@theportugalnews.com
Web: www.theportugalnews.com

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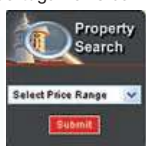
Publisher: Paul Luckman • publisher@theportugalnews.com
Editor: Brendan de Beer • newsdesk@theportugalnews.com
Production: Madeline Luckman • copy@theportugalnews.com
Journalists: Carrie-Marie Bratley
Classifieds: Rebecca Andrade
Paws & Claws: Raquel Salbany
Travel: Sherry Hughes
Photos: LUSA • Press Association • Portugal News

Sales Team

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Taxes up, wages down



Portuguese have this week been told that belt-tightening measures enforced to date by the Government have been inadequate in reducing the country's burgeoning budget deficit. As a result, taxpayers have been asked to make further sacrifices as the minority Socialist cabinet seeks to stop the deficit reaching double figures.

Brendan de Beer

The announcement was swiftly condemned by all opposition parties while the country's major trade unions have called a meeting for October 14. Sources indicated that this conference will not be to decide if industrial action should be taken to protest tax hikes and wage cuts, but rather when they should take place.

In making the announcement, the Prime Minister, accompanied by Finance Minister Teixeira dos Santos, revealed that Portuguese will now be paying the highest VAT rates in the Eurozone while civil servants will have their wages slashed by up to ten percent from 2011.

In a move that will directly affect all taxpayers in Portugal, VAT will be pushed up from 21% to 23%, with this increase only coming into force next year.

Items which are levied lower VAT rates could be charged the full rate, with the Prime Minister saying on Wednesday evening "it makes no sense that Coca-Cola is charged at a lower rate than other consumables".

With Portugal's budget deficit bordering on the 10% mark at the beginning of the year, Mr. Sócrates undertook to reduce this figure to 7.3% by the end of 2010 and cut it down to 4.6% by the end of next year.

Despite the increase in VAT, its impact on the GDP will be limited, allowing for a cut of only 0.6%.

The Prime Minister explained in his televised address to the nation that these austerity measures are more aimed at reducing public spending than increasing revenues by hiking taxes.

According to the Finance Ministry's calculations, spending will be reduced by a figure of €3.42 billion in 2011 while revenue obtained from the VAT increase and an in-depth revision of tax benefits will generate around €1.7 billion.

Spending cuts affecting civil servants, which many private enterprises will now feel justified to imitate, will see wage freezes for all workers earning under €1,500 month.

Fears that Christmas bonuses would be done away with, as had been widely anticipated, were unfounded as the Government steered clear of that temptation.

However, *The Portugal News* has learnt that some cash-strapped Town Halls are cautioning their workers not to make big plans for Christmas as they will not be paying out bonuses this December.

In the meantime, high earning civil servants, including the Prime Minister, will be forced to take pay cuts from 3.5% for those who are paid between €1,500 and

€2,000, while politicians and state-employed directors will see their wages progressively decrease until they are earning 10% less than they are currently earning.

The Finance Minister also quashed any hopes that salaries would go up once stability has been achieved telling the nation that the "wage cuts are not temporary and will last beyond 2011".

But the Government, whose popularity will undoubtedly fall to an all-time low due to these austerity measures, will now need to brace itself for a wave of industrial action.

José Sócrates' announcement came only hours after Portuguese unions joined a European Trade Union Confederation (ETUC) demonstration that took an estimated 100,000 European workers to Brussels.

Manuel Carvalho da Silva, leader of Portugal's largest union confederation, CGTP, attended a demonstration in Lisbon simultaneous to the march in Brussels on Wednesday, and promised that Portuguese workers will "step up the struggle".

"I have no doubts that we will move onto broader-based protests and that the Portuguese people will be very involved in the fight", Carvalho da Silva was quoted as telling the Lusa News Agency.

According to the CGTP, the Government's measures are "provocative and unacceptable".

According to the union, a meeting set for October 14 will almost certainly "culminate in the announcement of industrial action".

The FESAP confederation of unions meanwhile said it was anticipating "an explosive situation in the near future as the discontent amongst workers will rise".

The opposition has also united as one against the Government.

The Social Democrats (PSD) called on the "Government to reconsider this new and grievous tax increase. 'It is a bad principle to resort to successive tax hikes, leading [families and companies] to pay for the Government's incompetence'."

CDS (Christian Democrats) MP Cecilia Meireles was also quoted as telling the Lusa News Agency the proposals are a testament to the "Government's failure" and said she was "surprised" that the executive did not suspend the planned construction of a high-speed rail link (TGV).

"This is a brutal offensive against workers' incomes", PCP (Communists) leader Jerónimo de Sousa said. "It will lead to wage devaluation and more unemployment. It will solve none of the great national problems."

Left Bloc MP Helena Pinto said the Government's proposals "will only add to the recession".

PricewaterhouseCoopers (PwC) meanwhile argued that the VAT increase is "unsustainable over the long term" but said that it believed the move should at least "calm the markets without affecting external competitiveness".

The European Commission has this week expressed concern at the current state of Portugal's economy, but was hopeful following the announcement of austerity measures.

"We believe the situation is serious and must be faced with a great sense of national responsibility", EC President José Manuel Durão Barroso told reporters at a press conference in Brussels.

The EC President further added that "the Commission is

well aware of the difficulties" of preparing an "ambitious" 2011 budget, noting that Portugal's deficit goals were "extremely well received both by its Eurozone partners and the financial markets", and that Portugal "must not disappoint them".

The European Commissioner for Economic Affairs Olli Rehn meanwhile praised the measures, telling Lusa they were "a move in the right direction".

Commissioner Rehn said he was still "studying details" of Lisbon's proposals, but noted that the Commission had been calling for similar measures "for a long time".

Eurogroup president Jean-Claude Juncker also said he was "satisfied" by the austerity package.

"The announced measures are hard and serious, and the Portuguese government's policy is very credible", the Luxembourg Prime Minister said.

Former Bank of Portugal chairman and current European Central Bank (ECB) vice-president Vítor Constâncio meanwhile told Lusa on Thursday that Portugal's budgetary situation is "serious" and that the government's announced austerity measures are important to allay the concerns of international financial markets.

"Let's see how markets react [to Lisbon's proposed budgetary moves], but it's important to present a guarantee that [Portugal] will reach the 4.7% of GDP public deficit in 2011", Constâncio said.

A political crisis has been brewing in the days leading up to the Prime Minister's announcement, with President Cavaco Silva taking the unprecedented measure earlier in the week of calling all political parties for meetings to discuss the country's "political, economic and social situation".



Demonstrators pictured in Oporto earlier this week holding a portrait of Portuguese Prime Minister, José Sócrates, with the word 'liar', during a protest by the CGTP-IN trade union against the labour and economic policies of the Socialist Government. EPA/José Coelho



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Bullfight petitions lock horns



Locals watch a traditional 'to the death' bullfight in Reguengos de Monsaraz on September 11th. Organisers were banned from killing the bull, but complied with tradition regardless of the ruling. The defiant killing took place under a large black canvas to hide the perpetrator's identity. (Photo: Lusa / Nuno Veiga)

Carrie-Marie Bratley



Two opposing public petitions have revealed that there are nearly as many people speaking out in favour of bullfights as there are citizens campaigning to ban them. At the time of going to press, the difference between the number of signatories on the two national documents was only 1,116 citizens.

By Wednesday, a pro-bullfighting petition had gathered just over 12,000 signatures, while a 'ban bullfighting' document listed around 13,121 names.

On August 25th, outspoken Santarém Mayor Moita Flores launched the public petition 'In Defence of the Festa Brava' to defend the honour of the tradition and its continuity.

His goal is to reach 100,000 signatures by July 2011.

In little over a month, the petition had amassed the support of 12,005 signatories. Should that monthly rate be maintained, his target will be reached come next summer. One of those followers was Maria da Luz Rosinha, Mayor of Vila Franca da Xira.

It has been also discovered that another signee had identified himself as 'José Manuel Durão Barroso', a name identical to that of the former Portuguese Prime Minister and current European Commission (EC) President.

Speaking from Brussels,

Deputy Spokeswoman for the Commission (Activities of the President) Leonor Ribeiro da Silva denied the EC President had given the petition his backing. After looking into the situation, on Thursday morning she told **The Portugal News** "It is not him".

Mayor Moita Flores had also earlier dismissed the possibility that the EC President would put his name to the petition, telling **The Portugal News** "I don't believe it is his".

However, it is not the first time Durão Barroso has had his name associated to the thorny issue.

As President of the EC Barroso exercised diplomacy when addressing a proposal put forward in 2006 by a German Euro deputy to ban bullfights.

According to Portuguese newspaper *Público*, Barroso said at the time: "There are national and regional traditions that we must respect", but admitted "it is a difficult issue".

And in 2008 the 'International Tribunal for Animal Rights' "symbolically condemned" the former Portuguese Prime Minister and ex-President Jorge Sampaio for "infringements against animal rights".

The 'trial' which took place at the organisation's headquarters in Switzerland, made reference to a ruling passed when the two politicians were in power in 2002 and the Portuguese Parliament approved a law that overturned a 72-year-old ban on the killing of bulls in the arena.

The killing of bulls had been banned since 1928 but on July 11th, 2002, a ruling was approved making the small village of Barrancos an exception to the rest of the country.

It has since been the only place in Portugal where bulls are killed in the arena in full view of spectators.

Meanwhile, a petition launched ten days earlier to that of Moita Flores' (on September 15th), 'For the Abolition of Bullfights and All Spectacles Involving Bulls', has gathered 13,121 signatures. Created by the Party for Animals and Nature (PAN – formerly known as the PPA, Party for Animals), the petition looks to have Parliament 'approve legislation in which all bullfights and spectacles involving bulls are completely abolished from national territory'.

It appeals for a law that is similar to the one recently passed in Catalonia following which all bullfights will be prohibited in that region as of 2012. The motion was passed in the Catalan Parliament by a clear majority.

According to a national inquiry carried out in Portugal by Metris Gfk in February and March 2007, just over half of the respondents (50.5 percent) answered 'yes' when asked if bullfights should be legally abolished.

On the other hand, nearly 40 percent (39.5) answered 'no'.

The remaining ten percent were undecided.

And earlier this year the Ministry for Culture created a specialised department dedicated to bullfighting, a move praised by some and condemned by others.

In Portugal there are clear indications that the opinion-dividing tradition is still widely regarded by many as a custom to be maintained.

According to data from the General Inspectorate for Cultural Activities (IGAC), more than 600,000 people watched a live bullfight last year.

On its introductory note from a 2009 report the IGAC states: "The bullfighting spectacle in Portugal represents a secular tradition that has an important cultural expression as well as significant cultural expression concerning the number of spectators it mobilises within all activities related to it".

Last year 187 bullfights were held, the majority of which took place in the popular tourist destination of Albufeira (Algarve).

These and other spectacles involving bulls, of which there were 313 in total, were watched by a total of 663,033 spectators.

Bullfights held at Lisbon's Campo Pequeno, arguably Portugal's most prominent arena, drew the largest crowds with 107,981 people seeing a bullfight there last year.

During 2009 ten bullfights were shown on television, five of which took place at Campo Pequeno.

In September 2008 a call to forbid national television channels from broadcasting bullfights during prime hours was dismissed by the ERC (Regulating Entity for the Media).

The position was taken three months after a temporary ruling from Lisbon's Civil Court in which national channel RTP was banned from showing bullfights until after 22h30 and only with a little red circle in the top right-hand corner to indicate the programme is not suitable for younger audiences.

The ERC said bullfights could be shown before 22h30 and that they were "not a negative influence on children".

Interest in Portuguese bullfighting has also recently been expressed from not so obvious international quarters.

Last month two groups of Russian tourists were taken to a well-known farmstead in central Portugal. A pro-bullfighting group was enlisted by a 'destination management company' to organise the excursion for the Eastern Europeans, who spent a day watching bullfighting demonstrations.

Though the organisers declined giving **The Portugal News** any further details on the visit, a report on their website claims the Russians were "satisfied" with their excursion, participated in activities and showed "admiration" for the Portuguese tradition.

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EU proposes €31.2m for Madeira floods



Members of a rescue team remove the debris of a taxi lodged between the roofs of two buildings after heavy flooding in Funchal, Madeira. Heavy rains and strong winds hit the island on February 20th, provoking landslides and floods that killed at least 42 people and injured more than 100. (Photo: EPA/Homem Gouveia)



The European Commission has this week proposed granting €31.2 million in aid from the European Union Support Fund to help Portugal meet emergency costs following the flooding and landslides on Madeira island in February 2010.

This support will mainly help reimburse costs of emergency measures such as relief operations, cleaning up the affected areas and repair of basic infrastructures. The European Parliament and the Member States need to approve the proposal.

President Durão Barroso declared after the announcement: "When visiting the devastated areas just after the disaster, I was deeply impressed by the dynamism of the people of Madeira and the determination and solidarity of the government. Today, the Commission proposes substantial financial aid to support the extraordinary efforts made. I have strong confidence in the future of Madeira."

Regional Policy Commissioner Johannes Hahn, said: "The decision is a very tangible sign of EU support which every country and all European citizens can count on in the event of major natural disasters. It will help the people of Madeira affected by the floods as well as the local economy and ensure the restoration of the natural landscape".

In February 2010, torrential rainfall on the island of Madeira triggered landslides and severe flooding killing 42 people and causing damage to infrastructure, local businesses and agriculture.

On 20th April, the Portuguese

authorities submitted a request for assistance from the European Union Support Fund. The relevant Commission departments then checked that the criteria defining 'major disasters' at European level were met. The Support Fund can provide assistance only above a certain threshold, set in the case of Portugal at €958 million of damage.

The direct damage caused by the disaster was estimated at €1.08 billion by the authorities, which means that EU aid can be released.

Around 130 kilometres of waterways were destroyed with roads and bridges, utility networks, private homes and property also badly affected.

Some 800 houses suffered severe damage, with over 700 people having to be placed in temporary accommodation. Businesses and agriculture suffered some €122 million direct losses.

The support allocated by the European Union will contribute towards the costs of emergency measures carried out by public authorities such as repairing infrastructure, providing temporary accommodation and rescue services, and cleaning up of the disaster areas.

Damage suffered by private individuals or losses of income cannot be compensated.

Worst summer ever for unemployment in Algarve - claims

In August this year unemployment in the Algarve hit unprecedented highs, with more than 20,000 citizens in the region being jobless during what is peak season for tourism.

In total, 21,370 people were unemployed in the Algarve during August, the worst situation ever recorded according to a statement from the Executive Committee for the Association of Algarve Trade Unions.

The statement read "The data supplied by the Institute for Jobs and Professional Training is worrying (...) and it indicates that there were 21,370 people unemployed in August, which corresponds to the worst official unemployment figures ever in the month of August in the Algarve".

The Executive Committee for

the Association of Algarve Trade Unions describes the Algarve's economic and social situation as being in a state of "accelerated decline" and warns that it will ask for meetings with various regional entities, political parties and with the Bishop of the Algarve to find "paths that will allow us to force the Government to intervene immediately".

In August 2009 there were 18,199 unemployed people signed up at job centres in the Algarve, but that number rose to 30,000 during the first quarter of 2010.

"It is absolutely plausible to predict that throughout next winter there will be a worsening of the crisis and that the number of unemployed will be higher than last winter. Which could

Banks start opening on Saturdays

A total of 26 Millennium bcp branches opened their doors to the public last Saturday in a move that could see dozens of other branches follow suit.

According to the bank, and due to "previous successes", Millennium bcp is looking to improve relations and proximity with their customers.

Half of the 26 branches which are now open on Saturdays are located in the downtown areas of Lisbon, Oporto, Viseu and Leiria, with the remaining 13 all based in shopping centres.

imply unemployment rates far superior to those registered so far - the highest in the country

Operating hours at shopping centres are between 2pm and 6pm, while branches located in city high streets open between 9.30 and 1.30pm.

The branches which can be visited at shopping centres are as follows: Braga Parque, Cascais Shopping, Coimbra Shopping, Faro - Forum Algarve, Colombo, Vasco da Gama, Pingo Doce Shopping Centre in Loures, Maia Shopping, Norte Shopping, Forum Montijo, Rio Tinto - Parque Nascente and Gaia Shopping.

during this quarter - which was of 13.6 percent", the unionists said.

Portugal's Tancos army base hopes to become NATO 'airborne centre of excellence'

The commander of Portugal's Rapid Reaction Brigade said this week he was hopeful NATO would select the Tancos army base as the site for an "airborne centre of excellence".

Major General Raul Cunha told Lusa News Agency the Defence Ministry was preparing the central Portugal base's bid and that it should be formally presented to the alliance by the end of the year.

Tancos has "unique conditions, recognised by the alliance", including "very good infrastructures..., excellent climate and, above all, a well demarcated airspace with much room for manoeuvres", the general said.

Cunha spoke to Lusa on the sidelines of a ceremony marking the brigade's fifth anniversary and the return to Tancos of a paratroop battalion from service in Kosovo.

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Europe's best young brains battle it out in Lisbon



Young scientists from Czech Republic, Poland and Hungary were this week acclaimed as 1st prize winners of the European Union Contest for Young Scientists 2010 held in the Portuguese capital.

The projects, which analysed physics, biology and social sciences were selected from 85 projects coming from 37 countries by an International Jury.

Second prizes, third prizes and the International prize were awarded to seven other projects, from Poland, Germany, Portugal, Latvia, Italy and Brazil. The 16 winning contestants, aged from 14 to 21, shared a total of € 5,500 in prizes for their top-quality innovative scientific projects.

"The EU Contest for Young Scientists is a showcase for the best student scientific achievements across Europe. I warmly congratulate the winners and everyone who took part: they are fantastic ambassadors for their schools and universities, for their countries and regions, and for today's youth," said European Commissioner for Research, In-

novation and Science, Máire Geoghegan-Quinn.

"It is through investing in youthful talent with fresh ideas and giving them the right scientific career opportunities that we will make Europe a world-class science performer and build a true Innovative Union. Young people like these will help shape the future – and I think we are in good hands. It is especially encouraging to see that the three first prizes have all gone to students from the new Member States."

The Museum of Electricity in Lisbon has over the last few days hosted 125 contestants from 37 countries across Europe and beyond, including Canada, the USA, China, and Brazil.

From 24-29 September, the students presented 85 projects to an International Jury chaired by Prof. Hagit Messer-Yaron.



The ministers for Education and for Science and Technology, Isabel Alçada and Mariano Gago during an award ceremony for Young Scientists which took place at the CCB's small auditorium in Lisbon on September 28th. (Photo: Lusa / José Sena Goulão)

These projects had already won first prize in their national contests. The topics covered a broad spectrum of scientific areas: bi-

ology, chemistry, computing, social sciences, environment, mathematics, materials, engineering and medicine.

Miraculous escape for toddler who fell four stories into arms of 'accidental hero'

A four-year-old girl narrowly escaped death last week after falling from a fourth floor balcony into the arms of a passing firefighter who has been dubbed an 'accidental hero' after he avoided a major tragedy by being in the right place at the right time.

Four-year-old Eva is believed to have fallen after squeezing through the railings on the 15-metre-high veranda in Arcozelo, Barcelos.

She sustained only minor cuts and bruises after being saved by 34-year-old fireman Fernando Rodrigues of the Viatodos Voluntary brigade, who caught her

after she fell.

Speaking to Portuguese newspaper *Jornal de Notícias* (JN) Mr. Rodrigues said "It was around 15h30. After driving round the roundabout I saw something was going on but I thought it was a fire in a house or something like that".

Fernando Rodrigues was on his way to Barcelos, transporting a patient to the haemodialysis service in Arcozelo, when he saw a large crowd had gathered at the foot of a building on the Avenida de Nossa Senhora de Fátima and everyone was looking upwards.

After getting closer he saw a child clinging to the railings of a balcony on the fourth floor of the building. A woman believed to be the child's mother was on the inside of the veranda, trying to hold onto the child. To the horror of those watching the child fell.

Mr. Rodrigues, a fireman with 14 years experience, had only just arrived at the location when the child fell. Instantaneously he stretched out his arms and miraculously caught the child, blocking an impact with the pavement.

"I had just got close to the people and had been watching for

about a minute because someone went up to try and grab the girl. Suddenly she fell and I only had time to stretch my arms out and I caught her. There was another man there who helped me. Together we managed to save the girl", the 'accidental hero' explained.

The second rescuer in the incident has been identified as an employee at a local butcher's.

Emerging from the incident with little more than a few cuts and bruises the four-year-old was taken to Barcelos Hospital to be checked over and was given the all-clear later that day.

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Could Algarve-born musical extraordinaire be Broadway's next big hit?

Carrie-Marie Bratley

Created by musician and composer Trevor Holman and lyricist Derek Charles Ash, 'Churchill - The Musical' has been two years in the making. Launching its World Premiere on October 1st, at the Lagoa Auditorium, the production promises to bring 'West End and Broadway standards to the Algarve'.

Speaking to **The Portugal News** days ahead of the musical's red-carpet debut, co-creator Trevor Holman explained "we wanted its premiere to be here in the Algarve as this is where we both chose to make our home".

Both passionate about music and composing, Trevor and Derek conceived 'Churchill' at a restaurant during a dinner with their partners.

Lifting the lid on the night 'Churchill - The Musical' was born, Mr. Holman revealed "because they knew how much we love what we do, our wives said 'why don't you get together and do a musical?', so we talked about it, and decided we would like to

do something about someone famous and after some debate I suggested Churchill and Derek said 'I love it!'".

Since then "Two years of working 12 hours a day, seven days a week, non-stop" have passed, Trevor told **The Portugal News**.

At the time of its conception, neither of the musical's creators foresaw the scale their production would reach.

'Churchill - The Musical' is, as the name indicates, dedicated to one of the UK's most charismatic politicians and leaders, twice Prime Minister Winston Churchill. It covers the period of his life between his wedding and retirement, including his role during the Second World War.

The musical is directed by the award-winning Ray Jeffery, whose work has been distinguished with the prestigious 'Waterford Trophy' for a record 26 years.

According to Mr. Holman, 'Churchill' will be Ray Jeffery's 1,717th play.

"We sent the stage play to Ray expecting a 'thanks but no thanks', as he must receive at least



Photo above left: Jonathan Reynolds as Winston Churchill. Photo above: Jade Willis as Anne Frank.

20 a day, but he got back to us and said he loved it".

"We knew we wanted to see the musical on stage but we never thought it would get to this scale", he added.

The production has so far cost its authors an estimated €100,000, which despite "incredible support" from regional tourism and entertainment association Algarve and Lagoa Town Hall, has been footed entirely by the duo, both of whom are long-term residents of the Algarve.

'Churchill' will be the Algarve's first major production and no expense has been spared in making it a success.

"Until Ray came on board we were on the fence as to whether it should be a cheap and cheerful production or whether we should push the boat out. But when he said yes we knew there was no way it could be cheap and cheerful".

A cast of "just under 50 actors", most of whom are professionals who have performed on the world's most famous stages, will be joined by professional dancers who have participated in international shows such as the UK's 'Strictly Come Dancing', and its US counterpart 'Dancing with the Stars'.

The musical will be choreographed by a world champion choreographer, and 289 costumes, realistic uniforms and accessories have been specially ordered from the UK.

Leading lighting professional Andy Chafer, who Trevor Holman describes as "one of the UK's top three lighting designers", has been recruited to plan the musical's illumination. There will be 287 light changes, "more than in Phantom of the Opera".

Ahead of the big night Mr. Holman confessed both he and Mr. Charles were "excited, nervous, but very optimistic".

"We decided to try and adopt a little of Churchill's philosophy, his 'OK, this has happened, so now let's get on with it' attitude".

'Churchill' will be running in Lagoa from October 1st - 8th, with matinees on the 3rd and 6th. Tick-

ets start from €12.50 (matinees).

Already the musical has attracted international interest. Talks are ongoing for the production to travel beyond the Algarve, though only time will tell if Churchill sees his name in lights on Broadway.

For more information contact: 282 342 936, or see website: www.churchillthemusical.com.



Various members of the cast in the war room.

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Golden Triangle Exhibition is here



After months of meticulous planning, the sell-out Golden Triangle Exhibition will make its much-anticipated debut this weekend at the 5-star Vila Sol hotel in Vilamoura.

No longer can residents in the Algarve's famous 'Golden Triangle' complain of having to travel long distances to attend fairs and exhibitions.

With the staging of this weekend's Golden Triangle Exhibition, people living in areas such as Vilamoura and Almancil will have an exhibition right on their doorstep.

The Golden Triangle Exhibition from **The Portugal News** is designed to introduce residents of this prestigious geographical area to an exclusive range of products and services from various carefully selected companies and businesses that are appropriate

to their needs and requirements.

Visitors and prospective property purchasers looking at the advantages of purchasing or renting in the Golden Triangle will also find a selection of the leading companies who may be able to assist in locating suitable properties to view. In choosing the luxurious and discreet setting of the ultra modern Vila Sol Hotel Ballroom and extension, organisers are recognising the special needs of people choosing this area.

Stands for the exhibition sold out well in advance, proving that there is considerable interest in the concept.

As it will take place during the Ryder Cup, a special 'Ryder Cup Lounge' has been created, where husbands can enjoy snacks, refreshments and an attentive waiter service while their other halves browse the stands.

A projector will also be showing how Monty's men perform against the star-studded team from across the pond.

Entry to the exhibition is free.

To locate the exhibition take junction 12 Quarteira from the A22 Motorway and head South on the N396. Keep straight on the N396 in the direction of Quarteira. Vila Sol is located off a large roundabout and well signed. The Vila Sol Hotel is on the far outskirts of the development, and the exhibition will be signposted. There is plentiful parking in front of the hotel.

For additional information on the exhibition, contact: Telephone (+351) 282 380 317 or Email: sales@algarvefair.com



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Second hottest summer on record



Portugal has just emerged from the second hottest summer on record, the Portuguese Met Office revealed this week.

Following on news that July had been the hottest since 1931, it was revealed this week that the summer of 2010, taking into account the months of June, July and August, was the hottest for 79 years.

This past summer, according to the Met Office, witnessed average temperatures of 23°C on mainland Portugal which is 1.7°C above the average for the reference period, which is 1971 to 2000. Average maximum temperatures this past summer were 30°C, which is a staggering 2.5°C above what the Met Office con-

siders normal, while thermometers sat at an average minimum of 15.9°C, which is 1°C above what weathermen would expect for that time of the year.

Thermometers exceeded 35°C in all districts of the country, with the Alentejo reporting 50 out of 90 days where temperatures were closer to 40°C than they were to 30°C.

In July, the Algarve reported record numbers of tropical nights which occurs when minimum temperatures fail to fall beneath 20°C.

July was also particularly hot,

with average temperatures of 31.75°C being 3°C above normal.

The Met Office also said that in addition to these temperatures being substantially higher than usual, they were also responsible for increased discomfort.

According to the Weather Stress Index people on mainland Portugal were subjected to high and extreme levels of thermal discomfort.

A total of three heatwaves were reported during the months of July and August.

Last December, the Met Office revealed that Portugal has warmed by 1.2 degrees Celsius over the past few decades and is increasingly prone to extreme weather patterns such as heavy rains, heatwaves and extended cold snaps.

"Extreme phenomena could

start having a greater frequency than they have had in the past. We are constantly setting new records for the hottest summers", predicted the president of the National Met Office, Adérito Serrão.

Meanwhile, and despite the higher than normal temperatures, the Met Office said the past summer varied from being "normal to dry".

No concerns have as yet been raised due to rain, especially after Portugal managed to break yet another weather record earlier this year with news that it was the wettest winter since 1870 in Lisbon.

Not surprisingly, flood-ravaged Madeira also managed to beat rainfall records, which were first compiled on the island in 1865.

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NEWS IN BRIEF

Lisbon to help Príncipe in UNESCO biosphere bid

The regional government of Príncipe and Lisbon's official aid agency IPAD has signed a cooperation accord to aid São Tomé and Príncipe's outer island gain UNESCO Man and Biosphere status. The head of Príncipe's administration, José Cassandra, said success for the UNESCO bid depended in great measure on "the involvement of the population". He said Príncipe, with some 6,000 inhabitants, already had in place tough laws on hunting and the capture of exotic species, logging, and sustainable development. IPAD's president, Manuel Correia, said a team of specialists from the Azores was already at work helping prepare the remote Gulf of Guinea island's candidacy.

Ex-FM Monteiro appointed to Sudan referendum panel

Former Portuguese Foreign Minister António Monteiro has been appointed by UN Secretary General Ban Ki-moon to a panel that will monitor secession referenda in Sudan scheduled for 2011, Ban's office announced in a press-release. "The panel will report to the secretary-general on the evolution of the referenda and work directly to enhance trust in the process, encouraging all parties and relevant authorities to address any problems or disputes that may arise", the note reads. The panel will be headed by former Tanzanian President Benjamin Mkapa. One of the January referenda will decide on the secession of Southern Sudan into two independent states; in the other, voters will decide on which of those states the oil-rich Abyei region should be included. Monteiro, 66, is a career diplomat who led Portugal's Foreign Ministry between 2004 and 2005.

Four in five learning a foreign language

In the EU in 2008, 79% of pupils at primary level and 83% of those in upper secondary level general programmes were studying a foreign language. At both levels, English was the usual first foreign language. A second foreign language was studied by 10% of pupils at primary level and 39% at upper secondary level, with French and German the most common. On the occasion of the European Day of Languages, celebrated each year on 26 September, Eurostat publishes data on language learning of school pupils and perceived language skills of adults. The general objectives of this event are to alert the public to the importance of language learning, to promote the rich linguistic and cultural diversity of Europe and to encourage lifelong language learning in and out of school.

Portugal to train security forces commanding officers

Portugal will begin training Guinean security forces commanding officers starting Monday, according to a note released by the Portuguese embassy in Bissau. Training will last three weeks, and aims to provide the officers with leadership and management skills, the note reads. The training is part of a technical cooperation project between Portugal and Guinea-Bissau, whose goals include improving the organisation of the internal security system, border controls and intelligence gathering. The project is financed by the Portuguese government. Two Portuguese liaison officers were detached to Bissau to assist in the training.

BCP opens Macao branch aiming to become "platform between China and Africa"

Portugal's BCP has opened a Macao branch hoping it will become a "platform between China and Africa", branch director José João Pãozinho told Lusa News Agency. The new Macao branch, which was granted a licence in May, will replace an offshore agency held by BCP that only allowed the bank to operate with non-residents. BCP chairman Carlos Santos Ferreira attended the opening along with officials from BCP's Mozambique and Angola operations. "This [branch opening] recognises the business opportunities in the area, not only in Macao but in mainland China too. The branch will have a role as an international business platform linking China, Europe and Portuguese-speaking Africa."

Statement on Apple's iPhone policy changes

In light of its preliminary antitrust investigation into Apple's iPhone policies, European Competition Commissioner Joaquín Almunia has welcomed Apple's announcement that it has relaxed restrictions on the development tools for iPhone applications (apps) and introduced cross-border iPhone warranty repair services within the EU/EEA. The latter in particular puts an end to the difficulties experienced by European consumers who need repair services for an iPhone purchased in a Member State other than their country of residence. In light of these policy changes, the Commission intends to close investigations into these matters.

Ramos-Horta in Lisbon for eight-day working visit

East Timorese President José Ramos-Horta arrived in Lisbon on Monday for an eight-day working visit, including meetings with Portuguese political and business leaders. The Nobel peace laureate, who attended the UN General Assembly in New York last week, met with President Cavaco Silva on Monday, the same day he held talks with Parliament Speaker Jaime Gama and Prime Minister José Sócrates. Ramos-Horta is also to meet with the executive-secretary of the Community of Portuguese Language Countries (CPLP), Domingos Simões Pereira. He departs for Brussels on October 5.

TPN/Lusa

Europe in need of "common policy" on immigrants, refugees – Justice Minister



Justice Minister Alberto Martins during a visit to the Police department in Oporto in July this year. (Photo: Lusa / José Coelho)

European nations must move towards a "common policy" on immigration and refugee issues instead of leaving each country to make its own policies, Portuguese Justice Minister Alberto Martins said.

In a speech at Lisbon University's law school, Martins described immigration and asylum rights as a "focus of constant tension".

"For security reasons, that is a part of sovereignty that states

still do not want to part with", Martins added.

The minister said that a joint European immigration policy would be "of crucial importance", since "fundamental values" are at stake.

"Europe is a destination for asylum seekers, immigrants and refugees, there must be rules to define legal immigration, asylum rights and refugee assistance", Martins said.

TPN/Lusa

Burglars steal €600,000 from Cascais villa

Around €600,000 in belongings was stolen by three armed burglars who broke into a home in Cascais, PSP police confirmed last week.

In one fell swoop the assailants swiped hundreds of thousands of euros from the house. The residents were in the house at the time.

Police confirmed "It was a hold up, inside a home, while the owners were still inside".

According to official sources the incident took place at around 21h00 last Wednesday night at a private residence located in the centre of Cascais.

It has been reported that the assailants forced the owners to open their safe.

An investigation is being carried out by police.

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How the EU spends its budget



Polish Commissioner for budget and financial programming Janusz Lewandowski gives a news conference on the EU Draft Budget 2011, at the European Commission headquarters, in Brussels, Belgium, 27 April 2010. (Photo: EPA/Olivier Hoslet)



The 2009 financial report presented by the Commission earlier this week shows that 97% of appropriations were spent, a similar percentage to 2008 (98%). Overall expenditure amounted to over €112 billion. The bulk of this sum went on measures to boost economic growth, employment, and research and development, as well as on agriculture.

In 2009, the EU spent €6.3 billion within the 7th framework programme for research and technology. EU funds supported over 1,000 research cooperation projects such as the 'Fuel-Path' project on efficient biofuel production; the aim of this project is to find ways to improve biofuel production and help ensure at least 14% of bio-energy which in EU's energy mix by 2020.

Under the Competitiveness and Innovation Programme over 34,000 small and medium enterprises benefited from EU funds. These funds helped them leverage €2.9 billion in loans for EU financing of €295 million. It is estimated that EU funding helped create or save over 200,000 jobs between 2007 and 2008. Furthermore, the Erasmus programme financed over 300,000 mobility grants involving 4,000 universities.

The share of cohesion policy in the budget remained high. Payments under the 2007-2013 framework amounted to €25.5 billion, more than twice as much as in 2008 (€11.5 billion). In the 2000-2006 period, cohesion policy funding created around 1 million jobs, helped build or improve 4,000km of railways and brought water supplies to 14 million more people.

Over 30% of the 2009 budget was dedicated to economic recovery and growth, says EU Commissioner for budget Janusz Lewandowski.

After years of increasing income, EU farmers have seen their revenue fall because of changing market conditions. The EU budget supports them with over €40 billion in direct aid and market interventions, accounting for almost half of all farmers' income.

Developing and protecting EU citizens' rights and opportunities is an increasing focus of the EU budget.

In 2009, 110,000 young people participated in projects and exchanges.

The EU also came to the aid of five Member States in need of fire fighting equipment, and provided antiviral drugs to Bulgaria. The Solidarity Fund provided €623 million to mitigate the impact of natural disasters, in particular in the wake of the earthquake in Southern Italy.

In 2009, the EU was the second largest provider of development aid in the world, with commitments amounting to €12 billion and reaching around 140 developing countries. Specific instruments were set up to help the world's poorest to face the triple economic food and environmental crisis.

EU humanitarian aid and food, assistance helped over 150 million people in 70 countries in 2009.

One of the biggest recipients of external aid is Sudan (€115 million) with 3.6 million people benefitting from food assistance in Darfur and 436,000 in South Sudan, whereas more than 5 million people benefited from healthcare and 1.3 million beneficiaries water, sanitation and hygiene promotion reached.

Administration costs for all institutions represented €7.4 billion, 6.5% of total expenditure, a similar percentage to 2008 (6.2%). In 2009, as in 2010, the Commission stuck to its promise not to request any new posts in future years except in the case of accession by new Members, states Commissioner Lewandowski.

Nearly 70% of the EU budget is financed from the Member States' budgets according to their relative gross national income (GNI). Financing from VAT continues to fall over the years, representing less than 11% in 2009, with traditional own resources (mainly customs duties) representing just over 12%. The surplus from the previous year and other revenue represent 7.5%.

Reports of a double dip are greatly exaggerated

"Double dip". How many times have we heard this phrase over recent months? As the fall out from the financial crisis continues to be felt, the media and financial commentators have caught onto this catchy warning phrase and repeated it over and over again. We believe, though, that the risks of a double dip recession have been overplayed.

After global economies bottomed out in the middle of last year, many people expected a swift and strong – a V-shaped – recovery. Historically, the deeper and longer a recession is, the stronger and faster the recovery is.

A year on, however, it became increasingly clear that the recovery wasn't living up to expectations. It was less impressive than many economists had predicted and they found themselves having to revise their forecasts downwards, with some probably overcorrecting on their original optimism.

This may be disappointing, but just because the developed world's economy is not surging to 'above trend growth' doesn't mean it is about to crash again. A protracted muted recovery may even be better for the economy in the long run. A sudden bounce, for example, can pose problems for inflation and interest rates.

The fact that the recovery period is panning out differently from previous ones is perhaps not surprising when you consider that the nature of the recession was unusual.

The credit crunch was the result of a culmination of a 20 year build up of leverage or debt in many parts of the private sector. Both financial institutions and households took advantage of low interest rates and the new instruments that made the creation of credit much easier. Too many economic actors leveraged themselves up far in excess of their capacity to finance their borrowings. Much of the leverage was accumulated against what seemed to be ever increasing house prices, leading to the build up of imbalances.

Savings rates in the West declined while those developing Asian economies increased excessively, resulting in a situation where consumers in the West were using their borrowings to buy goods from East.

Undoing this long cycle entails rebalancing global patterns of trade and finance; rebuilding depleted savings at the expense of consumption in the West and creating much less credit. This process takes time and tends to result in reduced consumption, a readjustment of the asset values which were artificially inflated by leverage and lower levels of

investment. An example of this has been house prices which were driven up by easy borrowing, subsequently fell and aren't currently improving much because of the lack of lending. Growth and employment will remain subdued.

Then this summer the economy and markets suffered other knocks, including concerns about the fiscal weaknesses of some Eurozone members and the Chinese authorities' attempts to slow down their economy.

However the news is far from all bad. Both the UK and the US are adding new jobs, albeit slowly. Although much economic data is 'less good' than expected, few major indicators are registering a decline. Capital expenditure is showing signs of life. Many firms sitting on piles of cash are beginning to deploy them back toward productive activity. The core Eurozone countries are benefiting from the global shift in economic power from the North and West to the South and East.

Of course there are still plenty of risks to navigate. The core European countries may be too dependant on China and the peripheral ones are faced with a long and difficult path to fiscal consolidation and institutional reform.

What does all this mean for investors? We will probably continue to hear the phrase "double dip" for a while yet, but as we move through autumn these fears should prove unfounded. The realisation that a double dip has been avoided should then be a catalyst to move equity markets higher. While we may not see huge advances on the start of the year, there is still time for the markets to overcome the pessimism – and remember, the economy and markets don't follow exactly the same path – markets are forward looking.

For long-term investors 2010 is just one year. It's an example of why equity investors should normally invest for the longer term. At times like these you need to be patient and wait for the pessimism to blow over. Share prices are not over-valued – indeed many are undervalued making this potentially a good time to buy – and there is plenty of room for growth over the coming years. As always though, your investment decisions should be based on your personal circumstances, objectives and risk tolerance.

Bill Blevins, Financial Correspondent, Blevins Franks

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Gov't to privatise 7% of Galp Energia in €900mn convertible bond issue

State holding company Parpública announced last Thursday it will privatise 7% of Portugal's oil company Galp Energia by issuing €900 million in convertible bonds.

Parpública, in a statement sent to the stock exchange regulatory body CMVM, said the

bond offer would be launched with a maturity of seven years and an interest rate varying between 4.75% and 5.25%.

The bond issue is part of Lisbon's Stability and Growth Programme unveiled by the Socialist government last March 15.

The bonds may be converted

into Galp shares beginning March 28, 2013, at a premium of 25% to 30% over the average daily share price from the date of the launch, Parpública said.

The issue will be underwritten by Barclays Bank, BNP Paribas, and Caixa – Banco de Investimentos. TPN/Lusa

Lisbon 42nd most expensive retail location

Most of the world's top retail locations have remained resilient during the last twelve months, with Latin America and Asia-Pacific showing the most positive rental growth, according to the study conducted by Cushman & Wakefield.

According to the study, the Portuguese capital has fallen two positions in relation to its ranking obtained in 2009.

Around two-thirds (66%) of the 59 countries surveyed by the real estate adviser for its annual *Main Streets Across the World* report reported prime rents either rising or remaining static over the year to June. The findings paint a brighter outlook to those of 2009, which revealed the biggest global fall in rents in the report's 25 year history.

Main Streets Across the World provides a global barometer for the retail sector, tracking rents in the world's top 269 shopping locations across 59 countries. The league table is drawn up by taking the most expensive location in each of the countries monitored.

Rent per square metre in the Chiado will cost 960 euros a year, or 80 euros a month.

Avenida da Liberdade, also in the capital, comes in at second, with average rents of 73 euros per square metre a month.

In Oporto, shopkeepers on the Rua de Santa Catarina pay an average of 45 euros per square metre each month.

New York's Fifth Avenue, where rents have increased by 8.8%, kept its number one spot as the world's most expensive retail address, for the ninth year running. Causeway Bay in Hong Kong remained at second place. London's New Bond Street leapt two rankings, to overtake Avenue des Champs-Élysées in Paris – the biggest faller in the top ten with a 9.5% rental decrease – as the most expensive location in Europe.

The emerging markets performed strongly due to strong tourism and demand from international retailers. Brazil's Haddock Lobo street in São Paulo was the biggest riser globally, with rents increasing by 92%.

Ginza in Tokyo, Japan, climbed from fifth in the league table last year to third this year and South Korea's Myeongdong in Seoul jumped three places from eleventh to eighth.

Of all the locations in Europe that were monitored, London's New Bond Street was the biggest riser, with a 19.4% rental increase.

In Asia-Pacific, India's Linking Road in Mumbai showed the strongest growth, with rents rising by 33%. Around the world, the biggest fall in rents was in Bulgaria with a 50% drop in Alexander Batenbeg, Plovdiv, and in Alexandrovsk, Burgas.

Europe as a whole registered a decline in rents of 4.5%. Ireland's Grafton Street in Dublin tumbled from eighth to thirteenth, with rents dropping by 25.8%, and Ermou in Athens, Greece, plummeted seven rankings with a 15.4% rental decline.

This year's findings reveal a clear polarisation between prime and secondary locations. Secondary locations have been much more adversely affected by the fall-off in retailer demand and consequent decline in rents, as retailers move quickly to close unprofitable stores and rein in expansion.

John Strachan, Global Head of Retail, Cushman & Wakefield, said: "The aftershocks of the global economic recession are still being felt in the retail property market and the path leading from recession to recovery has been far from smooth. In the more mature markets, occupiers are expected to remain cautious and selective about the space they take. However, on the great shopping streets of the world, in cities such as Lon-



According to a recent study, the Portuguese capital is the 42nd costliest retail location in the world with the Chiado area the most expensive area in Lisbon. Rua Santa Catarina in Oporto is the dearest retail area in Oporto.



Shoppers in the Rua do Carmo in the Chiado district in August 2008. (Photo: Lusa / António Cotrim)

don and New York, demand has continued to exceed supply and the appetite of international brands has resulted in rental uplift. The emerging economies look set to experience significant growth in the retail sector, thereby boosting demand for good quality, well-located property. At present, Asia-Pacific has the best growth prospects."



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New energy labels proposed

The European Commission has this week proposed energy labels for TVs. For refrigerators, dishwashers and washing machines the existing label scheme will be updated, the EC said.

Energy Commissioner Günther Oettinger explained: "Energy labels move the market

towards higher energy efficient products which is a major contribution to Europe's energy efficiency, competitiveness and climate change goals. At the same time, they save money for consumers"

For televisions, which represent almost 10% of the average

household's electricity bill, it will be the first time ever that manufacturers will have to declare the energy efficiency of their products, using an A to G scale. The label must be clearly shown on the TV set and in advertisements, if the prize of TV is mentioned.

Energy labelling of refrigerators-freezers, dishwashers and washing machines has already been hugely successful since its introduction in 1992: today 90% of appliances sold in the EU are in class "A" – the best existing class. However, new technologies would allow reducing by half the energy consumption of an A-class product. The EU has therefore decided to extend the scale upwards with three new classes: 'A+', 'A++', and 'A+++' for products with a better than A-performance.

The appliances covered by the regulations adopted this week represent one third of a household's electricity bill a year. The new labels will therefore have a positive impact on consumers' household expenses.

The four regulations for these new labels will now have to be agreed by the European Parliament and Council. The Regulations comes into force 12 months after publication in the Official Journal.

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Ibex Insurance acquires Lloyd & Whyte International business in Spain and Portugal

Ibex Insurance Service Ltd, the leading provider of insurance products to expatriates living in the Iberian Peninsula, announced today the acquisition of the portfolio of clients of Lloyd & Whyte International Ltd who are themselves a leading UK Insurance Broker. This acquisition further expands Ibex's retail brokerage division adding 4 more offices to its already established network.

Founded in Gibraltar in 2000, Ibex have grown from a handful of staff to now having over 75 employees in various offices in Gibraltar, Spain and Portugal.

Originally operating as a wholesaler and Coverholder for Lloyd's of London they entered the retail arena in 2005 when they opened Trafalgar Insurance in Gibraltar which was quickly followed by the opening of several more offices throughout Spain.

Ibex promotes general insurance products including Motor, Household, Travel, Marine, Pet

and Medical through an established network of 200 intermediaries and through the internet.

"This acquisition is of strategic importance to Ibex and gives us a strong foothold in the Portuguese marketplace where we sell not only to the expatriate market but also to the local domestic Portuguese market. Having a physical presence in the country has been on the cards for some time" said Richard Hill, Managing Director of Ibex. "Everyone at Ibex is really excited to welcome the Lloyd & Whyte operation and staff to their business. We have worked together for a number of years so this should be an easy integration especially as we firmly believe in the solid business they have built up over the years".

These offices will form part of Ibex's branch operations in Spain and Portugal and the acquisition will be effective from September 1st 2010.

John Harrison

Galeria Corte-Real features the Alentejo

Meeting at the Obras Foundation in the Alentejo, Carolyn Caldwell and Sally Stafford have created a unique show of exquisite fine art that can be seen at Galeria Corte-Real throughout October.

It was a chance encounter that happened earlier this year. The two women had not met before but found that they were working alongside each other as artists in residence at Obras in Evora Monte. Significantly, over the course of several weeks, they were destined to influence each others' painting styles.

Carolyn Caldwell is American and normally works at her studio on Deer Isle, close to the North Atlantic Ocean, off the coast of Maine. Over 3,000 miles away in England, Sally Stafford is based deep in the Gloucestershire countryside in the Forest of Dean. Both women have established distinguished reputations as full-time professional artists; Carolyn's paintings are usually representational whereas Sally uses an impressionistic style.

Inspired by the Alentejo, its vast plains and dramatic forests of cork oak trees, they found it useful to discuss ideas and watch each other at work. Using entirely

different painting techniques – Carolyn small and accurate, Sally bold and expressive – they gained a new perspective by creating some experimental pictures together.

After a period of collaboration they began to transfer what they had learned from each other into their individual paintings. Branching out from her habitual style, Carolyn found herself producing large impressions of the landscape and grand oak trees. Sally, concentrating on the detailed effect of evening shadows, came up with a series entitled 'Blue Walls' series.

Towards the end of their residency Pedro Corte Real and Tom Compton came from the Algarve to select some of Sally's paintings for display at their gallery in Paderne. She is one of several artists who contribute to their varied collection of international paintings, sculptures and ceramics.

When Sally introduced them to Carolyn, they were enthralled by her contemporary work, deciding to exhibit both women's paintings of the Alentejo as a joint display.

Galeria Corte-Real is signposted from Paderne,

The Wine Bar, Portimao - Under New Management

Mark and Jackie, renowned for many years for their fabulous food and hospitality at Marco's Bar and Bistro in Alvor have decided to spread their wings and have taken over, re-opened and refurbished "The Wine Bar", located right in the heart of Portimao Centre. Although currently splitting their time between the two venues, once Marco's closes at the end of the season, you will find them at "The Wine Bar" full time. Since opening, they have already attracted locals and tourists alike, including visitors from the cruise

ships of all nationalities wanting to sample their famous Pub Grub. From fish & chips to home made steak and kidney pie, their home cooked food always prepared fresh to order will not disappoint you. Special meals to order and outside catering also available. Daily Specials, a House draft beer and a good selection of quality wines makes this a great place to lunch, with something for everyone. Open Monday to Saturday from 10am until 6pm. Go visit them soon. Tel: 282 485 296/914 906 939 website: www.thewinebarportimao.com



Mark and Jackie, who have taken over the Wine Bar in Portimão

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Boliqueime & Ferreiras. It is open Thursday to Sunday from 11am until 5pm and refreshments are available. The gallery's

Beach Exhibition is also on display. For more information telephone 918 981 199 or 912 737 762

New Golf Sales Manager for PARQUE da Floresta



Parque da Floresta golf course

The Vigia Group's flagship Golf & Leisure Resort, Parque da Floresta has recently appointed a new Golf Sales Manager, Teresa Gomes.

Responsible for heightening the profile of Parque da Floresta, engaging with new partners and developing existing relationships with golf tour operators in order to maximise sales, Teresa has already made some significant steps, including securing Parque da Floresta's membership of IAGTO (International Association of Golf Tour Operators).

With IAGTO being the global trade organisation for the golf tourism industry and its role being to support the golf tourism industry in achieving its goal of providing endless enjoyment to millions of golfers every year from all corners of the globe, Parque da Floresta's membership of such an organisation is key. With affiliation also

providing assurances to trade and consumers alike of the high quality and professionalism of those accredited due to the IAGTO's strict membership criteria, a Charter for consumers and a Code of Conduct for the trade.

The resorts' Parque da Floresta 18 hole, par 71 golf course, designed by distinguished Spanish architect Pepe Gancedo, is one of the most renowned and picturesque golf courses in the Algarve - sure to challenge the most avid golfer. Boasting splendid views across the holiday resorts and through the rolling Algarve hills and countryside, down to the Atlantic ocean, Parque da Floresta is the ideal choice for an Algarve golf holiday or golf break. For more details on golf rates and/or NET rates, please contact Teresa Gomes on (+351) 282 690 052 or Teresa.gomes@vigiaa.com.

Onwards and upwards



The Sellars, directors of Algarve PMR Services

Algarve PMR Services like to be summed up with the words 'reliability, honesty and hard working' which have always been their main aim. They claim it has always been important to have these qualities in order to continue with the success they have achieved over the last twenty years, along with their knowledge of the Algarve. The company has changed and progressed over the years with different company experiences from renovations, property rentals, management and real estate, coupled with their personal experiences of renting properties, maintaining them and buying their own property.

With two children, a family life and their own home, Natalie and her husband look for stability and routine. This rubs off on the work to make them who we want to be, who they can be, who they are.

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Carolyn Caldwell with one of her paintings (left) and Sally Stafford with one of her paintings (right)

More passengers, more spending: a record-breaking August at Lisbon Airport

Following the news last week that the number of passengers travelling through Portuguese airports in 2009 had fallen by 3.8 percent, in comparison to 2008, it was announced this week that during the month of August Lisbon Airport registered significant improvements in the number of passengers and revenue from retail outlets within the infrastructure, breaking two previous performance records in both areas.

Figures from August 2010 smashed the previously established record for the 'number of passengers processed in one month', which had been set in August 2008, having this year registered 1,602,193 people arriving or departing from the airport.

A previous record for the number of passengers processed in one day was also broken when on August 1st 2010, 57,885 travellers passed through Lisbon Airport in 24 hours.

During August this year there was a strong growth (7.1 percent) in passenger figures in comparison to August 2009. August this year also surpassed record-setting figures for the same month of 2008 by a margin of 87,000 passengers.

A growth of 8.3 percent was also registered in the cargo sector, in comparison to August of last year.

Regarding retail figures, in August this year revenue generated by Lisbon Airport's concessionary shops totalled €13.4 million, which represents a growth of 8.4 percent in relation to the same month of 2009.

Airport management company ANA's revenue was €2.9 million, a growth of 11.6 percent, in relation to August 2009.

In conclusion, 2010 is so far the best year ever for Lisbon Airport.

Accumulated figures show

that in August this year there was an overall growth at Lisbon Airport of 4.9 percent, in comparison to August 2009.

According to statistics, 2010 is the year in which most passengers have been processed during the first eight months, with some 9,388,923 passengers having arrived or departed from Lisbon Airport by the end of August.

By this time last year the capital city airport had processed 8,956,387 passengers.

Official figures from ANA show that the growth has been sustained by the healthy performance of the traditional air travel sector, which increased by 5.4 percent, as well as the charter industry, which improved by 13.6 percent. Low Cost travel is also showing good signs of stability.

There has been growth registered in the demand for travel to Brazil (up by 27.3 percent), Spain (10.7 percent) and Italy (16.7 percent).

Airlines TAP, easyJet and the Sata Group registered growths of 6.3 percent, 9.6 percent and 12 percent respectively.

Of the top-10 best performing routes from Lisbon, seven are operated by national airline TAP, three of which are European routes and four intercontinental.

This is welcome news following reports last week that the number of passengers who had travelled through Portuguese air-

ports in 2009 had fallen by 3.8 percent, in comparison to 2008. This was, though, less than the overall EU average of 5.7 percent, according to the National Statistics Institute (INE).

"Within the context of the international economic crisis, in 2009 the dynamics of air transport within Europe suffered a 5.7 percent reduction, in comparison to the year before, regarding passenger movement within the EU27", the INE stated.

Lisbon's record-breaking August figures represent a dramatic improvement on a provisional assessment by the INE regarding the first three months of this year in which it said "the first quarter of 2010 seems to confirm the negative period that the air passenger industry is going through".

It highlighted the scenario within most Portuguese airports earlier this year, explaining "the negative evolution [in Portugal] was less accentuated [than throughout the rest of Europe], with a passenger movement in the region of 3.8 percent below the volume registered in 2008".

In Portugal last year the number of passengers arriving or departing by air totalled 23.8 million, one million fewer than the 24.8 million registered the year before.

Of those Lisbon Airport processed an estimated 13 million passengers, in 2009



Passengers at Lisbon Airport in April this year. (Photo: Lusa / José Sena)

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Portugal wants to be a “voice” for outsiders at UN Security Council—Gov’t



Lisbon hopes to convince UN members that Portugal will be a “voice” for countries outside the “circles of power” in its bid for a 2011/2012 Security Council seat, Portuguese State Secretary for Foreign Affairs João Gomes Cravinho told Lusa News Agency in an interview.



Prime Minister, José Sócrates, makes a speech during the 65th session of the United Nations General Assembly in New York on September 25th. (Photo: Lusa / Ricardo Oliveira)

Mr. Cravinho was in New York this week, where he remained until Friday for bilateral meetings concerning Portugal's Security Council bid.

In an interview with Lusa in Lisbon before departing to New York, Cravinho said Portugal's bid is “very attractive” and “going well”.

“We speak for those that are not a part of the most powerful circles of world governance. We're not a part of G-8, we're not a part of G-20, we're in G-172”, or the rest of UN's 192 nations, Mr. Cravinho said.

Among other reasons to support Portugal's bid, João Cravinho noted Lisbon's “great attention to African matters”, considering that

“80% of the Security Council's work is related to Africa”.

Mr. Cravinho said that Portugal's bid isn't based on offering “quid pro quos” to voting countries, but on the merits of its foreign policy.

The state secretary added that he's “optimistic”, but regretted that the European Union doesn't have a “common stand” in the Security Council voting—Germany, as well as Canada, are also in the running for a 2011/2012 Security Council seat.

Meanwhile, Prime Minister José Sócrates said late last week he was “hopeful” that Portugal's reputation as a “facilitator of dialogue” will help the country achieve a seat in the United Na-

tions Security Council for 2011/12 period.

“We're fighting bids from Germany and Canada, strong bids, but the fact is that we have an open foreign policy, we have relationships with every continent and every political area”, Mr. Sócrates said before embarking on a round of bilateral meetings. “These factors will weigh in our favour when many other countries make their decision”.

Prime Minister Sócrates stressed that Portugal “organised a summit between the European Union and Africa, something that didn't happen for a long time”, and that the country's history and culture is an advantage in “many regions in Asia”. TPN/Lusa

Portugal, U.S. “on the same side” in global politics – PM

Portugal and the United States are “on the same side” in international politics, Prime Minister José Sócrates said last week at the Columbia University World Leaders Forum in New York.

Prime Minister Sócrates answered questions, in English, before a student audience. One of the questions was about his stand on Iran's nuclear ambitions.

“Portugal and the United

States share the same international policy: a respect for international law. I believe this is a challenge for every leader worldwide”, Mr. Sócrates said.

The prime minister also praised US President Barack Obama for “reversing” US energy policy and highlighted his government's investment in renewable energy.

“In 2005, Portugal was so reliant on oil that crude imports alone represented 50% of our trade deficit. Four years later, we are fifth in the global ranking for renewable energy”, Mr. Sócrates said. “We are now a net exporter of electricity. After these four years, [Portugal] avoided spend-

ing €100 million in fossil fuels.”

Among the audience was former Portuguese Economy Minister Manuel Pinho, who currently teaches energy policy at Columbia University.

During the 40 minute session, the prime minister drew a gasp from the crowd when he defined himself as a “socialist”; he immediately added that, in European parlance, a socialist is “what in the US you call a liberal democrat”.

After addressing the World Leaders Forum, Mr. Sócrates attended a reception hosted by US President Barack Obama at New York's Museum of Natural History. TPN/Lusa



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Portugal supports global financial transaction tax

Portugal has announced its backing of the creation of a special tax on international financial transactions to help fund development programmes and fight climate change.

State Secretary for Foreign Affairs and Cooperation João Gomes Cravinho reaffirmed Lisbon's support for the initiative last week in a speech to the UN summit on Millennium Development Goals in New York.

“It's evident that a new paradigm for our global economy is needed and it can't be dissociated from greater justice and equality in the use of resources and distribution of wealth”, he said.

“We add our voice to others before us to ask for the creation of a new tax on financial transactions for use in development, including the fight against climate change”, Gomes Cravinho told the summit. TPN/Lusa

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Foreign flavours spice up Algarve's most charismatic market

Carrie-Marie Bratley

Three new international stalls are the latest introductions to one of the Algarve's oldest and most charismatic municipal buildings, Loulé city market. In the wake of a €4 million award-winning renovation project, completed in 2007, the recent additions represent a modern twist to traditional grocery shopping and bring Loulé Market a step closer to drawing comparisons with its fashionable European counterparts.

Amongst the 90 traditional market stalls are three new arrivals – Gourmet Italian products, Greek delicacies, and the homemade 'Good Mood Food' range (fresh products, sauces and spices by renowned Irish chef Jonnie Pratt) – which are creating quite a stir amongst market-goers, foreign and Portuguese.

All three took the unprecedented step of selling hot, ready-to-eat food, a concept that is proving very popular with hungry visitors.

Now, as well as being able to purchase the staple fruit and vegetables, meat, fresh fish and bread, amongst other typical produce, shoppers can explore foreign delicacies and sample ready-to-eat foods, such as freshly-cooked pizzas, quiche with chutney, Banoffee pie or a kebab, washed down with a glass of Italian wine or Ouzo.

The 'foreigners' have been warmly welcomed by their national counterparts, some of whom have been trading in the traditional market manner for decades.

'Good Mood Food' creator and Chef Jonnie Pratt, owner of Almancil's acclaimed Bistrot des Z'Artes, was the first to take a place at the market.

Jonnie is believed to be one of the first foreigners – if not the first – to operate a stand at the municipal building.

It was his passion of engaging with people that led him to try out a stall at the market, to introduce his homemade products to the greater public. Having started on an outdoor stall he made the move to the indoor section five months ago and says business is blooming.

"I love it here", he told **The**

Portugal News, adding "the people are honest and friendly and real. People are genuinely interested in what you do".

Impressed by Jonnie's enthusiasm, Patrizia and Roberto of gourmet Italian food importation company Ciccio Bello and Greek restaurant owner Fillippos 'The Greek' followed suit. Both say they are satisfied with the response to their products and intend to maintain their places for the foreseeable future.

However, it appears business is not booming for all traders, and while the acclaimed renovation is greatly praised by most, it seems there are key areas that the long-established vendors would like addressing.

Butcher Alice Afonso, who has traded in the same spot for 34 years, said "There is still the problem of parking, which is essential".

Regarding business, she reflected "it continues to drop", undoubtedly a consequence of the current international economy and subsequent tightening of pockets, given the fact that most days, particularly on Saturdays, the market is bustling.

Drª Dina, who has run a flower stall at the market for more than two decades, reiterated "The improvements are very big but it is a shame there isn't a car park".

"There are lots of tourists visiting [the market] but few are buying. Ours [Portuguese] are the best clients", she grinned.

An elderly local couple, who have been selling home-grown products at Loulé's Saturday outdoor market for more than 40 years, lamented "things have been better, now people just come to wander round. It's like the tyres on the car have burst and now it's just the metal bit of the wheel scraping along".

A source from Loulé Town Hall told **The Portugal News** "at the moment there are no plans to create more parking in the immediate surroundings of the market".

Despite the mixed reviews regarding business, vendors are unanimous in expressing their pride and passion for the market.

Inaugurated on June 27th, 1908, Loulé market celebrated its centennial with an award from the Portuguese Tourism Board (TdP) to acknowledge its multi-million

euro renovation project and distinguish the building as a public infrastructure that is worthy of tourist interest. Other contenders for the 2008 award included Elvas' Contemporary Art Museum and the Santa Marta lighthouse Museum, in Cascais. That year, 99 projects representing a total investment of 180 million were nominated for an award in one of four categories created by the TdP.

Designed at the end of the 19th century by Portuguese architect Mota Gomes, the market's unusual neo-Arab style has led to the building becoming something of a landmark. It is visited every year by thousands of tourists and is one of Loulé's top trademark attractions.



Loulé Market's distinctive architectural design

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European Commissioner for the Environment Janez Potocnik (R) and WWF Belgium's CEO, Damien Vincent stand in the WWF Biodiversity bubble after removing their shoes to launch the European Green Week on June 1st. (Photo: EPA / Olivier Hoslet)

New atlas highlights the value and threats to Europe's soil biodiversity

The European Commission's own research body, the Joint Research Centre (JRC), has published, for the first time, an indicator-based map of potential threats to soil biodiversity, in order to guide decision-makers in protecting this crucial resource.

The biodiversity within soils plays a vital role in agriculture and in the water and carbon cycle. The atlas highlights areas within Europe where soil biodiversity is most at risk of decline relative to the current situation – notably parts of the UK, the Benelux countries and Northern France, although there are areas of high risk also in several other Member States.

It provides a comprehensive source of information for researchers, policy makers and teachers. It was launched at the conference 'Soil, Climate Change and Biodiversity – Where do we stand?' held last week in Brussels.

Máire Geoghegan-Quinn, Commissioner for Research, Innovation and Science and Janez Potocnik, Commissioner for Environment, said: "Soil is essential to the biodiversity which makes life on earth possible and keeps our economies sustainable. Soil degradation threatens our access to food, clean air and water, as well as to many crucial raw materials. This atlas is a major European contribution to the UN's International Year of Biodiversity 2010. It will raise

awareness about the need for the Soil Framework Directive the Commission first proposed in 2006 and help prevent further soil degradation and repair the damage already done. Unless we tackle this problem soon and in a coordinated manner, it will cost a lot more to put it right."

The European Atlas of Soil Biodiversity includes the first ever threat map for soil biodiversity covering most EU Member States.

Potential threats to soil biodiversity were selected and ranked in an expert evaluation organised by the Soil Biodiversity Working Group, established by the JRC. Multiple pressure factors were included in the calculations of the new indicator map of potential threats, including land use change, habitat disruption, intensive human exploitation, invasive species, soil compaction, erosion and pollution.

The map indicates an evaluation of the potential risk of soil biodiversity decline – with respect to the current situation – and is not a representation of the actual level of soil biodiversity. The results show that the risk of decline in soil biodiversity due to human induced pressures tends to be highest in areas of high population density and/or intense agricultural activity.

The regions most affected are particularly concentrated in the UK (several regions except the most northern), the Benelux

countries and Northern France. However, specific areas in several other Member States, often with the same characteristics are also identified as high risk – for example the Po valley in Italy, the only region in that country to fall into the high risk category.

The JRC's atlas also introduces the reader to "life below ground". It brings into public view the whole range of life in the ground and the crucial role it plays in maintaining other ecosystems. It includes new research results on current threats to soil biodiversity.

This 128-page atlas is the result of collaboration between departments of the European Commission and partners from academia, industry and organisations such as the Food and Agriculture Organization (FAO) and the Convention on Biological Diversity (CBD). Each section is written by leading world experts and presented in a way accessible to non-specialists.

The first section of the atlas examines the soil environment, its multiple uses, the ecosystem that it provides, and the role that the soil biota play in these. The second is a kind of encyclopaedia of soil biodiversity, with high resolution images bringing the reader face to face with many of the main groups of organisms found in soils.

For more information visit: http://eusoils.jrc.ec.europa.eu/library/maps/biodiversity_atlas/index.html

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Portugal's plant health better protected under new EU laws

Over the past few years, globalisation and climate change have increased the challenges the EU faces in preventing the entry and spread of non-native plant pests within its territory.

Red Palm Weevil is devastating palm trees in many Mediterranean Member States, and especially here in Portugal. Outbreaks of Pine Wood Nematode in central Portugal are threatening millions of hectares of coniferous forest in southern Europe and the long-horned beetle, which arrived from Asia, is endangering broad-leaved trees, such as maple, citrus and apple trees, birches, beeches and willows.

Based on a recent evaluation study and the conclusions of a key conference that took place this week in Brussels, the European Commission announced it will modernise its legislation in order to further strengthen and better protect the health of the EU's plants.

The EU's legislation on Plant Health dates back to the late '70s and cannot fully cope effectively with today's challenges, the EC said in a press statement.

The Commission recently completed an evaluation of the EU's plant health regime, which confirmed the existence of deficiencies, and will bring the necessary changes to the legislation in 2012.

Health and Consumer Policy Commissioner John Dalli said: "Plant health cannot be taken for granted. Safeguarding it supports, among other things, our growers' competitiveness. But first and foremost, plant health is for the public good.

"It is fundamental to sustainable production and food security. We have to better protect our trees, our landscape and forests against irreversible damage

from pests – foreign or native", adding: "In order to do this a new plant health law needs to be developed and that is exactly what the Commission plans to do in the next two years".

Various problems caused by non-native harmful pests have always existed. They have been occurring from time to time throughout the centuries in Europe. For example, Ireland's Great Famine of the 19th century was caused by the invasion of the late blight fungus from Central America. The pest totally destroyed the country's potato crop, which was the population's basic source of food.

The above-mentioned recent examples have also been particularly alarming (Red Palm Weevil, Pine Wood Nematode, long-horned beetle).

Pests and diseases continue to threaten main food crops worldwide today. Europe is particularly vulnerable to pests from other continents. European crops and forests generally have little or no natural resistance against these new pests. The absence of natural resistance often leads to sharp and irreversible increases in pesticide use. Globalisation and climate change only serve to exacerbate these problems. Climate change, for example, allows new pests to flourish in areas where it was previously impossible.

Photo above right: Various officials study infected pine tree branches near Coimbra in 2008. (Photo: Lusa / Paulo Novais)



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EU showcase for intelligent robots, green homes, virtual reality and much more

More than a hundred groundbreaking information and communication technology (ICT) research projects funded by the EU were this week showcased at a conference and exhibition in Brussels Expo that ended on Wednesday.

The event, organised every two years by the European Commission and this year hosted by the Belgian Presidency of the EU's Council of Ministers, brings together researchers, businesses and policy makers to show the latest ICT advances.

Major themes this year were research for sustainable growth in a low-carbon economy, ICT's

constructive impact on everyday life and the importance of public funding and support in ICT research and innovation.

Stepping up ICT research and innovation, a key objective of the Digital Agenda for Europe is intended to help increase Europe's productivity and growth, improve the quality of life and overcome social challenges.

The “Peace Process”: Netanyahu’s Strategy



Israeli Prime Minister Benjamin Netanyahu stands on a hill overlooking the Gaza Strip during a visit to the southern Israeli city of Sderot, Israel on 21 September. (photo: EPA/David Buimovitch/Pool)

The headlines in the Western media all said more or less the same thing when Israeli Prime Minister Binyamin Netanyahu pulled the plug on the latest round of the “Middle East peace process” on Sunday. “Netanyahu urges (Palestinian leader Mahmoud) Abbas to continue peace talks as building freeze expires,” they said, or “Netanyahu appeals for calm as freeze on settlements runs out.” Et cetera.

The implicit message was that this moderate, reasonable man is still pleading for peace, even though circumstances beyond his control are making it harder to achieve. Let us hope that the Palestinians can find it in their hearts to be equally reasonable and peace-loving.

But it was Netanyahu who agreed to the building freeze ten months ago, because the Palestinians were understandably refusing to negotiate over the future of their land while Israelis continue to colonise it – or maybe just because the United States government, which agrees with the Palestinians about this, was twisting his arm very hard.

Netanyahu was well aware that Mahmoud Abbas could not continue to negotiate if work on expanding the Israeli settlements resumed, because Abbas has said so publicly and repeatedly. All last week, President Barack Obama begged Netanyahu not to wreck the talks by cancelling the freeze. Yet Netanyahu has chosen not to extend it. What does that tell us about his interest in a peace settlement?

Apologists for Israeli policy point out that the freeze always had that ten-month, self-cancelling proviso built into it, and that Netanyahu’s coalition government would almost certainly collapse if he extended it now. They are probably right about that, as the coalition includes extreme right-wing and settler-dominated parties that are dedicated to perpetual Israeli control over much or all of the occupied Palestinian territories.

But it was Netanyahu who set that ten-month deadline in the first place, allegedly to placate the more extreme elements in his coalition. So it is presumably they who are forcing his hand now. Poor “Bibi”, obliged to choose between peace and power. How hard it is to decide.

No, that’s not quite right either. If Netanyahu’s current coalition broke up, he could fairly easily create another in which parties that genuinely support the peace talks, like Labour, took the place of the extremist parties that stormed out. So, to answer the question posed three paragraphs ago: no, the evidence suggests that Netanyahu is NOT interested in a peace settlement with the Palestinians.

Once you say that, of course, you immediately have to qualify it. Binyamin Netanyahu would be very interested in a peace deal in which the Palestinians just rolled over and agreed to his terms. He has never specified exactly what those terms are, but judging by what he has said in the past and by the company he

keeps, they would amount to almost unconditional surrender.

Netanyahu wants permanent Israeli control of the land on which most of the Jewish settlements in the West Bank stand, and Palestinian assent to the Israeli annexation of East Jerusalem. There would be no return of Palestinian refugees to their former homes in what is now Israel. And the Palestinians would have to create a government tough enough to enforce those terms on an outraged population, but not strong enough to threaten Israel.

The Israeli prime minister knows that any Palestinian leader who agreed to such draconian peace terms could not survive – so in practice he is not very interested in peace talks with the Palestinians. He must LOOK keen for peace, however, since that is what his American senior partners expect. That explains all the essentially meaningless diplomatic and PR activity of the past year.

The first time Binyamin Netanyahu led the Israeli government, in 1996-99, he faced a similar problem. The Oslo peace accords had been signed quite recently, and prime minister Yitzhak Rabin, who made that deal, had just been martyred by an extreme right-wing Jewish assassin. There was a strong backlash against the far right in Israel, and a serious danger that a land-for-peace deal was in the offing.

Netanyahu might not even have won the 1996 election if Palestinian extremists, hoping that he would destroy the Oslo deal, had not given him a boost by launching a vicious terrorist campaign against Israeli civilians. And it worked: having won the election, he successfully stalled for three years on fulfilling the Oslo terms. By 1999 despair had set in among Palestinian moderates, and the “peace process” was effectively dead.

Binyamin Netanyahu is in power again, and there is absolutely no reason to suppose that his agenda has changed since then.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

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Oceanarium visited mostly by foreigners



Twelve years after its inauguration Lisbon's Oceanarium is still popular amongst visitors and continues to attract masses, mostly foreigners, despite the crisis.

Directors hope to maintain the approximate 960,000 annual visitors that it registered in 2009.

While there is an ever-growing number of children visiting the mammoth aquarium, foreigners make up 72 percent of visitors, mainly from Canada and the USA, Brazil and Spain, said the Oceanarium's administrator João Falcato this week.

"The Oceanarium has been attracting around 37 percent of the tourists who visit Lisbon, who were, in 2009, more than 1.8 million foreigners", he explained.

Despite the general notion

that the Oceanarium is directed mainly at children, youngsters only make up 28 percent of the total number of visitors. This is, nonetheless, a 25 percent rise in comparison to last year's figures.

To encourage more children to visit the Oceanarium a series of specially-designed projects were introduced, aimed at youngsters, which included spending a night with sharks.

After starting the year "on the same level" as 2009, "we had a relatively weak month in June, but we were expecting that, it had to do with the World Cup. In July and August we recov-

ered", João Falcato told Lusa News Agency.

Therefore, by the end of December, expectations are that figures will have recovered and the year will end with results that were similar to those of 2009, which registered a total of 968,000 visitors.

Mr. Falcato affirmed that the goal for this year, "taking into account what has been happening, is to reach 960,000 visitors and we are within our objectives".

The Oceanarium has a new building under construction, with the official opening scheduled for next year.



Lisbon's Oceanarium at Parque das Nações. (Photo Mario Cruz/Lusa)

Municipal customer relations 'shop' opened this week



On Monday this week a new customer relations centre was inaugurated in Cascais where various services have been implemented to better respond to the needs of citizens and local businesses.

Cascais mayor António Capucho said that, in his opinion, the creation of the new facility is a bonus for the region.

"This new amenity is of enormous importance due to its central location and size as it will allow the gathering, in one spot, for the complete convenience of citizens, customer relations representatives from various municipal services", he explained.

The new centre, Loja Cascais, will work on a 'one-

counter-serves-all' basis, as staff members are trained in all matters relating to municipal services.

Matters relating to economic activities, urban traffic and the treasury can now be resolved in one single location.

In a press release it was explained that staff are trained to take payment of services as well as catering for the payment of taxes.

Loja Cascais was opened on Monday by Mayor Capucho.

It has entailed an investment of €9.5 million, footed by

Cascais Town Hall, including the purchase of the building in which the centre is located, equipment, and the adaptation of the establishment for the purpose.

A designated car park for the centre has also been created.

The new municipal building is located in the heart of Cascais, near the *Finanças*. It is open Monday to Friday, from 08h30 to 19h30, and Saturdays from 09h30 to 15h00.

Pedestrians 'dismay' at return of bicycles to Cascais walkway



The coastal walkway between Cascais and Estoril was reopened to cyclists last week though the move is already being contested by some pedestrians who fear the bikes will cause accidents.

Cascais Town Hall vice-Mayor, Carlos Carreiras, told Lusa News Agency that the reopening was the result of a petition which had gathered hundreds of signatures from people who wanted to be able to bike-ride along the walkway.

"Cascais Town Hall has been sensitive towards the needs of the local residents who want to be able to ride their bicycles and so we opened the walkway up to the circulation of these vehicles, though with significant restrictions, as we also realise that there are many locals who do not agree with the measure", he said.

Bicycles may circulate along the walkway, which runs along the beach between Estoril and Cascais, from April to October between the times of 18h00 and 10h00, with the exception of weekends and holidays when all circulation is prohibited.

During winter, from November to March, bicycles can circulate at any time along the walkway, with the exception of

weekends and holidays, when they are permitted between the night hours of 18h00 and 10h00.

Local resident Daniel Soares objected to the reopening of the walkway to bicycles, saying "It is a crime. I also like bike riding but I am aware that riding here is dangerous. If people want to ride their bikes why don't they go to the cycle path in Guincho and leave the pedestrians in peace".

Fellow walker António Rafael Martins also said he was apprehensive about the change, claiming the restriction on times was not an appropriate solution.

"There doesn't have to be a lot of people on the walkway for there to be accidents. All it takes is one child in the evening to pull away from their parents and they could be run over by a bicycle. I'm not at risk because I am an adult and I know how to pay attention, but I am sincerely concerned for the children", he explained.

Faced with these worries,

Carlos Carreiras appealed for "good common sense", "civility" and "responsibility" from citizens, and says he is convinced that "everything will be OK".

Meanwhile, Lisbon's 70-kilometre cycle path, which includes parking lots for bicycles, is expected to be complete by 2011, Lisbon Town Hall confirmed.

Along the path there will be 400 designated spaces for parking bicycles, divided into 30 lots as well as 18 information points.

South Africans in Portugal gather for charity



The South Africans in Portugal group is proud to announce that they will be hosting a charity event in Cascais on October 23rd 2010.

The event, co-sponsored by The Portugal News, will take place in Hotel Cidadela in Cascais, starting at 19:00 and ending at around 21:00.

The aim of the event is to benefit Patas Errantes, a non-profit organisation dedicated to protecting, caring, sheltering, feeding and finding homes for homeless and displaced animals in the area of Cascais.

The cocktail party will include guest speaker Mr Nkosinathi Sifuba, Head of Cultural Affairs of the South African Embassy in Portugal, who has kindly offered to talk about South African Culture. Representatives of Patas

Errantes will be on hand to provide additional information about their cause.

The event will also feature a raffle, prizes of which include bottles of South African wine, ceramic art and theatre tickets for The Importance of Being Ernest, to be staged by the Lisbon Players in the Estrela Hall. All profits from the raffle tickets will benefit Patas Errantes.

Books (in English, French and Portuguese, including commercial and literary fiction, essays and self-help titles) will be given away at the event, in exchange for a small donation to Patas Errantes.

Hors d'oeuvres and light

drinks will be served. The event will also serve as a chance for South Africans living in Portugal and the English-speaking community to network and meet while supporting a good cause.

Tickets are now available for the price of €10. All profits from the sale of tickets will benefit Patas Errantes.

To receive more information on this charity event, feel free to contact Paula Pinto 00351 21 600 9684, email: paulapinto@southafricansinportugal.com or visit their website www.southafricansinportugal.com



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Olhanense downed in Oporto

Christopher Wright

Fifty Olhanense fans set off from the Algarve at the crack-of-dawn for a weekend in Oporto and to follow their undefeated team in the big top-of-the-table clash.



FC Porto's Hulk (C) fights for the ball with Olhanense's Jardel during their Portuguese First League match held at Dragão Stadium in Porto, Portugal, 25 September. (Photo: Estela Silva/Lusa)

Two Brazilian players were to determine the outcome of the game.

Centre-forward Hulk has been in outstanding form for the league leaders scoring seven times in his first five official matches including a hat-trick against Genk in the UEFA Europa League's playoffs.

Hulk, born Givanildo Vieira de Souza, received the nickname due to his resemblance to actor Lou Ferrigno, who played the comic book hero.

The stocky and powerful dynamo was again the hero, making one and scoring the other.

FC Porto were at full strength with six internationals whilst Olhanense were missing the injured Nuno Piloto and Yontcha who were replaced by Delson and veteran striker Djalmir.

Hulk had the ball in the net after only four minutes but was rightly ruled off-side. Porto dominated the play and took the lead midway through the first period. Hulk cut in from the right and unleashed a powerful shot. Moretto, diving to his right, parried the ball but Otamendi was on hand to give Porto the lead.

With only seconds of the first-half remaining Olhanense's Brazilian centre-back Maurício made a disastrous mistake. His lazy cross field pass was readily intercepted by Hulk who powered his way past the lunging José Gonçalves.

With only Moretto to beat he calmly placed his shot wide of the keeper. Olhanense replaced Delson with the exciting young Lulinha who brought his team more into the game. In the 70th minute, on one of the rare occasions that the visitors got behind the FC Porto defence, Djalmir's cross eluded Lulinha and the chance went begging.

The 2-0 defeat dropped Olhanense to sixth place whilst FC Porto roll on with six straight victories and are already seven points clear of the chasing pack. Before the game several fans were set upon by a group of local FC Porto youngsters who stole two flags including the new Union flag featuring the gorilla logo.

The flag had been presented to the expats group by their Portuguese friends at the game against Portimonense the previous week and was featured in last week's paper. No one was hurt in the confrontation and the party continued to enjoy a great weekend including a visit to a port lodge to see the port producing process.

Tomorrow (Saturday) evening, kick-off at 7.15pm V. Setúbal are the visitors to the José Arcanjo Stadium. There is a great bond between the two fishing communities and grilled sardines and a beer tent will be available by the marina during the afternoon.

The draw for the 3rd round of the Portugal FA Cup gives Primeira Liga Portimonense a relatively easy tie against non-league Cinfães whilst SC Olhanense face a tricky tie away at third level Sertanense (Castelo Branco region).

Two of the region's non-league teams who had fought their way through the first two rounds of the competition were drawn away, Loulentano at Bombarralense (Leira) and Farense have a long trip to take on Merelinsense (Braga) in the far north.

Lagoa are at home to Torreense.

Ties will be played on the weekend of the 16th/17th October with extra-time and penalties if necessary.

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Thousands of cruise ship passengers disembark in Portimão on 'World Tourism Day'

More than 1,700 eager and excited passengers sailed into Portimão's cruise port on Monday, September 27th, on what was international 'World Tourism Day'.

It was the first time that Pullmantur's huge vessel 'Empress' had docked in Portimão but the city is now a firm fixture on the company's itineraries.

Spanish-owned cruise company Pullmantur, which is part of the Royal Caribbean Group, one of the largest in the world, will operate a further 14 visits to

Portimão before the end of November.

According to Carlos Guarita, Pullmantur representative for Portugal, Monday "was a significant day for the company's history".

"And if, this year we are as yet to bring an estimated 27,000 tourists to Portimão, in 2011 we will

bring more than 30,000, because we believe in the potential of this tourist destination".

Pablo Alonso Pelegrin, the company's vice-president, and general, commercial and marketing director, stressed that the fact that Pullmantur carries more than 400,000 passengers a year, particularly in and around Latin America and Europe, and said he believed "Portimão represents a very interesting option, as it offers excellent beaches, good cultural tourism propositions and several world-quality golf courses, which altogether can offer an unforgettable experience for tourists".

Portimão Town Hall vice-mayor Luis Carito presented the Captain of the Empress with a plaque engraved with the date on which the vessel first docked in Portimão.

During his speech at the welcome ceremony Luis Carito said "cruise tourism is one of the great-



More than 1,700 passengers sailed into Portimão on International World Tourism day. (Photo: Portimão Urbis, EM, SA, Vedoispro)

Man dies after falling from Sagres cliffs

A young Spanish man died after falling off the notorious Sagres cliffs while on holiday with his girlfriend.

Cruz Martins, 26, was visiting the Sagres Fortress at around noon last Thursday.

It is thought he got too close to the cliff's edge and fell over, from a height of around 50 metres.

His body was retrieved by the Vila do Bispo fire-brigade's specialised rock-scaling team, who managed to retrieve the man's body and place it on a stretcher before passing it to a Maritime Police lifeboat.

est strategic challenges for the Town Hall and for the Port and Maritime Transport Institute,

particularly regarding the promotion of our port to the outside". "Today we have broken two

records", he continued, "in terms of the size of the liner and in terms of passenger numbers".

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Insurance can also be purchased on site, as are sales of packing materials.

Advice can be given on storage re-



quirement and all visits to the site for firsthand viewing are welcomed.

Whatever you want stored (except flammable, explosive, perishable or illegal items), U-Store has the space to store it.

For more information, contact U-Store head office on 917 010 365 or 282 798 490, email info@u-store-portugal.com or visit their website www.u-store-portugal.com.



So much fun at the Country Riding Centre



Most little girls dream of one day owning - or at least riding - a horse, while little boys prefer getting their hands dirty and a bit more of an adventure. But at the Country Riding Centre, in Silves, boys and girls can do both as weekends are dedicated to fun, excitement and, of course, horses.

Martina Frähsdorf, who along with partner Steve Michell owns and runs the Country Riding Centre, is also a fully Portuguese-qualified instructor specialising in children's training.

The centre prides itself on being thoroughly family-orientated and throughout the year organises several events for all family members.

Saturdays are largely dedicated to children, with group lessons (maximum of five children per group) in the mornings and Pony Club in the afternoons. At Pony Club kids get up close and personal with the horses, learn more about gentle giants. This includes playing horse-football, cushion polo, gymkhanas, dressage, and some mucking out and tack cleaning.

Group lessons start from as little as €10, for those who own their own horse, with discounts available for monthly block bookings. Monthly DIY livery fees start from €125.

An 'adopt-a-horse' programme is also available for anyone who would like to have their 'own' horse at a fraction of the cost of buying and keeping a horse. For €100 per month school horses can be adopted, giving the adoptee the opportunity to take the

horse out for a ride whenever they want, mucking out and feeding if they wish, and, generally, the right to use the horse as their own, which means lessons can be enjoyed at a discounted price too. 'Adopt-a-horse' is a fantastic opportunity and has already proved very popular as many of the school's 13 horses have already been adopted. It also makes a great gift.

As well as lessons, covering all levels of expertise and ages, from beginners through to competition dressage and jumping training, the Country Riding Centre also organises hacks to some of the most beautiful places in the area.

Lessons can be taught fluently in a number of languages, including English, Dutch, German, and Portuguese.

The stunning Riding Centre has flourished over the past five years, since Martina and Steve took it over. They have upgraded the facilities to the highest levels though maintain sensible, affordable prices. The centre has recently been granted a Sports Federation licence from *Desporto de Portugal*, enabling it to operate as a sporting facility.

On Sunday October 31st the Silves Country Riding Centre will be holding its annual Halloween Party. In recent years the centre's Halloween Parties have become quite famous. This year something quite different is being organised. Along with the customary barbeque and bonfire the party will feature a haunted house and lots of spooky activities.

Senses... Skin Care Centre

Senses... Skin Care Centre in Lagos are once again celebrating the huge success of their latest treatment. Suzie, the award-winning senior therapist at Senses has been carrying out the Ultimate Anti Ageing Facial for over 3 months and has had unbelievable results. "I knew the treatment would be a success but I sometimes find myself amazed at the difference this treatment has on people's skin" explained Suzie. The new treatment combines the hugely successful non Surgical Facelift and Microdermabrasion in one treatment.

The combination of these two treatments has been described by The Times as being one of the best anti ageing facials ever.

"The treatment not only lifts, tones and firms muscles but it brightens the skin.

A visible difference can be seen after just one treatment. I now have people travelling from as far away as Faro for these treatments - it really has been that popular". If a course of treatments is undertaken you can achieve permanent results and is not as expensive as you may think. A course of treatments can start from as little as 390 euros, making this a super treatment.

Not only will you get a great treat-



ment but you'll also be expertly advised by Suzie who was this year named as the Therapist of the Year by Professional Beauty UK so you are guaranteed to get expert advice on all your skin care needs. Senses... are also celebrating Suzie entering the Therapist of the Year Award for a second year by offering a fantastic discount on their treatments in October. There is a massive 20% discount on all treatments. (the offer excludes treatments already on offer or treatment packages - but it does include the Non Surgical Facelift and Ultimate Anti Ageing Facial). So if you've ever wanted to treat yourself now is the time.

They are also offering 25€ taster facial for the Ultimate Anti-Ageing facial.

GMT 24:7 Property Maintenance and Home Improvements



There are many clubs and organizations to join in the Algarve, but one of the most useful (and, at times indispensable) is without doubt the GMT 24:7 Property Maintenance Club.

Based in Lagos GMT 24:7 Property Maintenance and Home Improvements is a recently-established, family-run business that was born from 15 years experience in the property development industry, in the Algarve.

Established by father and sons Tony, Brett and Scott Hawkins, GMT 24:7 fills a niche in the market for a rapid response service, of the highest standards at realistic prices.

Covering the Western Algarve (from Silves to Sagres), GMT 24:7 offers a reliable service tending to all property needs; the company's exclusive 24:7 Club goes one step further and for a fixed monthly fee is quite literally at clients' beck and call, 24/7.

As well as a free emergency call-out service twenty-four hours a day, seven days a week, members of the GMT 24:7 Club will benefit from a guaranteed response within the

hour as well as enjoying a free home improvements loyalty voucher. Members will also receive a month's membership free for every friend referred and who joins GMT 24:7.

Furthermore, as part of a special launch, members will be offered €50 of materials and the first hour of labour free, on every callout.

The company applies its 15-year expertise to professionally resolve all property maintenance and home improvement matters (with the exception of gardens and pools). No job is too small, too large or too complicated.

"Now is a window of opportunity, not only to join our Club but to use the benefits it offers to maximise the potential of your property ahead of next season", Brett Hawkins explained.

So if you would like to have complete piece of mind, a trustworthy and reliable service and great value for money with no middle-men involved, then call GMT 24:7 today and become part of one of the Algarve's most exclusive Clubs.

This Week's profiles:



U-Store

For more information, contact U-Store head office on 917 010 365 or 282 798 490, email info@u-store-portugal.com or visit their website www.u-store-portugal.com.



Senses Skin Care Centre

For more information on Senses... Skin Care Centre, please call 282 762 261 or 913 275 869, visit their website www.senses-skincare.com or email info@senses-skincare.com.



Silves Country Riding Centre

For more information on any of the Silves Riding Centre's activities or services, call 917 976 992, 913 510 530, or see website: www.countryridingcentre.com.



GMT 24:7

For more information, call: (+351) 282 098 600, email: info@gmt247.eu, or see website: www.gmt247.eu.

Sorry!

In our editorial last week about **House of Glass**, we inadvertently quoted all the wrong contact details. Readers wishing to contact the company should call 289 093 067 or 912 984 255 or email: houseofglass.algarve@gmail.com

Algarve Archaeological Lecture

The first lecture of the autumn season will be by Jason Webster. The subject is 'Guerra, Living in the Shadow of the Spanish Civil War'. The first venue is the Museum at São Bras at 2.30pm. Should you wish to attend lunch prior to lecture, please phone Maxine on 917267948.

The second venue is the Convento in Lagoa at 6.30pm. There will be a meal at a local restaurant after the lecture. The speaker has travelled to sites related to the Spanish Civil War, doing research for a book. Ceuta, Badajoz, Belchite and Perpignan are some of the sites. He will also discuss Spain's recent attempts to come to terms with the legacy

of the war and the tensions this has caused.

Jason Webster is the author of four highly acclaimed books on Spain, including the best selling Duende, which has been translated into 12 languages. Jason has appeared in several TV documentaries on Spain. He is a writer for the Observer, the Sunday Times, the Guardian and the Sunday Telegraph. All are welcome to the lectures. There is a charge of €5 for visitors. This money enables the AAA to have first class speakers and give grants to assist archaeological work to be carried out throughout Portugal. For more information tel. Maxine on 917267948.

Walking in the beautiful Algarve



Wednesday October 6th - Let's Walk from Esteval dos Mouros

A fantastic walk to the abandoned village of Rocha Amarelas through the Barrocal. 2.5 hours long - not really difficult just one gentle climb. The meeting instructions sound complicated - they are not really just follow them exactly and you will get there. **10.30 start** - meet at the entrance to the village of Esteval dos Mouros.

Take the A22, exit 9 on the IC1 towards Lisbon. Take first exit for Tunes and follow signs for Paderne. After 5km you come to a T-junction (EN 395) go left and follow the road towards Messines. After 800m turn right towards Alcaria, drive through the village and at the far end turn

right. After 2km you come to a T-junction, right again and a further 2.5km when the road bends to the left there is a turn to the right - turn here and just along on the left is the old primary school of Esteval dos Mouros - meet here

All are welcome to come along - there is no need to book (there is a charge of €5 per walk some of which goes to aid children in the third world through a sponsorship programme with World Vision). Please wear comfortable shoes, bring some water and a sense of humour!

If you require more details or if it is raining please check that the walk is going ahead call: Dr. Julie Statham on 965753 033. See also: www.portugalwalks.com and www.pedalimportugal.com

Bike Rides

Saturday, 2nd October: Bike Ride starting in Salir. We meet in the centre of Salir (R. Manuel Eusebio) at 09.45 for a 10.00 start. This will be a fairly challenging ride on a mixture of dirt tracks and tarmac roads.

Sunday, 3rd October: Bike Ride starting at Guia Shopping. We meet by Leroy Merlin at 09.45 for a 10.00 start. This will be a fairly easy ride on a mixture of tarmac and dirt track roads. There will be a café stop somewhere along the way.

Tuesday, 5th October: Bike Ride starting in Fuseta. We meet in Fuseta (Av. Marginal) at 1.45 for a 2.00 start. This will be a moderately challenging ride on a mixture of dirt track roads and tarmac. There will be café stop somewhere along the way

For more information call Paul Beesley on 913226954 or e-mail: paul.beesley@sapo.pt or visit 'Algarve Bike Rides' on Facebook.



Quiz Night & Raffle in aid of Estoi Casa do Povo

Quiz Night and Raffle at Jardim Do Vale, Almancil on October 22nd at 7pm. Organised by Estoi Rotary Club to aid Estoi Casa do Povo community support. The

cost is €20 for the Quiz and three course dinner. For details and bookings tel: Shirley on 936933 799 or e-mail: shrillys@yahoo.com.

Bingo Night for Donkey Sanctuary

Another Bingo Night has been arranged for Friday, 8th October. There will be a choice of Shepherd's Pie or Lasagne with 1/2 bottle of wine for dinner at €9.50 per person at Phoenix Nites in

Monte Carveiro. (Bingo cards to be bought separately). Starts at 7.30pm, and as usual all proceeds will go to The Donkey Sanctuary at Estombar. To book call Chris on 966 033 127.

A new dance club



A new dance club is starting on the Tuesday, 12th October at 8pm in the Hotel Colina Dos Mouros in Silves. Entrance will be €5 per person. We will be doing all sorts of dances from Ballroom, Latin, Modern, Sequence and Fun Dances. Come along and make new friends and enjoy keeping fit with dance,

everyone will be welcome and there will help on hand with dance steps if needed!

We will meet on the second Tuesday of each month in the same hotel and at the same time. A Christmas dinner/dance is in the pipeline, more details about that later. For more information call 282 445 902 or 916501527.

Dinner & Quiz Night in aid of Castelo de Sonhos

A Dinner & Quiz Night is being held at the Holiday Inn Algarve in Armação de Pêra on Friday, 15th October at 7.30 pm, with a fund raising prize draw for Castelo de Sonhos in Silves. Prizes sponsored by the Holiday

Inn Algarve. A three course Indian Dinner in the Raj Restaurant including wine and coffee, will be followed by a Prize Quiz (maximum six people per team). Only €20 per person. Tel. Lynn on 919 266 770 to reserve your table.



St. Andrews Society Algarve

BEETLEDRIIVE

7pm. Saturday 9th October
Restaurant Estrela do Mar
Carveiro

Please contact Kathy on
Tel. 919635246 for tickets

A Night at the Races!




Buy a pass to the 'Royal Enclosure' at Restaurant Valverde, Praia da Luz on Saturday, 9th October - Gates open at 7pm and Entrance Passes are €17.50 p.p which includes: Buffet & Race Entertainment. In aid of your local charity Madrugada - Supporting people affected by life limiting illness. For information see: www.madrugada-portugal.com or e-mail: info@madrugada-portugal.com.


Optional extra: come to the races by coach - pick up/drop off points in Portimão, Alvor and Lagos - provided by PDM travel, call 282 782 078.

Passes can be purchased through Annette, from the Madrugada Charity shop or Restaurant Valverde, Praia da Luz. For more information contact Annette Brown by e-mail at: casadacolinal@sapo.pt or tel: 282762620.

Algarve Blessing



All Saint's Anglican Church can arrange your Wedding or Marriage Blessing in a superb, if not idyllic setting. We also have special arrangements with a Wedding Planner who can offer superb locations for your Wedding or Blessing Ceremony and celebration, which include a beach setting, beautiful gardens (weather permitting), a Pavilion or Marquee for larger groups. Plus other arrangements including transport, accommodation, catering, photography.



For more information please call
351 282 380 311
or go to
www.allsaintsalgarve.org

Special needs holiday centre

A very special project opened its doors recently to the public and has been delighted with the response. A magical holiday centre for children and adults with special needs will become the first of its kind in Europe.

Andy Mahoney is the Managing Director of 24x7 Ltd, a company that transports daily 1,000 people with special needs to and from schools and specialist centres throughout the East of England. Some years ago a parent told him how she would love to take her daughter abroad on holiday. Finding suitable facilities and access was a major problem. From that point it became Andy's mission in life to find a property and equip it so that those with special needs and their carers could enjoy a foreign adventure.

Two months ago 'the dream' turned to reality when the keys were finally handed over to a large rundown property near Moncarapacho that had been empty for the past six years. Digging deep into his pocket and with financial support from his company Andy established the '24x7 Special Needs Holiday Trust Charity'.

Andy Mahoney said, "I was amazed to find that there are no centres in Europe dedicated solely to providing holiday facilities for those with special

Lin Griffin, who is co-ordinating the Portugal end of the project said, "This will make an unbelievable difference to their lives. Here they can spend some precious time with their loved ones. We will cater for their individual needs allowing them to enjoy their stay whilst learning about the local culture and utilising the fun and educational facilities that we plan to introduce. We are looking forward to welcoming Portuguese and British families when we open our doors in eighteen months time".

Centre Manager Tom Willis and his team of volunteers have been hard at work during the past months. The overgrown grounds and derelict buildings are already beginning to receive some tender loving care. Twenty two year-old Bronwyn Evans from Melbourne, Australia, who is travelling around Europe for six months, was at the Algarve Centre for ten days and plans to return in November. "I think what Andy and his team are doing is fantastic and I would recommend anyone who can spare some time should come here and be part of this exciting concept".

Twenty seven year-old Sam Smith, who runs her own local gardening company (Tree Frog Gardening Services) was hard at work. "I've lived here for five

recently and donated €4,000 worth of top quality paint", said Andy. "We've had over forty volunteers sign-up including some from Bulgaria and Germany who have already been over to help. Others from Ireland and the UK will be arriving shortly. We feed, water and accommodate anyone who give us their time. The plans include eighteen bedrooms, lounge areas, swimming pool, educational centre, sensory garden, allotment and petting zoo including meerkats, ring tailed lemurs, alpacas, donkeys and tamarins to name but a few."

The next Open Weekend is 23rd and 24th October from 9.30am each day. Anyone popping-in and giving a few hours of their time will be invited to a lunch-time BBQ. Even if you've only got an hour to spare but would be interested in helping please call in, you will be made extremely welcome.

Centre Manager, Tom Willis said, "It's not just building trade skills and manual labour we are looking for but any skill - administration, sewing, photography, design, catering - in fact anyone who would like to help us to create Andy's Dream." The project is a registered charity in the UK.

The Algarve Centre can be found about one kilometre from



Pictured from L to R: Amy Willis, Bronwyn Evans (Australia), Simon Hutt (UK), Sam Smith, Centre Manager Tom Willis, Lin Griffin and at the front Andy Mahoney.

needs. This is a non-profit making organisation, in fact we'll have to raise considerable sums of money to bring the project to fruition. I have been greatly encouraged by the support received from the Algarve Tourist Board and the Olhão Câmara." A dedicated band of volunteers is already at work to ensure that Andy's dream comes true.

years but when I heard about this project I came along to have a look and was immediately hooked so a lot of my free time will spent here".

Andy Mahoney, who travels out from Essex every weekend was busy stripping paint with a €6,000 pressure washer that had been donated by a local resident. "A local businessman dropped in



Volunteers take a break.

Curtains for Mariner's Restaurant in Portimão



Last night at Mariners Bar.

Friday, 24th September 2010 will go down in many personal diaries as the end of an era in Portimão, as the hallowed walls of Mariner's Restaurant rang out with a joyous musical tribute to its colourful history for the very last time.

Yet one more lovely old building will be destroyed in the pursuit of modernising this historical area and with it will go all traces of the old Jewish settlement in Portimão, its Synagogue and trading area.

Jim Harley and his wife Pam have been running this lovely old building for the last 25 years as a very successful bar and restaurant and have countless memories of the excellent and world renowned musicians who have

played all styles and genres of music over the years.

"So many people have shared Christmas with us here" Jim recalls "and held important anniversaries and family occasions, not to mention our annual 'Almost Burn's Night' an irreverent poke at the great Bard.

"My wife and I had our own wedding here and we have raised thousands of euros for charity with plays, musicals and even 'Murder Mystery Nights' this is the perfect place to create a haunted house."

With its high ceilings and thick beams, hand built rock walls and wrought iron gates and windows there really is nothing quite like Mariner's. It will be sadly missed by the many long term residents

who turned up to fill the restaurant as the 'New Orleans' Jazz Band played their hearts out for the tearful but joyful last night. Jim Harley even took over the microphone for a final rendition of 'Keep on Smiling' and with tears in his eyes reminded the audience that whilst the doors were closing on Mariner's this great Jazz Band would be moving just across the road every week to the 'Casa Inglesa' from Thursday, 30th September at 8.30pm. It won't have the same atmosphere as Mariner's but the music will continue to be great and well... we can't live in the past.

I hear tell that a petition may be organised to save the building - I'll keep you posted.

Jenny Grainer

Moncarapacho on the Olhão road. It is well signposted. Look for the property with the lime green walls. For more information contact: Tom Willis tel. 962812230 e-mail: info@centrealgarve.org or go to www.centrealgarve.org



Book Festival a triumph

From the 16th to the 19th September book lovers and authors spilled into the Algarve to participate and enjoy the first ever Book Festival Lit. Algarve. With so many venues throughout the Algarve and so many writers from so many countries fans were spoiled for choice and the organisers have much to think about for next year. Without doubt all the

events were enjoyed and memorable but having to make choices with so many excellent talks to listen to sadly did mean missing many, as locations were often so far apart. Perhaps next year's festival could be in a more concentrated area?

Why not send your views to Barbara Fellgiebel at: www.alfacultura.com?



Local author Jenny Grainer, who was one of the Festival's guest speakers, promoting her most recent book 'Portugal and the Algarve Now and Then'.

CUP UK PRESENTS

WELCOME! HOME JAMES

IN ASSOCIATION WITH MADRUGADA

JOIN US ON SATURDAY OCTOBER 2ND TO WELCOME HOME JAMES KEMP FOLLOWING HIS INCREDIBLE 2,000 MILE BIKE RIDE FROM SHEFFIELD TO PRAIA DA LUZ IN AID OF MADRUGADA AND CANCER RESEARCH.

MUSIC FROM THE 60'S, 70'S & 80'S
STUDIO PRIVE CLUB
BEACHFRONT
PRAIA DA LUZ—UNDER LAZULI

8PM TIL 1AM

TICKETS - €10
AVAILABLE IN PERSON FROM THE MADRUGADA CHARITY SHOP, VIA EMAIL: CASADACOLINA@SAPO.PT, OR BY PHONE: 282782620

(RAISING MONEY AND AWARENESS FOR MADRUGADA, SUPPORTING PEOPLE AFFECTED BY LIFE LIMITING ILLNESS)

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and should be under 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@theportugalnews.com

A22 Tolls

SIR, What a wonderful idea to put tolls on the A22. This should make the N125 a bigger deathtrap than it already is. Still perhaps the money raised will cover the cost of the extra casualties there will be on the N125. So no gain just tragic losses

TONY MORGAN, Guia

Surgery in Italy

SIR, Surely surgeons in Italy do not perform operations with their bare hands, as depicted in the photograph on Page 9 of The Portugal News last week. If they do, then that is one country I certainly won't be going to for medical care!

JANE BRAY (RGN retired), Bensafim

Have a laugh on me

SIR, This response to Arthur Pearson's question "Is Ron Lavery married to Pam Ayres?" (Letters 18th Sept) was meant for last week but, like many others, an electrical storm zapped my connection to the internet for six days and I missed the deadline. To answer his enquiry, I can assure him that I am not married to Pam Ayres but I sure can fantasize about being a kept man living off her royalties!

I am a great fan of Pam Ayres and thank him for the link to a hilarious poem I'd not heard before. I doubt whether many readers will have managed to enter correctly the 40 digit link he provided - I couldn't! — but 'knowing everything', as I am alleged to do, means I know that Google's

ability to carry out a successful search with the minimum of information is astounding. So, for readers who were unsuccessful with the 40 digit gobbledygook link and would like a good laugh at my expense, all they need to do is type into Google: 'You Tube Pam Ayres' and scroll down to a poem called 'They should have asked my husband.' Like me, they won't have laughed so much for a long time. Nice one Arthur, thank you!

A lot of puzzle page fans will be grateful for your decision to heed Linda Hartley's suggestion to revert to black on white. So much easier on the eyes!

RONLAVERY, By e-mail

Colour blind ?

SIR, I must professionally disagree somewhat with the erudite Mr. Lavery on this subject and explain to your readers the inadvertent benefits to their ocular health occasioned by your multi-coloured printing. Apart from adding visual interest to the puzzle page, it also acts as a form of sight-testing and ocular disease screener. For example if you can see the red print better than the green you are probably suffering from the word following 'pyre' in the 18th September code-word. If the orange is easier to see than the rose and particularly if any of the squares in the sudoku appear distorted then you may well have macular degeneration. If the lower part is blurred and the top clear you may be suffering from glaucoma.

There are many other condi-

tions which can be indicated by similar means and in fact many artists sight problems have been analysed from their pictures - Van Gogh's mainly reds and oranges indicate short-sightedness, Monet's blues indicate long-sightedness, Constable's elongated and sloping buildings indicate astigmatism. An interesting subject indeed and I must congratulate you on your foresight and for bringing me more business in terms of people wanting help with their 'News' puzzles.

ROY CARPENTER, F.B.C.O. Optometrist (U.K.), Carveiro

The rubbish and litter situation

SIR, I find it utterly amazing that so many people keep writing and you keep printing my letters and others re the appalling amount of litter and rubbish that seems to be absolutely everywhere now in the Algarve. Does the tourist board really expect our visitors to turn a blind eye to it. I think not.

I have to say that the Loulé Câmara does organise a clear up once or twice a year on our north to Querença road, in fact it was done about five weeks ago, BUT alas a couple of days later there are bags of rubbish hurled on the roadsides, plus the usual drink cartons and plastic water bottles. I have always respected the Portuguese for their cleanliness, but nowadays no one here seems to really give a damn. I often follow cars and hey ho out the windows comes the cigarette packet and the drink bottles and the tissues!

The other matter that has astounded me is that on either side of the new Loulé - A22 bypass, which has numerous anti noise panels along the side of it, no one ever thought to install hidden cameras to catch red handed the graffiti merchants, who to my mind should be fined heavily and

made to wash it off. What a lost opportunity.

Come on Algarve get your act cleaned up or there won't be the tourism of the future. Let's get anyone that is on benefit out there to pick it all up. Heavy fines must be imposed to stop this ruination of what is one of the most beautiful parts of Europe by far. Also while I'm writing I would like to say that as I live in the hunting reservation how about telling the hunting club Terra de Loulé to tell their members to stop chucking their paper rubbish especially the toilet paper, and also not to abandon their poor little dogs, just because they do not know how to train them to return when the day is done.

JANET BENTLEY, Bye-mail

Info on shrimp farming please

SIR, I must admit I have not spent much time in the past delving into the underwater world at the bottom of the ribeiro that runs through my garden, however, this year has been a trifle unusual. First we had rain, rain and more rain, and some of the retaining walls collapsed. Then the water did not dry up at the end of May as is usual, but kept trickling along all through the summer. This has encouraged a rich fauna, including turtles (with a bunch of babies), some useful sized fish, and a whole host of smaller fish.

However, the flow has suddenly ceased and the water course is drying out. The other day I was down in one of the pools which, as they shrink, are putting the fish under serious stress. I can't catch them as they are too fast for me, but I assume the heron is having a good time. But I've noticed a whole wedge of birds at the water's edge. They are obviously eating the minnows, but I was surprised to notice dozens and dozens of shrimp carcasses. I had no idea that fresh

water shrimps lived in our rivers, and was not aware that they were pink. I thought they went pink when cooked. Or do they turn that colour when dead?

Can anyone suggest whether it is feasible to breed shrimp here. I am very fond of prawns and langoustines, and the like, and would love to eat some that have not been fed bucket loads of chemicals. If anyone knows about these sort of things I'd like to talk.

JOHN CLARE, Arão

'Star Prize' - Royal Caribbean Cruise

SIR, As the Star Prize winner of the cruise at the Lagoa Fayre earlier this year we had the good fortune to take a cruise in September around the Med. calling at Villefranche, Rome, Sardinia and Palma and we had a wonderful time thank you very much.

As first time cruisers we wondered what to expect and we couldn't have been more pleased. The ship, staff, food, entertainment and accommodation were first class. We definitely plan to do this again. Having read some of the reviews in your travel pages, we just can't decide where and when.

Melair arranged everything for us, even the coach trip to Malaga direct from Albufeira. They made it simple and trouble free. I have written to Ana Pais at Melair separately to thank her for her assistance.

Once, again, thank you so much for giving us the opportunity to experience this trip, everything about it was fantastic.

We are looking forward to the next Lagoa Fayre.

JULIE WOODHOUSE, By e-mail

Road safety

SIR, While on holiday in Portugal I picked-up The Portugal News of 11th September containing Mr. Webb's letter about road safety. I don't understand his problem. When I learnt to ride a motorcycle, more than 50 years ago, I was given two good pieces of advice:

- * Always ride defensively
- * Always assume all other drivers and riders are total idiots.

I carried over the advice when I graduated to cars. For example, after checking the mirrors, I still glance over my shoulder when changing lane.

Over the last 40+ years I've driven widely in West Europe and America and, for the last nine years, have driven from the UK to my holidays in Portugal. So I think I'm reasonably well qualified to comment on driving standards.

Personally, I never found any significant lack of the use of indicators. In my experience, the two more dangerous issues, especially in France, Portugal and Spain, are tailgating and inadvisable, ambitious and hazardous overtaking approaching blind bends and crests on single carriageway roads. They are not confined to young, boy racers; they are habits of all drivers, regardless of age and sex and are so widespread they are raised to almost national obsessions.

However, there is one area where almost all Continental drivers could educate British drivers - lane discipline on motorways and dual carriageways.

Perhaps, if Mr. Webb left a suitable gap to the car in front and drove defensively, the apparent lack of the use of indicators would not be such a problem.

COLIN CLAPSHOE, By e-mail

Portuguese for All

Emília Rosendo

Today's lesson deals with the formation of the *Presente do Conjuntivo* (Present Subjunctive) of irregular verbs *conhecer* and *pedir*.

	CONHECER	PEDIR
eu	conheça	peça
tu	conheças	peças
ele		
ela	conheça	peça
você		
nós	conheçamos	peçamos
eles		
elas	conheçam	peçam
vocês		

NOTE: Verbs in "-cer" have the same endings as "conhecer" in *Presente do Conjuntivo*.

① Finish each sentence with the remark which follows. Use *Presente do Conjuntivo*, as in the example below.

❖ Aqueles meninos são órfãos. É pena que (eles/ não conhecer) eles não conheçam os pais.

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THIS LESSON:
Verbs "conhecer" and
"pedir" in *Presente do Conjuntivo*.

- a) A Ana é tão gulosa! É bem provável que, para a sobremesa, (ela/ pedir) bolo de chocolate ao empregado de mesa.
- b) O André é tão mentiroso! Duvido que (ele/ conhecer) pessoalmente muitos actores, músicos, cantores e futebolistas famosos.
- c) Não tenho muita fome. Talvez (eu/ pedir) somente uma salada de frango para o almoço.
- d) O Rui está muito ofendido contigo. Ele exige que (tu/ (lhe) pedir) imediatamente desculpas.
- e) Já não estamos no verão. É natural que a temperatura (arrefecer) de dia para dia.
- f) Eu nunca estive nesta cidade! Só espero que (tu/ conhecer) alguma boa pensão no centro.
- g) O António convidou-nos para um serão entre amigos na casa dele. Talvez (nós/ aparecer).
- h) A nossa colega Teresa tem um novo namorado. Ela quer que (nós/ (o) conhecer).
- i) Eles querem comprar um carro novo mas não têm o dinheiro todo. É provável que (eles/ pedir) um empréstimo ao banco.
- j) As crianças dizem que o leite está frio. Elas querem que (eu/ (o) aquecer) no microondas.



Serious and violent crime dropped by 11.3 percent during the first six months of this year, according to Minister Rui Pereira, who revealed that violent and serious crime had fallen by 11.3 percent this year in comparison to the first half of 2009.

He added that general crime had also dropped by 3.1 percent during the first six months of this year. Minister Pereira believes a new Weapons Law has contributed to the decrease in crime.

"The Weapons Law is not completely disassociated to this positive evolution in crime", Rui Pereira said in Parliament, where he proposed alteration to the law.

The suggested changes would include the decriminalization of weapon licence holders, should they use their weapons when the

licence has expired. The Minister proposes this action be downgraded from a 'crime' to an 'offence'.

To avoid licences expiring, the holders will be given a 60-day warning.

The proposal further suggests a simplified one-step procedure be implemented for hunters who until now have been legally required to have two licences, one a hunter's licence and another the other to carry a weapon for the purpose.

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Beginner's guide to burning CDs and DVDs - Part 3



Ever since CD and DVD-burning facilities were first included in Windows, companies such as Nero and Roxio have been searching for other ways of convincing us to buy their software.

Their answer to this tricky conundrum has been to create suites of media tools, and over the years their offerings have mushroomed into vast, sprawling - and sometimes chaotic - collections of every media utility under the sun.

Nero Multimedia Suite 10

Nero's suite of multimedia software has grown in recent years to include video editing, multitrack audio support and Blu-ray authoring.

Now in its tenth edition, there's plenty of new stuff to play with. The application launcher has been given a makeover and the general look is slightly less old-fashioned than before and cleaner too, but it isn't as sleek and modern as its rival CyberLink Media Suite 8.

Fortunately for Nero, the many added features are more important than its creaking design. Nero is pushing its photo, video and music organiser software hardest, although I'm not quite sure why. The application allows you to browse, edit and tag photos, and display slideshows, create playlists and movies, all from the one interface. It's neat and tidy enough, but there's a little here that Picasa doesn't do, and plenty of features it leaves out.

Movie playback, although competent, isn't currently as flexible as PowerDVD 9 (the player included with CyberLink Media Suite 8). The latter can be upgraded to play back Blu-ray movie discs; Nero can't, unless you purchase a special plugin which will only be available towards the end of 2010.

Also new is the full version of Nero's backup product, BackItUp & Burn. This is a far more useful addition than the media organiser and includes incremental and differential backups, plus deleted file recovery.

Elsewhere, there's an array of useful disc-burning options, from ISO image burning to disc spanning, and also the potentially invaluable SecurDisc feature, which allows you to burn redundancy, password

protection and encryption into your optical data discs. Useful for those "private data left in the back of a taxi" moments.

But the most significant upgrade comes courtesy of Nero's video-editing application, Nero Vision Xtra. Where the previous version offered a streamlined, easy-to-use interface matched with basic facilities, Multimedia Suite 10 adds a series of more serious features. Foremost is support for more tracks - you can now add more than just the one main video track, so enabling picture-in-picture support and an array of other effects.

Thanks to Nero's efficient collection of video codecs, the most impressive thing is that editing HD video does not require a PC of Herculean power. I found editing 1080p AVCHD (Advanced Video Coding High Definition) footage a smooth and responsive affair, and only when three or four demanding effects were applied did playback in the editor begin to stutter. Throw in Blu-ray authoring, CUDA support for AVCHD encoding plus Facebook and YouTube upload options, and you have a great value video editor.

Its main weakness is a cluttered editing screen and an occasionally illogical approach to control placement. Even on a relatively high-resolution screen I found myself clicking to expand and collapse the media manager, effects stack and track 'Properties' panes; there's simply too much crammed into one screen. I'm not too impressed with the general lack of stability either - on a couple of occasions when editing a project I found it to mysteriously and instantaneously shut down.

Altogether, though, the components of Nero Multimedia Suite 10 go together to make up a tempting package, on a par with its main rival, CyberLink Media Suite 8. It even pulls ahead in some departments, with its backup module and superior video-editing power. But stability is a concern, and it falls behind CyberLink Media Suite 8 in its lack of Blu-ray playback.

CyberLink Media Suite 8

Windows is so stuffed with extras that media software bundles have a tough time justifying themselves. Even advanced functions, such as video editing, are covered by Microsoft's Live Essentials, while photo management and editing can be had for free via the excellent Google Picasa 3.5. So is there any reason to

buy CyberLink's Media Suite 8 bundle?

At first glance, you could be forgiven for thinking not - after all, its main selling points are its media management, video-editing and photo-editing capabilities - but take a closer look, and you might change your mind. Instead of bit-part applications, which bundles such as this so often include, Media Suite 8 comprises grown-up versions of the company's video and photo applications. For video editing, you get a full version of PowerDirector 8, which not only supports a wide range of video codecs but is also packed with features. You get GPU acceleration support for both ATI Stream and Nvidia CUDA, plus advanced features such as particle effects, video noise reduction and interpolated slow-motion.

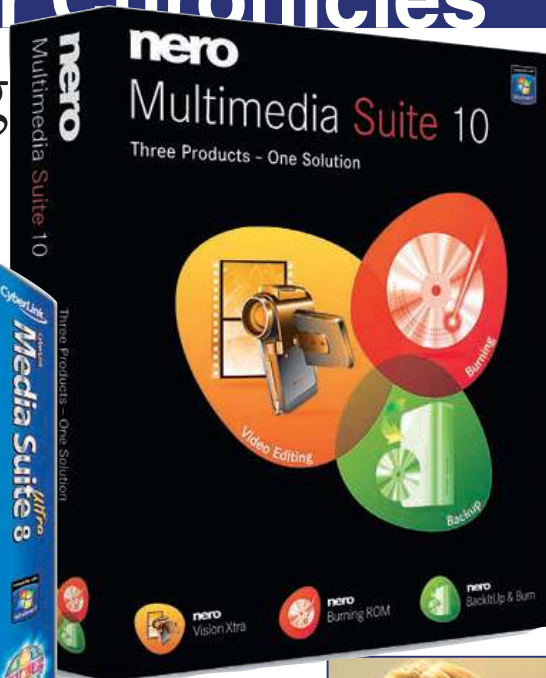
There are plenty of video and audio tracks to play with, plus a decent selection of output options, including the ability to write AVCHD footage to DVD media, so you can watch Full HD on a Blu-ray player.

For photos, the package includes CyberLink's MediaShow 5 application, which is similar in scope to Google's Picasa 3.5. The package includes face recognition and tagging tools and, as with PowerDirector, MediaShow offers both ATI Stream and Nvidia CUDA acceleration. With or without the acceleration, MediaShow's analysis is nippier than that of Picasa.

It's also worth noting MediaShow's support for video is broader than that of Picasa and boasts more impressive quick-editing facilities, including colour correction and software-based image stabilisation.

Elsewhere you get a basic audio-editing app with support for various plugins, and the Ultra version includes PowerDVD 9, a movie player that includes not only decent DVD upscaling and broad format support, but also full-fat Blu-ray playback facilities. That means there's support for BD-Live, HDMI 1.3, Dolby TrueHD and DTS-HD audio.

The weakness of this package lies not in its component parts, but in the way they all fit together. The launch console is neat enough, keeping the number of options down and the language simple, but the workflow doesn't quite hang together in the way it should. Rather than offering a single application for managing photos and videos, Media Suite offers one for each.



MediaShow; not the obvious choice.

Click through to the photo-management tool, and it will offer to import both pictures and video, and save both filetypes to your photo folders by default. Unless you're careful, your media library is going to become very confusing. Likewise, when you click the 'Edit video' option while in the video-management tool it will whisk you away, not to the main PowerDirector tool, but to

The key question is how this all stacks up against the competition. Cyberlink's Media Suite 8 offers superior core components to rival suites such as Nero Multimedia Suite 10 and Roxio Creator 2010 and offers great value for money. Next week I will complete my Beginners Guide to burning CDs and DVDs with a review of Roxio Creator 2010.



Kurt Pardon • I.T. Director
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NORTH

DAILY

CALDAS DA RAINHA

Museu José Malhoa - Paintings, sculptures, drawings, watercolours and ceramics in temporary and permanent exhibitions - Parque D. Carlos I - T. 262 831 984

CALDAS DA RAINHA

Municipal Museum - Since 1985 the construction of António Duarte Atelier and Museum, the Local Council of Caldas da Rainha has been constructing one of the most important nucleus of Portuguese Sculpture of the 20th century. The exhibit, conservation, study and divulgation of the collections is divided between the three museums - T. 262 840 280

ESPINHO

Dance Show The Michael Jackson 'Tribute Dance' - Casino de Espinho daily - 20h30 (dinner) and 22h30 (show) - €20 (dinner-show, Sunday to Thursday) €32.50 (dinner-show, Friday and Saturday) - T. 227 335 500 - www.solveverde.pt

GUARDA

Museu Municipal de Arte Moderna Abel Manta - The collection includes works by Carlos Botelho, Júlio Resende, Menez, Paula Rego, Vespeiro, António Dacosta and many others - Open: Tuesday to Sunday from 10h00 to 12h30 and from 14h00 to 17h00 - Free entrance - Rua Direita, 45, Gouveia - T. 238 493 648

PORTO

Casa da Música - Guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before visit - Price: €2; Free for children under 12 - T. 220 120 214 - Avenida da Boavista, 604-610 - www.casadamusica.com

PORTO

Serralves Foundation - Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & Casa de Serralves) Sun: 15h-16h - Visits to the park; Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Location: Rua D. João de Castro, 210 - T. 226 156 584 - www.serralves.pt

October 10

PORTO

Bollywood Show at Casa da Música - 21h00 - Tickets: €30 (see bottom right of page) - Avenida da Boavista, 604-610 - T. 220 120 214

October 14

PORTO

The Sleeping Beauty from Tchaikovsky by the Russian State Ballet - 21h30 - Coliseu do Porto - Tickets: €15 to €45 - Reservations: 707 234 234 - T. 223 394 940

October 21 to 24

PORTO

Lord of the Dance (Irish Popular Dance) - Coliseu do Porto - Tickets: See bottom right of page

October 27

PORTO

Tindersticks in Concert - Coliseu do Porto - 21h00 - Ticket prices: €20 to €35 - Rua Passos Manuel, 137 - T. 223 394 940

Until October 30

PORTO

Art Exhibition 'Monopoly World - Sloth' by Isabelle Faria - Galeria 111 - Rua D. Manuel II, 246 - Open Mon-Sat: 10h-12h30; 15h-19h30; Closed Mon & Sat morning, Sun & public holidays - T. 226 093 279 - info@111.pt - www.111.pt

November 11 to 20

GUIMARÃES

Guimarães Jazz 2010 by Charles Lloyd, Kenny Garrett, Dave Liebman, Joe Lovano, Ravi Coltrane, Gonzalo Rubalcaba, New York Composers Orchestra, among others - Centro Cultural Vila Flor - T. 253 4274 700

November 16 to 21

PORTO

Tchaikovsky's Swan Lake on Ice by the Imperial Ice Stars - Artistic Director Tony Mercer - Coliseu do Porto - T. 223 394 940

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CENTRE

Daily

CASCAIS

Cascais Cultural Centre - Concerts, shows, exhibitions, & other events - shops, coffee shop & terrace - Open: 10h00-18h00 (Closed Mon) - Av. Rei Humberto II de Itália - T. 214 848 900

CASCAIS

Sea Museum 'Rei D. Carlos' - Rua Júlio Pereira de Mello - 10h-19h; closed Mon & holidays - T. 214 825 400

ESTORIL

Casino Estoril - Praça José Teodoro dos Santos - T. 214 667 700 - info.estoril@estoril-sol.com

LISBON

Mercado da Ribeira - On the riverfront, this popular market is the Coolest Place in Town - Crafts, events, gastronomy - Av. 24 de Julho

LISBON

National Coach Museum - Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family - Open: 10h-17h30 (Closed Mondays and public holidays) - Praça Afonso de Albuquerque - T. 213610850

LISBON

Oceanarium - Spectacular design by Peter Chermayeff, it is one of Europe's biggest oceanarium - Park of Nations - 10h-18h - T. 218 917 002

LISBON

Influx contemporary - A museum dedicated to African Contemporary Art - Open from Wednesday to Saturday from 14h00 to 19h00 - Rua Fernando Vaz, 20B - T. 918 501 234 - www.influxcontemporary.com

SANTARÉM

Visit the Casa-Museu Braamcamp Freire on Rua Braamcamp Freire - T. 234 304 480/1

SINTRA

Exhibitions at Galeria Municipal de Sintra - Praça da República, 23 (Turismo Building) 1st floor - T. 219 238 728 - www.cm-sintra.pt

October 2 & 3

SINTRA

Art Fair from 11am to 7pm In

conjunction with the 'festas' in Almoçageme - Tables with Decorative Art, Tiles, Hancraft, Jewellery and wool items as well as paintings and etchings from the Sintra arte group.

October 10

LISBON

Concert by Camané - Grand Auditorium of Centro Cultural de Belém - 21h00 - T. 213 612 400

October 13 to 17

LISBON

Lord of the Dance (Irish Popular Dance) - Coliseu - Tickets: See bottom right of page

October 13 to 24

LISBON

Cirque du Soleil 'Saltimbanco' - The acclaimed acrobatic artists of Cirque du Soleil will perform at Sala Atlântico of the Atlantic Pavilion - Park of Nations - Tickets: See bottom right of page

November 5 & 6

LISBON

Concert 'Uma Viagem até ao Som da Sétima Arte' (A Journey to the Sound of Cinema Art) by the Lisbon Film Orchestra at Aula Magna - On the 6th at 16h00 there will be a special session for children with music from children's films - Aula Magna is situated on Alameda das Universidades, Cidade Universitária - T. 210 113 400/406 / Fax: 217 963 151 - Ticket prices: €20, €25 and €35 - Ticket sales: Please see bottom right of page and www.ticketline.sapo.pt or 707 234 234

November 12

LISBON

Concert by Interpol - 21h00 - Campo Pequeno (Praça do Campo Pequeno) - T. 217 932 093

November 21

LISBON

Shakira in Concert - Sala Atlântico of Atlantic Pavilion - Park of Nations

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SOUTH

Daily

LAGOS

Charity Shop in Almádena - Charity Shop in what was old supermarket on the square past 'Brody' and 'O Poço' restaurants - LAPS - Lagos Animal Protection Society - T. 282 687 334

SILVES

Exhibition of artwork by Hilary Cunningham - Vivenda Rosal Pedreira - Watercolour, pen ink & wash, oil & pastel. Prior to visit, please call 282 332 190 or 917 169 053

October 2 & 3

SILVES

Live Music at 20h30 - Café Inglês on the steps of Silves Castle

Until October 4

ALMANCEL

International Print Exhibition at Vale do Lobo Art Gallery - From silkscreen, lithograph and relief printing to etching, engraving and woodcut - Artists: David Almeida, Susan Norrie, Rafael Canales and Gunter Grass - Open from 10h00 to 19h00 - The entrance is free - T. 289 353 256 - www.valedolobo.com

Until October 7

MONCHIQUE

Paintings at Galeria Santo António by the Austrian artist Johanna Roth - opening hours: Tuesday from 12am till 7 pm and Wednesday to Friday and Sunday from 12am till 4pm - More details at www.artegalgarve.net or contact 282 913 130 or 925 004 051

Oct 9 to Nov 10

LAGOA

Painting Exhibition by Tereza Trigalhos 'Ilha dos Imortais' (The Immortals' Island) and by Zoran 'Vestígios' (visible trace) - S. José Convent - T. 282 380 434 - www.cm-lagoa.pt

Oct 9 to Dec 1

ALMANCEL

Sculpture Exhibition (black granite) by Shintaro Nakaoka at Centro Cultural São Lourenço - www.centroculturalsaolourenco.com

October 11

LOULÉ

Painting Exhibition 'Essência da Imagem' (Image Essence) by Nathalie Guerreiro - Casa da Cultura de Loulé - 19h00 - Free Entrance - The objective of the exhibition is to collect funds for APAV-Gabinete de Apoio à Vítima de Loulé (Cabinet of Support to Loulé Victims)

Until October 16

LAGOA

Exhibition '20 Imagens, Lagoa, a República e alguns personagens' (20 images, Lagoa, the Republic and some personalities) - S. José Convent - T. 282 380 434 - www.cm-lagoa.pt

October 16

LAGOA

Concert for trumpet and orchestra in commemoration of the Republic - Pedro Louzeiro Orchestra, Algarve Wind Orchestra, Soloist João Rocha, conductor Carlos Ramalho - Municipal Auditorium - 21h30 - Urb. Lagoa Sol - T. 282 380 452 - www.cm-lagoa.pt

For more events, see our Club and Community Pages - pp26-27 and our Classifieds - pp 58-62

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night.
Websites: www.pavilhaoatlantico.pt / www.ticketline.pt / www.blueticket.pt / Phone numbers: Ticketline 707 234 234 / 707 780 000

October 20

ALMANCEL

Concert by Constantin Sandu (piano) and Horia Vacarescu (violin) - Works from Ludwig van Beethoven and George Enescu - Centro Cultural São Lourenço - 19h30 - Drinks and snacks will be served - Admission: €25 - T. 289 395 475 - ccs@iol.pt

October 23

ALMANCEL

Concert by Constantin Sandu (piano) and Horia Vacarescu (violin) - Works from A. Corelli, E. Chasson, Béla Bartók and F. Schubert - Centro Cultural São Lourenço - 19h30 - Drinks and snacks will be served - Admission: €25 - T. 289 395 475 - ccs@iol.pt

October 28, 29, 30

SÃO BRÁS DE ALPORTEL

Music Hall Revue by Angels Theatre Group at the Museum - New production - Proceeds to benefit Special Needs Holiday Centre - www.angelstheatre.org.uk - e mail theangelstheatreco@live.com - T. 968086181

Until October 30

LAGOA

Exhibition 'Animais do Algarve' by Sylvain Bongard (sculptures) and Tara Esaguy Cohen (drawings) - Atrium of S. José Convent - Rua Joaquim Eugénio Júdice - T. 282 380 434 - atelierbongard@hotmail.com or algarveanimals@hotmail.com

LAGOS

Drawings and Paintings 'Rainhas da Beleza' (Beauty Queens) by Timo Dillner - Art Gallery on Rua Joaquim Tello nº 3 - Monday to Friday from 10h00 to 13h00 and from 15h00 to 19h00 - T. 282 687 053 - www.timodillner.com

Until October 31

PORTIMÃO

Exhibition 'Entre dois séculos e dois regimes e Portimão nos alvares do século XX' (Between two centuries and two regimes and Portimão at the dawn of the 20th century) - Portimão Museum - Tue from 14h30 to 18h00; Wed to Sun from 10h00 to 18h00

SÃO BRÁS DE ALPORTEL

Exhibition by Cruzeiro Seixas: Drawings and tapestries - ZemArte - Armazém de Arte Gallery - Rua Aníbal Rosa da Silva (next to the Fire Station)

PADERNE

Paintings of the Alentejo by American artist, Carolyn Caldwell & English artist, Sally Stafford - Also displays of sculptures, ceramics and art objects for the home - Galeria Corte-Real - Open Thursday to Sunday / 11am until 5pm - Signposted from Paderne, Boiqueime & Ferreiras - T. 918 980 199 or 912 737 762

Until November 27

LOULÉ

Exhibition 'Mendes Cabeçadas e a Primeira República do Algarve' - Municipal Museum

Until December 30

SINES

Exhibition 'O Séc. XX em Sines: uma geografia da memória' (The 20th century in Sines: a memory geography) - Sines Museum de Sines - 269 632 237

Events may be cancelled, delayed or fail to live up to their billing. Send us your events to copy@theportugallnews.com by Tuesday before publication.

PREVIEW



Until October 30

Lisbon - With the approaching Autumn and Winter in mind, the 'Arte da Terra' presents a collection of comfortable pieces made from pure sheep wool woven and worked by hand, combining tradition and modernity in each creation. Miguel

Gigante, a designer from Covilhã, reinvented these pieces of art (jackets, bags, hats and various accessories) in his Atelier Burel. The result being a collection of pieces that correspond to the standards of comfort and modernity of the beginning of the century. A 'Arte da Terra' is a space dedicated to the Portuguese art and is situated on Rua Augusto Rosa, nº 40 (old stables of the church), next to the Cathedral - T. 212 745 975 - E-mail: arte@net.sapo.pt - www.aartedaterra.pt



October 2

Porto - Concerts in celebration of the Music World Day at Casa da Música - Clubbing Non-Stop at Theatre 2 by group bands Mão Morta and Pop Dell'Arte; at Room Suggia 5 Bands will perform; at Bars 1 and 2 by Klint Gonzev, Joe K (Gare Club); at the Restaurant by Senhor Vinhas & Senhor Guimarães; at Sala Roxa, Alvaro Costa presents "Yes, we Can! De Colónia para a Casa... da Música, os Can! a night of kraut rock and others..." - 23h00 - Various Spaces - €10 - T. 220 120 214 - Avenida da Boavista, 604-610 - www.casadamusica.com

Until October 22 - Pera - 8th International Sand Sculpture Festival: Theme: Living World - Open from 10h00 to 24h00 (15th September to 22nd October from 10h00 to 20h00) - Fiesa is located on the EN 524 road between Pera and Algoz (From EN125, at Pera crossroads, follow the indication for Algoz).



ALGARVE

SBC
FORUM ALGARVE
TEL: 289 887 212
30 SEP-6 OCT



1
Resident Evil: Afterlife
Milla Jovovich, Ali Larter
15.30-17.40-19.50-22.00 (00.20 Fri & Sat)
The Sorcerer's Apprentice
Nicolas Cage, Jay Baruchel
(10.20-13.00 Sat & Sun)
2
Hot Tub Time Machine
John Cusack, Rob Corddry
17.15-19.30-21.50 (00.15 Fri & Sat)
Inception
Leonardo DiCaprio, Marion Cotillard
14.10
Marmaduke PV
Owen Wilson, Lee Pace
(10.10 Sat & Sun)
3
Going the Distance
Drew Barrymore, Justin Long
14.50-17.05-19.25-21.40 (23.55 Fri & Sat)
Cats & Dogs 2 - PV
Chris O'Donnell, Bette Midler
(10.40 Sat & Sun)
4
Vampires Suck
Matt Lanter, Ken Jeong
17.00-19.35-21.30 (23.40 Fri & Sat)
Letters to Juliet
Amanda Seyfried, Christopher Egan
14.40
Shrek Forever After
Animation PV
(10.15-12.25 Sat & Sun)
5
Eat Pray Love
Julia Roberts, Javier Bardem
(12.20 Sat & Sun) 15.20-18.15-21.10 (00.10 Fri & Sat)
6
The Switch
Jennifer Aniston, Jason Bateman
16.45-19.00-21.20 (23.35 Fri & Sat)
The Last Airbender
Noah Ringer, Dev Patel
(11.00 Sat & Sun) 14.25
7
Wall Street 2
Michael Douglas, Shia LaBeouf
15.15-18.10-21.00 (00.00 Fri & Sat)
Toy Story 3
Animation PV
(10.25-12.50 Sat & Sun)
8
The Karate Kid
Jaden Smith, Jackie Chan
(10.30 Sat & Sun) 13.25-18.50
Dinner for Schmucks
Steve Carell, Paul Rudd
16.20-21.45 (00.25 Fri & Sat)
9
Hachiko: A Dog's Story
Richard Gere, Joan Allen
(12.45 Sat & Sun) 15.00-17.10-19.20-21.35
Inception
Leonardo DiCaprio, Marion Cotillard
(23.45 Fri & Sat)

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ALGARVES SHOPPING
TEL: 707 220 220
30 SEP-6 OCT

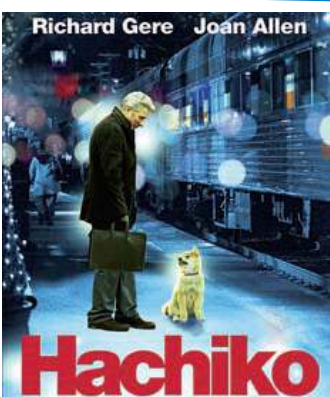


1
The Switch
Jennifer Aniston, Jason Bateman
13.20-15.50-18.45-21.25 (00.15 Fri & Sat)
2
Resident Evil: Afterlife 3D
Milla Jovovich, Ali Larter
12.55-15.00-17.05-19.15-21.30 (23.40 Fri & Sat)
3
Hot Tub Time Machine
John Cusack, Rob Corddry
13.30-16.00-18.40-21.35 (00.00 Fri & Sat)
4
Going the Distance
Drew Barrymore, Justin Long
13.40-16.10-18.30-21.45 (00.05 Fri & Sat)
5
Cats & Dogs 2 - PV
Chris O'Donnell, Bette Midler
13.15-15.15-17.15-19.10
Dinner for Schmucks
Steve Carell, Paul Rudd
21.15 (23.45 Fri & Sat)
6
Wall Street 2
Michael Douglas, Shia LaBeouf
12.50-15.35-18.25-21.10 (23.55 Fri & Sat)
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Vampires Suck
Matt Lanter, Ken Jeong
13.00-15.05-17.10-19.20-21.40 (23.50 Fri & Sat)
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Eat Pray Love
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The Sorcerer's Apprentice
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13.10-15.40-18.10-21.00 (23.30 Fri & Sat)
CASTELLO LOPES CINEMAS
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30 SEP-6 OCT



1
Eat Pray Love
Julia Roberts, Javier Bardem
12.50-15.50-18.40-21.30 (00.15 Fri & Sat)
2
Vampires Suck
Matt Lanter, Ken Jeong
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Wall Street 2
Michael Douglas, Shia LaBeouf
13.00-15.45-18.30-21.20 (00.05 Fri & Sat)
6
Resident Evil: Afterlife 3D
Milla Jovovich, Ali Larter
13.10-15.20-17.30-19.40-22.00 (00.10 Fri & Sat)

Title: Eat Pray Love
Genre: Drama | Romance
Stars: Julia Roberts, Javier Bardem, James Franco, Billy Crudup
Director: Ryan Murphy
Synopsis: A married woman realizes how unhappy her marriage really is, and that her life needs to go in a different direction. After a painful divorce, she takes off on a round-the-world journey to "find herself". Based on the memoir by Elizabeth Gilbert.



Title: Hachiko: A Dog's Story
Genre: Drama | Family
Stars: Richard Gere, Joan Allen, Cary-Hiroyuki Tagawa, Sarah Roemer
Director: Lasse Hallström
Synopsis: A university professor takes in a dog he finds abandoned, and both find their lives changed forever as they form an unbreakable bond. A remake of the Japanese film about an Akita Inu's relationship with its owner, based on the true tale of a faithful Akita dog that kept vigil for nearly a decade, waiting for his master who died and didn't return home. The dog is celebrated by the Japanese each year, and a statue was erected in his honour in Tokyo. Hachiko is played by three Akita Inus named Chico, Layla and Forrest - each playing a different period in Hachiko's life.



Title: Vampires Suck
Genre: Comedy | Spoof
Stars: Matt Lanter, Jenn Proske, Ken Jeong, Diedrich Bader, Chris Riggi
Director: Jason Friedberg, Aaron Seltzer
Synopsis: Becca, an anxious, non-vampire teen, is torn between two boys. Before she can choose, Becca must get around her controlling father. Meanwhile, Becca's friends contend with their own romantic issues - all of which collide at the prom.



Title: Daybreakers
Genre: Action | Horror | Thriller
Stars: Ethan Hawke, Sam Neill, Willem Dafoe, Claudia Karvan, Jay Laga'aia
Director: Michael Spierig, Peter Spierig
Synopsis: In the year 2019, a plague has transformed most humans into vampires. Faced with a dwindling blood supply, the fractured dominant race plots their survival. Meanwhile, a



researcher works with a covert band of vampires on a way to save the human race.

www.theportugalnews.com

Castello Lopes Cinemas
Tel: 707 220 220
www.castellolopescinemas.com

UCI Cinemas
Tel: 707 23 22 21
www.uciportugal.pt

Zon Lusomundo Cinemas
Tel: 707 24 63 62
www.zonlusomundo.pt

OV = Original Version
PV = Portuguese Version

Film Classification

Eat Pray Love - M/12
Hachiko: A Dog's Story - M/12
Vampires Suck - M/12
Daybreakers - M/12
Going the Distance - M/12
Babies - M/12
Wall Street 2 - M/12
Hot Tub Time Machine - M/16
After Life - M/12
Resident Evil: Afterlife - M/12
The Karate Kid - M/12
Salt - M/12

M/4 - Four years and over
M/6 - Six years and over
M/12 - 12 years and over
M/16 - 16 years and over
M/18 - 18 years and over

SATURDAY 02/10/10

00:45	The Zone: TV News Headlines.	06:10	Pinet Cook.
02:45	03:45 Raines.	06:15	Go Gubba Gubba.
03:45	TV Nighter reem.	06:20	Go Gubba Gubba.
		06:25	Superhero World.
		06:30	Championship 2010.
		07:05	The Morning Line.
		08:25	14: One Tree Hill.
		09:05	14: The Hills.
		10:50	14: The Hollywood Music Show Playlist.
		11:20	14: Album Chart.
			Show Special: Mark
			Business Int.
		11:50	14: Friends.
		12:20	14: Friends.
		12:50	14: Scrubs.
		13:20	14: The Show at 4 Pacing.
		13:50	Channel 4 Racing.
		15:55	Come One with Me.
		16:25	Come One with Me.
		17:30	Come One with Me.
		18:00	Come One with Me.
		18:30	Channel 4 News.
		18:55	4thoughtTV.
		21:00	Stephen Hawking's
		21:00	FILM: Die Hard 2
			(1990).
		23:15	FILM: Pump Boath
		00:45	One Lucky
		00:45	Lucky Day (2008).
		00:50	Studio 60 on the Sunset Strip.
		03:50	FILM: The Eve of St
		05:25	55: Counting

SUNDAY 03/10/10

[illegible]

MONDAY 04/10/10

[illegible]

TUESDAY 05/10/10

BBC1	06.00 Breakfast	06.00 Breakfast	06.00 Breakfast
	07.00 News at Ten	07.00 News at Ten	07.00 News at Ten
	09.15 Hit Hunters	09.15 Hit Hunters	09.15 Hit Hunters
	10.00 Home News	10.00 Home News	10.00 Home News
	Hammer, BBC News; Weather	Hammer, BBC News; Weather	Hammer, BBC News; Weather
	11.00 Commonwealth Games	11.00 Commonwealth Games	11.00 Commonwealth Games
	12.00 BBC News; Weather	12.00 BBC News; Weather	12.00 BBC News; Weather
	13.00 BBC News; Weather	13.00 BBC News; Weather	13.00 BBC News; Weather
	13.30 BBC News; Weather	13.30 BBC News; Weather	13.30 BBC News; Weather
	14.00 Weather	14.00 Weather	14.00 Weather
BBC2	14.15 Accents	14.15 Accents	14.15 Accents
	14.30 Accents	14.30 Accents	14.30 Accents
	14.45 Commonwealth Games	14.45 Commonwealth Games	14.45 Commonwealth Games
	17.00 Home News	17.00 Home News	17.00 Home News
	17.15 Commonwealth Games	17.15 Commonwealth Games	17.15 Commonwealth Games
	18.00 BBC News; Weather	18.00 BBC News; Weather	18.00 BBC News; Weather
	19.00 News at Ten	19.00 News at Ten	19.00 News at Ten
	19.30 EastEnders	19.30 EastEnders	19.30 EastEnders
	20.00 Regional Programmes	20.00 Regional Programmes	20.00 Regional Programmes
	21.00 The One Show	21.00 The One Show	21.00 The One Show
Channel 4	06.10 Planet Cook	06.10 Planet Cook	06.10 Planet Cook
	06.30 To Gallop Gabb	06.30 To Gallop Gabb	06.30 To Gallop Gabb
	06.45 To Gallop Gabb	06.45 To Gallop Gabb	06.45 To Gallop Gabb
	07.30 Everybody Loves Raymond	07.30 Everybody Loves Raymond	07.30 Everybody Loves Raymond
	07.55 Everybody Loves Raymond	07.55 Everybody Loves Raymond	07.55 Everybody Loves Raymond
	08.25 Everybody Loves Raymond	08.25 Everybody Loves Raymond	08.25 Everybody Loves Raymond
	08.55 Friends	08.55 Friends	08.55 Friends
	09.30 Lads on a Plate	09.30 Lads on a Plate	09.30 Lads on a Plate
	10.00 The Good Wife	10.00 The Good Wife	10.00 The Good Wife
	11.00 Desperate Housewives	11.00 Desperate Housewives	11.00 Desperate Housewives
Channel 5	12.00 Channel 4 News Summary	12.00 Channel 4 News Summary	12.00 Channel 4 News Summary
	12.05 FLM The Quiet Man (1952)	12.05 FLM The Quiet Man (1952)	12.05 FLM The Quiet Man (1952)
	14.05 Was on a Plate	14.05 Was on a Plate	14.05 Was on a Plate
	14.55 World's Perfect Recall	14.55 World's Perfect Recall	14.55 World's Perfect Recall
	15.25 Countdown	15.25 Countdown	15.25 Countdown
	16.10 Deal or No Deal	16.10 Deal or No Deal	16.10 Deal or No Deal
	17.00 Come One With Me	17.00 Come One With Me	17.00 Come One With Me
	17.30 The Simpsons	17.30 The Simpsons	17.30 The Simpsons
	18.30 Hollyoaks	18.30 Hollyoaks	18.30 Hollyoaks
	19.00 Channel 4 News	19.00 Channel 4 News	19.00 Channel 4 News
BBC2	19.35 Thoughtful	19.35 Thoughtful	19.35 Thoughtful
	19.55 The Simpsons	19.55 The Simpsons	19.55 The Simpsons
	20.00 Ramsay's Best	20.00 Ramsay's Best	20.00 Ramsay's Best
	20.30 Ramsay's Best	20.30 Ramsay's Best	20.30 Ramsay's Best
	20.40 BBC News	20.40 BBC News	20.40 BBC News
	20.50 BBC News	20.50 BBC News	20.50 BBC News
	21.00 BBC News	21.00 BBC News	21.00 BBC News
	21.15 BBC News	21.15 BBC News	21.15 BBC News
	21.30 BBC News	21.30 BBC News	21.30 BBC News
	21.45 BBC News	21.45 BBC News	21.45 BBC News

WEDNESDAY 06/10/10


[illegible]

THURSDAY 07/10/10

[illegible]

FRIDAY 08/10/10

19.30	Constitution Street	12.05	Real Courage Brags
20.00	Cheah Kingdom	12.15	The Legend of the Hidden
21.30	Constitution Street	12.30	Lakes on a Plate
22.00	Fan O'Grady Live	14.00	Wagtail's Perfect Recall
22.30	News at Ten and London News and Weather	15.05	Countdown
22.35	FLM: American Pie Presents Band Camp	17.00	Come One With Me
23.00	FLM: American Pie Presents Band Camp	17.30	The Simpsons
00.15	The Zone; ITV News	18.30	Hollyhocks
02.20	FLM: Out of Africa	19.25	Height of the Storm
05.00	1970s Top Gear		
	Channel 4		
06.30	Planet Rock		
07.00	Top Gear		
07.00	Freshly Squeezed		
07.30	Everybody Loves Raymond		
07.55	Everybody Loves Raymond		
08.25	Freshly Squeezed		
09.30	Lakes on a Plate		
10.00	Win Swap USA		
11.00	Win Swap USA		
11.30	Channel 4 News		
12.00	Channel 4 News		
	Summer		
12.05	Real Courage Brags		
12.15	The Legend of the Hidden		
12.30	Lakes on a Plate		
14.00	Wagtail's Perfect Recall		
15.05	Countdown		
17.00	Come One With Me		
17.30	The Simpsons		
18.30	Hollyhocks		
19.25	Height of the Storm		
	Channel 5		
06.00	Broadcast		
07.00	Home Under the Hammer		
08.00	Home Under the Hammer		
09.00	BBC News		
10.00	1.00 Live Commonwealth		
11.00	1.00 Live Commonwealth		
12.00	BBC News		
13.00	BBC News		
13.30	1.00 Live Commonwealth		
14.00	1.00 Live Commonwealth		
15.00	Doctors		
16.00	Doctors		
17.00	1.00 Live Commonwealth		
18.00	BBC News		
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Anglicans on Fire

Lots of Live Music • Modern Liturgy
Holy Communion • Time of Welcome
on THIS SUNDAY

6pm • Conviento de S. José LAGOA
info@allsaints.lagoa.org
www.allsaints.lagoa.org

ALL SAINTS CHURCH LAGOA

6pm • Convento de S. José LAGOA
nfo@allsaintsalarve.org •
www.allsaintsalarve.org

08:30 Daybreak	09:25 The Jeremy Kyle Show	10:30 This Morning	11:30 Loose Women	12:30 The News	13:35 London News and Weather	14:00 60 Minute Makeover	15:00 Secret Dealers	16:00 Mistaken Murders	17:00 The Alan Titchmarsh Show	18:00 London Tonight	18:30 Weather and Weather	19:00 Emmerdale	19:30 Coronation Street
Pass (2004)	17:00 Five News	17:00 Fighting Back	18:25 Live from Studio Five	19:30 Five News at 7	20:00 The News Update	21:00 Roy and Paddy's Five News at 7	22:00 Even Greater British Adventure	23:00 Police Assassins	00:00 Cops in Crisis	01:00 Super Casino	04:05 Police Interceptors	04:50 Animal Rescue	05:10 Michael's Wild Challenge

9	13:10	FILM Love's Unfolding Dream
10	13:00	Five News; Weather
11	12:30	17:00 Neighbours
12	13:00	18:00 Home and Away
13	13:00	18:25 Live from Studio Five
14	13:00	19:00 Five News at 7
15	13:00	19:30 Five News Update
16	13:00	20:00 Cowboy Doctors; Five News at 9
17	21:00	NDS
18	22:00	Love & Order
19	22:00	25:30 Law & Order
20	22:55	Police & Order
21	00:50	SuperCasino
22	04:05	Police Interceptors
23	04:35	Animal Rescue
24	05:30	Michael's Wild

04.55 Animal Rescue Squad.
05.10 Michaela's Wild

[illegible]

Weather.
18.30 ITV News and
Weather.
04.55 Animal
Squad
05.10 Michael

ews; Weather.
ours.
and Away.
om Studio Five.
ews at 7.
ear; Five News
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Order: Special
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s.
Rescue
ela's Wild

04.55 Animal Rescue Squad.
05.10 Michaela's Wild

SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Answers next week.

Easy

Medium

Hard

	4	7	8					5		6	8						7		6					2				5
1					9	6	4		3																			
			1														1	4						5				9
						5	6		4															9	5			4
		6					5																	5	4	6		
7		3	4																				7	6			8	
					4																		8			9		
5		9	3	2					6																8	3		
6					1	3	2																		1			7

CODEWORD

Each number in the grid represents a different letter of the alphabet. Decipher the code to fill in the crossword. Three letters are already in place and the check-box and letters either side will help you keep track of progress.



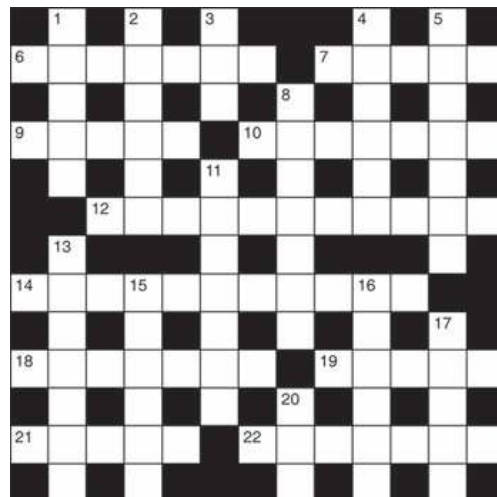
(Right: Last week's solution)

Last weeks solutions:

9	3	1	4	8	5	7	2	6	7	8	9	1	3	6	5	2	4	5	3	6	4	1	2	7	9	8
5	7	8	9	2	6	4	3	1	3	1	4	7	5	2	6	8	9	4	9	2	5	8	7	1	3	6
2	6	4	7	1	3	5	9	8	6	2	5	9	8	4	3	1	7	1	8	7	3	9	6	2	5	4
6	1	3	8	9	4	2	5	7	4	6	1	3	7	5	8	9	2	7	1	5	9	3	4	6	8	2
8	9	2	3	5	7	1	6	4	5	3	2	4	9	8	7	6	1	9	4	3	2	6	8	5	1	7
7	4	5	1	6	2	3	8	9	9	7	8	2	6	1	4	3	5	2	6	8	7	5	1	9	4	3
4	2	7	6	3	8	9	1	5	2	9	6	8	4	7	1	5	3	8	7	4	1	2	5	3	6	9
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3	8	9	5	4	1	6	7	2	1	5	7	6	2	3	9	4	8	3	2	1	6	4	9	8	7	5

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PRIZE CROSSWORD 1081



ACROSS

- Officer (7)
- Rise (5)
- Verity (5)
- Pacify (7)
- Incentive (11)
- Allowable (11)
- Stockings (7)
- Drive (5)
- Monarch (5)
- Tire (7)

DOWN

- Cache (5)
- Whirlpool (6)
- Allow (3)
- Road (6)
- Poison (7)
- Nourish (7)
- Associate (7)
- Seemliness (7)
- Girl (6)
- Clear (6)
- Disprove (5)
- Wages (3)

A €10 Algarve Book Celler token will be awarded to the sender of the first correct solution opened next Thursday. Solutions to: The Portugal News Crossword N° 1081, Apt. 13, 8401-901 Lagoa. Please be sure to enclose your name, address and phone number.

WORDSEARCH

Find the hidden words within the square. The word may start anywhere and go in any direction.



RIOTERS, NORTH, BOAT, TRUCKLE, CHIROPODIST, AIMLESSNESS, LANDING, LEGAL, BLUES, OUTPACE, LIMBS, ATTACH, ORE, FORCED, STYLISE, PROPANE, PRESENT, VITALLY, LEDGER, SHERPA, FANCY, FUR

SPOT THE DIFFERENCE

See if you can find 6 differences between the two photos.



Last week's solutions
 Across: 1 Substitute; 7 Short; 8 Mawkish; 10 Informed; 11 Skim; 13 Infuse; 15 Divers; 17 Also; 18 Slapdash; 21 Eminent; 22 Ruler; 23 Ingredient.
 Down: 1 Spoof; 2 Buttress; 3 Tamper; 4 Town; 5 Trickle; 6 Assimilate; 9 Hemisphere; 12 Disperse; 14 Fustian; 16 Elated; 19 Allot; 20 Peer.
 Last weeks winner: Mr. J. Mulcahy, Lagos



Last week's solution:

PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 2 Oct 2010

PROPERTY OF THE WEEK

An exceptional property, near Tavira



This week's Property of the Week showcases an exceptional property, comprising a rustic six-bedroom villa and a two-bedroom guest cottage that are complemented with a beautiful swimming pool, set on a 14,000 square metre plot of land. Surrounded by well-maintained gardens, the property also boasts stunning sea views.

The property is situated approximately four kilometres west of Tavira, eight kilometres to various golf courses and two kilometres to Tavira's popular long, sandy beach.

Built in 2002 with an area of 250 square metres the main house is designed to a rustic style and has six bedrooms and an office. Nearly 14,000 square metres of land surround the property, made up of with well maintained gardens, mostly with lawns with a great variety of trees and attractive plants.

There is a 60 square metre swimming pool with terrace, utility room, solar panels for hot water system of main house, shared bore hole, water from the dam, two septic tanks, a large water deposit and a double garage.

The ground floor of the main house comprises an entrance hall, fully equipped kitchen, dining room with air conditioning, French windows out to a terrace from where lovely sea views and views of the pool area can be enjoyed.

There is an open style living room with working fireplace and air conditioning, from where another set of French windows lead out to a covered south-facing terrace.

The first bedroom has air conditioning, a wardrobe, its own covered terrace and bathroom; the second and third bedrooms also have fitted wardrobes and air conditioning, as well as a shower room.

On the first floor there are three more bedrooms: from the hall there is a bathroom, and the fourth bedroom, which is also ideally sized to use as an office.

There is a very large master bedroom equipped with a wardrobe and a set of French windows that open onto a spacious terrace that boasts beautiful views to the sea and down the coast to Monte Gordo.

An exterior flight of stairs leads to a separate unit on the first floor which has a hall, two more bedrooms with wardrobes and a south facing terrace with spectacular

views. Each bedroom has an en suite shower room.

The second property, a pretty cottage, was completely renovated in 1999 and has a covered area of 143 square metres. It has an open style, fully-equipped kitchen, a sitting room and a beautiful, covered, south-facing terrace plus a private lawn area.

There is one good size bedroom complete with wardrobe, and a second smaller bedroom with wardrobe and an en suite bath-



room. An exterior flight of stairs climbs to a large roof terrace that offers more exceptional views. The property is currently

priced at €689,000.

For more information on any of these properties contact Este Algarve on: (+351) 281 951 165/281

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VILAMOURA
V102739

Charming 3 bedroom detached villa, on very quiet & residential area nr Pinhal Golf Course. Lovely 560 sqm plot w/ approx. 150 sqm constr. area. Living room w/ fireplace, open plan kitchen. Sitting room on 1st floor being used as a library. Furnished & equipped. Alarm sys. Basement transformed into games room. Landscaped garden w/ sw. pool & a lovely BBQ area. South/West facing w/ excellent sun exposure.

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Price: € 475,000

VILAMOURA
A102657

Charming 2 bedroom apartment on very quiet & residential area within walking distance to Marina, approx. 15/20 mins & to Pinhal Golf Course approx. 4/5 mins walk. Near all amenities. Large private garden w/ a lovely terrace & BBQ area. Very well kept property w/ fully fitted kitchen & lounge w/ fireplace. A/c. Complex with large green areas, swimming pool and private parking. Excellent investment opportunity.

Price: € 235,000

VILAMOURA
A102828

Excellent two bedroom apartment, located beside the Marina of Vilamoura and the beach. Complex with communal swimming pool. Finished to a high standard. 95 sq.m. of constructed area. Furnished and equipped. Air conditioning. Underground parking space for one car. Large terrace with lovely panoramic views. Great letting potential.

Price: € 277,500

VILAMOURA
A102735

Excellent located near the Marina & Falesia beach, approx. 10 mins walk, 97 sq.m. of constructed area. Fully equipped kitchen, two bathrooms. Air conditioning. Two good size bed rooms with wardrobes. Balcony overlooking the garden and swimming pool. Underground parking space for one car and one storage in the basement. Excellent letting potential.

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Vilamoura

Studio apartment transformed into 1 bedroom apartment, renovated, composed of 1 bathroom, equipped kitchenette (new), lounge w/ dining area & 2 terraces. Air conditioning & sat. Tv.. Exterior parking area. Communal sw. pool & garden. Constr. area approx. 46 sq.m.

Ref: A1357

Price: € 85,000.00



Vale Covo

Old house, not habitable, with various divisions. Good access. Plot area of 1.904 sq.m. Const. area of 173 sq.m.

Ref: C22345

Price: € 150,000.00



Vilamoura

Situating in a private condominium, beautiful 1 bedroom apartment, w/ sea view, composed of 1 bathroom, lounge w/ dining area, equipped kitchen & 2 terraces. Storage & 2 parking spaces in the basement. Communal sw. pool & garden area. Const. area - 100 sq.m.

Ref: A1394

Price: € 215,000.00



Fonte Santa

Semi detached villa composed of 4 bedrooms, 4 bathrooms, lounge/dining area with fireplace, kitchen, storage and large terraces. Basement, garage and garden. Plot area of approx. 492 sq.m. and construction area of approx. 184 sq.m.

Ref: V12628

Price: € 380,000.00

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Luz, LAGOS



Ref. 57801
499.000,00€ T4 Villa
Beautiful 4-Bedroom Villa, Fully Furnished, Equipped Kitchen, Swimming Pool, Automated Garden Irrigation System, Electric Gates (Area: 200m2 + Land 1020m2)

St. Amaro, LAGOS



Ref. 1923
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Ameijeira, LAGOS



Ref. 30036
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Quinta Madeira Villas (Almancil)
2 Bedroom "Fully Furnished" + SKY TV & Broadband" townhouse on a small complex of only 12 villas overlooking the large sw. pool and landscaped gardens. The house is located only 6 minutes drive to the golf courses and beaches of Vale do Lobo and Quinta do Lago. Price just reduced by 50k! Now the price of apartment, early viewing recommended!!
Price €229,000 / €275,000



Villa Trevo (Vilamoura)
3 Bedroom "Fully Furnished" semi-detached renovated villa located in a peaceful road between the Hilton Resort and the Old Village. The villa is ready to move straight into and has air-conditioning pre-installed ready for connection. Access to the marina and the beach is easy via the tourist road train passing by.
Price €408,000 / €490,000



Villa Kimmel (Vilamoura)
Spacious 3 Bedroom/3 Bathroom detached villa on large plot of over 1000m2 located opposite the Hilton Resort. With easy access to the local facilities and with the tourist road train stopping nearby for access to the beach & marina makes this villa an ideal holiday home or rental investment.
Price €454,000 / €545,000



Villa Arcadia (Vilamoura)
4 Bedroom detached renovated villa located in a peaceful setting with heated swimming pool surrounded by landscaped gardens within walking distance of the Hilton Resort & Browns Health Club. This villa offers a long private drive surrounded by Orange Groves.
Price €541,000 / €650,000



Villa Bonita (Vila Sol)
Large 4 Bedroom detached villa with large swimming pool surrounded by landscaped gardens located in a quiet cul-de-sac in the golf resort of Vila Sol. Double Garage, Private Drive, Sky TV, Pvt Putting Green and within walking distance of the Club House, this is a great holiday home or permanent residence.
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• Attractive spacious villa
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• Pool 10x4, large terrace
• Villa 318m² Plot 2.616m²

Ref. V1389
Price: € 350.000



São Brás de Alportel
• Attractive villa built 1991
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• Barbecue, dining terrace
• Villa 170m² plot 1.700m²

Ref. V1391
Price: € 349.000



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Ref: 1942
Price: €225.000



Olhão
Townhouse in the centre from Olhão, the property has a approved project for a new built of three floors with an total of 130m2, 3 bedrooms, lounge, kitchen and outside patio. Also as renovation project suitable.
Ref: 2009
Price: € 56.000



Fuseta - Olhão
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Ref: 1959
Price: € 199.500



Quatrim - Olhão
Large Old country cottage house implanted in a land with 1.600m2 area, situated close to Moncarapacho in a calm country location. The land is level and offers some trees. Water from a well and electricity are close by.
Ref: 2006
Price: € 80.000

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Fall for autumn trends



Gabrielle Fagan helps you stay ahead of the style crowd and check out the up-and-coming looks for homes this autumn.

As the weather turns chilly, we all want to turn up the temperature in our rooms.

But snugly throws and cushions are just so predictable. Why not embrace the hot new trends in interiors to give your rooms a fashion conscious lift?

We ask the experts to identify the looks to lust after, and the easiest (and most affordable) ways to create them.

Berry beautiful

Join in the passion for purple

hues, inspired by nature's seasonal palette, for a look that will last long into 2011, says Fionnuala Johnston, B&Q's design co-ordinator.

"Surprisingly, we're still having a love affair with plums and aubergine shades, perhaps because they're perfect for satisfying our growing desire for rich colour and warmth in our rooms," she says.

"Plums can look wonderful teamed either with creams or greys - from charcoal through to soft

black. But bear in mind, a small room can be overwhelmed by an undiluted purple scheme."

Johnston predicts that the pared down, contemporary look is fast giving way to a more classic style, boasting detail, decoration and character.

Luxe for less

Just because you're strapped for cash, doesn't mean you can't have "on trend" rooms, says Sally Bendelow, head of home design at Marks & Spencer.

"I think people are going to buy less but buy better in the current climate," she says.

"There's going to be a 'push for posh' which means adding luxurious touches to rooms to make them feel special, giving them a shot of essential individuality."

"Colourful, fun and flamboyant touches are the order of the day, as people are no longer prepared to coat rooms in beige just to please estate agents. They want nurturing, cosy sanctuaries as the cold, economic winds blow outside."

Bendelow suggests that cushions with applied fabric decoration, giving a 3D effect, will be a top choice accessory.

Grey matters

Be inspired by the sophisticated looks coming off the fashion catwalks, advises Gillian Anderson, trading director at Heal's.

"Fashion trends are increasingly moving into the homewares market and this season the chic trend is about understated, contemporary luxury," she says.

"While spring was all about nude tones, grey has become the new neutral for autumn. Because it's so versatile, it can be styled to feel feminine and soft or masculine and strong... and as it teams well with so many shades, it won't date."

Choose from a colour palette that begins with dusty aluminium and deepens through to charcoal, Anderson advises, then add zing with metallic touches or punchy reds.

Anderson says that leather, velvet, wool, silk and embellished fabrics add refined opulence to painted wood, glass and lacquer finishes.

Touch & sew

Rooms should feature a variety of textures so they're "touchy-feely" and also have decorative

craft-style elements, says Victoria Wright at Homesense.

"Patchwork is big news, part of the 'made it myself' vibe, and it has a colour vibrancy that we expect to see around throughout this year. Bold, jewel colours such as ruby, emerald, jade and yellow gold will all star as accents," she comments.

"There's a return to displaying pieces in the home which have a story or a history and that will stand the test of time - whether they've been made by a craftsman or designer, or created by a homeowner."

Wright suggests mixing textures which add depth and comfort - such as cushions, throws and rugs in chunky, boiled wool, or suede, chenille and velvet, with lampshades in silk and corduroy.

Embellish with subtle but sumptuous details such as silk tassels and faux pearls.

Naturally chic

Layering a home with furniture and accessories in natural materials can look great, says Kate Mooney, founder and managing director at Occa-Home.

"The natural world is a big and continuing influence, but this season it's becoming bolder and less subtle," she says.

"Wood and stone are continuing to play their part, but so will fur, horn and bone, as details on statement pieces."

"Comfort will be personified by the use of luxurious soft materials such as cashmere and used in a contrast with metallic vintage golds, bronze and silvers."

Mooney believes bespoke detailing will feature in buttoning, piping and tailoring on furniture upholstery and headboards.

Colour-wise, vintage rose, antique pink, dusky lilac, heather tones and grey, taupe and greens will make up the interiors palette for autumn through to spring.

Industrial chic

Industrial retro style will hold its appeal, predicts Jamie Graham, founder of Graham & Green.

"It works best if it's a confident combination of pale woods and stark metals - whether it's a practical shelf unit or a set of drawers studded with metal," he says.

"It adds a cool and contemporary feel and is enhanced by other witty, retro touches such as lamps or a vintage telephone."

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Forcing the issue



Pictured above and right: Hyacinth bulbs forced in water.



With summer lingering on, it hardly seems the right time to start thinking about Christmas - but if you want a splash of colour indoors during the festive season, now is the time to prepare forced bulbs in pots.

You can have a mass of colour and fragrance indoors in winter with deliciously scented hyacinths, hippeastrums, irises, grape hyacinths, snowdrops and miniature daffodils, which can all be forced to brighten up your home in winter. Go to your gar-

den centre now and look out for bulbs marked 'prepared', which are specially adapted to bloom earlier than usual.

Prepared bulbs have been given an artificial cold period for a number of weeks in conditions that imitate winter to speed up

the natural flowering cycle.

For me, the hyacinth is probably the best bulb for forcing. Its fragrance will fill a room and the choice of colours available is vast, from white, to pink, red, deep purple and almost every hue in between.

Bulbs should be planted in bowls filled with moist bulb fibre, close together so they are not quite touching one another, and with their growing tips just sticking out above the top of the compost. Don't firm the bulb fibre down or it may hinder the root system establishing quickly. Make sure you don't overwater them, especially if the container doesn't have drainage holes, or the bulbs will rot.

They should be placed in a cool, dark place such as the shed or a closed cupboard in a cold room, to encourage the flowering stems to develop before the leaves. It also enables the root system to become well established. If the bulb fibre becomes dry at any time, water carefully between the bulbs.

The bowls should be left in the dark for around eight weeks, or until the new shoots are around (4-5cm) high. The flower buds which you can see between the tips of the leaves should just be starting to show signs of colour.

Once they have reached this shade they can be brought out into the light, but avoid putting them in direct sunlight. They are best off in a cool room on a windowsill, but preferably not near a radiator. If you remove the bulbs too early the leaves will grow too quickly and will obscure the flowers.

While most hyacinths will stand up on their own, I tend to put pea sticks in the pots to support the heavy flowers, which otherwise may droop prematurely.

After flowering, the dead flowers should be cut off and then the bulbs can be planted outdoors and should flower after several years.

You can also force hyacinth bulbs in water, in special glasses designed to hold just one bulb, with its base at water level. The bulb should be kept in a cool room and the water level kept topped up just below the bottom of the bulb. You will see that it soon produces roots which grow down into the water.

When the flower buds start showing colour, move the bulb in its glass bowl into a warm, brightly lit room. After flowering, you just throw the bulb away as it won't give you a good display in subsequent years.

Some daffodils, including Narcissus 'Paper White', can be grown indoors in bulb fibre in the same way as hyacinths, although they do need more light and once you bring them out of the dark they can immediately be placed



on a sunny windowsill. If you don't give them enough light, they may become too tall and will need staking. Stick with the same varieties of hyacinths as some grow quicker than others.

When Christmas comes and colour and fragrance fills your home, you won't be sorry you made a little bit of effort with some prepared bulbs with autumn.

Hannah Stephenson

From terrace to table ripening green tomatoes

It's such a shame when summer ends and you know you will be faced with vines of unripe tomatoes - but there are ways to help green tomatoes ripen. Put them in a brown paper bag with either a banana or some ripe tomatoes and stick them in a drawer and you should find that soon enough the tomatoes begin to turn red.

If you know there's a frost coming that will ruin all of the tomatoes, don't pick individual tomatoes. Lift the entire plant out of the ground, making sure that some roots are still attached. Shake off as much dirt as you can and hang it upright in a dry, sheltered location, such as the garage. Avoid extremes (direct sunlight, total darkness). The tomatoes will still ripen almost as well as they would have on the vine.

Wrap individual green tomatoes in newspaper and place them in a box, no more than two layers deep. Put the box in a dark, dry spot and check weekly for progress. It usually takes three to four weeks for the green tomatoes to ripen, but check frequently and remove any fruits that show signs of rotting.



Three ways to... persuade African violets to flower

1. During summer put them on a windowsill facing north or east as they like good but not direct sunlight. In the winter, put them on a south or west-facing windowsill.
2. Water them from below and only when the plant is about to wilt from being too dry, as they hate to sit in soggy compost, and avoid splashing water on to the leaves.
3. At every other application, use half-strength general purpose liquid plant food or African violet fertiliser.



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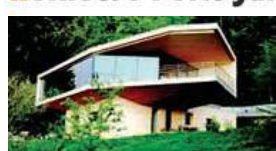
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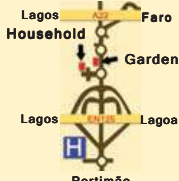
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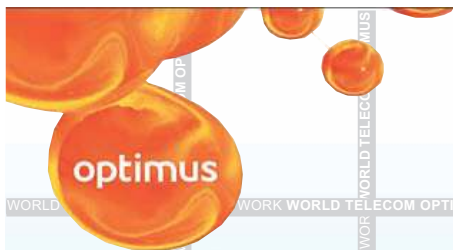
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I often comment on the passing on time, I am going to do it again. Suddenly the Golden Triangle Exhibition is here. Paws4Pets will be there for the weekend in the main entrance on STAND 27.



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very popular with the cooler nights coming in. We have lovely fleece coats for the dogs, last year these sold well to doggies who live outside, they are warm and water-proof.

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As I finish this we are packed up and ready to roll and we look forward to meeting many new clients over the weekend.

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Hi There !



This weekend, 2-3 October, Bianca Association will be present at the big adoption fair organised in Belem opposite the Monastery of Jeronimos to celebrate the Animal Day. We will have kittens and puppies (such as Kaiser on the picture) for adoption with us. Come and visit our stand. Look before at: www.bianca.pt/english



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This lovely dog was found at Sítio das Fontes de Estômbar on Saturday, 25th September. He wags his tail happily when spoken to in English. If you are the owner or if you know the owner, please contact: 962 477 887



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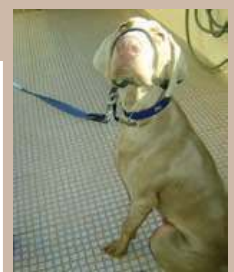
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Milo & Me



I've finally found a way to put Milo to good use - we're running the Mamamaratona together!

Not only does it encourage me to do some training, i.e. jogging and extra walking to get into shape, but it means more exercise for him too.

Not that he needs it. There's not an ounce of extra fat on him (apart from his adorable rolls of puppy fat). He's got one of those

superfast metabolisms that we humans envy as he eats whatever he wants and always looks so elegant. Interesting fact: he now weighs just three kilos less than my Other Half's six-year-old.

But he is rather lazy. At the moment he likes nothing better than stretching out in the autumn sunshine (except shredding the orange tree to bits).

I love this time of year too: I love the changes between seasons but the change from summer to autumn is particularly nice.

It's cooler now, which is great for Milo's walks (and for Milo) and the leaves are all starting to change colour and fall off their boughs (which sends Milo mad as he seems to feel it's a personal attack and rolls around in a fit as they blow about).

We go down to the beach a lot more now, it's empty in evenings; we take a ball and play fetch. Well, I play fetch seeing as I throw the ball then I end up fetching it.

Milo's concentration span is smaller than that of a gnat: he waits for the ball to be thrown,

runs after it, then gets distracted by something half-way en-route to the ball and makes a dash in the opposite direction.

Anyway, as for the Mamamaratona, which is on the 10th of October (10th month) at 10h00, Milo and I will be joining The Portugal News' sales rep Angela Bell and putting our Sunday morning to good use by walking (we might muster up a bit of a run, but bear in mind it is very early on in the morning) for a good cause.

Anyone interested in joining our Portugal News group can call Angela on: 938 344 920. I'll be the one lagging behind the large grey thing that looks like an over-excited seal with legs.

Carrie-Marie Bratley

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San Francisco's a snip when you

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family room

A screengrab of a house swap listing for a home in Boston, Massachusetts, taken from www.homelink.org.uk.

In the current climate, house swapping is a great way to get away on a budget. Nick Jenkins departs his humble home for the sunshine of San Francisco.



The Golden Gate bridge, cable cars and trams, Alcatraz, Haight-Ashbury, the Pacific Ocean, a night of baseball with the San Francisco Giants... you can't put a price on memories like these. But what makes them especially dear is knowing how little they cost.

We used to go camping, thinking that was about as cheap as it gets. But house swapping, in fact, is even cheaper. After eight exchanges, which all turned out brilliantly, we are evangelists for a simple but smart way of holidaying.

This year it was San Francisco, where a fortnight cost about the same as seven nights in Benidorm. Beyond the annual subscription to an exchange agency, the main expense was getting there and back. But it's not just about the money. House swapping brings experiences money can't buy - and tourists rarely enjoy.

We found early on that we behave differently on an exchange holiday. We do the tourist stuff at a leisurely pace. We feel like locals, with 'permission' to potter around enjoying someone else's lifestyle for a couple of weeks.

Apart from our first swap, we have never proactively sought an exchange. We just renew our annual membership of Homelink and await best offers. Others choose a destination and send out offers, but maybe our natural laziness leaves us looking forward to what opportunity the next message might bring.

For those who do their own looking, Homelink listings can be searched online. There are thousands of homes in towns and cities, in countryside and at the seaside all over the world, though most are in western Europe and English-speaking nations like Australia and the US.

Starting with Rome in 2004, swaps have taken us to the Los Angeles suburb of Monrovia, a 19th century city centre apartment in Madrid, a resort near Valencia, another second home near Venice, and a flat in a historic building in lovely Lerici on the Ligurian coast.

We also loved a winter break in the Jura mountains, walking above ski slopes and using forest footpaths to cross from France into Switzerland.

In San Francisco, where we

stayed in a beautiful house - a 1923 'craftsman bungalow' with a veranda at the front - in a classy Bay Area suburb. We had the run of the house, with all its home comforts (we never had a fridge-freezer or washing machine when we used to go camping) plus our hosts' BMW.

We used public transport for travel into the city, with the option of roaming wherever we fancied inland. The BMW took us to the Napa Valley - where the non-driving over-21s of the family made the most of a wine-tasting hosted by a genial Sheffield-born ex-pat at the randomly chosen Dutch Henry winery - and into the hills behind the Bay Area to walk among the redwoods.

Naturally, we spent time in San Francisco, a short ride away on BART - nothing to do with the Simpsons but the Bay Area Rapid Transit commuter system. A seven-day Muni passport, giving access to the entire city with unlimited use of buses, underground, trams and cable cars, cost \$26 US (£16.85) each. The hills of San Francisco are as steep as in the movies, so the ability to jump on and off public transport made sightseeing so much easier.

One word of warning: when it comes to weather, San Francisco

is cool, mostly. Cloud sits low over the city and it can be genuinely chilly, even in summer. Never mind flowers in their hair, locals travel to work on the BART in fleeces and scarves - in August! You can tell the tourists, as they wear shorts and T-shirts. And that's another area where house swapping scored, as our hosts left a cupboard full of warm clothing.

We enjoyed simple pleasures locally - a superb farmers' market, free opera in the park in Berkeley, the biggest ice creams we'd ever seen at Fentons' famous creamery, and Friday night at the spectacular 1920s Grand Lake Theatre cinema - complete with Wurlitzer performance.

Why don't more people don't try house swapping? Friends and family are fascinated, but something holds them back. They still ask: "Have you had any disasters?" No, or at least, not yet. Everyone respects each other's home.

For us, one bonus is that swapping makes us carry out a major house clean at least once a year. When we used to go camping, we would turn the house upside down before going on holiday, so we would return to a home that was still a tip.

These days, we return to a



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swap

house even cleaner and tidier than when we left. Usually, the only signs that someone has visited are one or two unfamiliar items in the fridge and the odd kitchen implement in the wrong drawer. And all the plants have been watered.

We used to worry about leaving the house unoccupied for a

fortnight, pessimistically expecting to find it burgled, boarded up or burnt down on our return. Not any more.

Curiously, we haven't even spoken to some people who swap with us, let alone met them. Some have met us at the airport or station to hand over keys or

give us a lift, but others are only names on emails. So neighbours are more likely to get to know them than we are.

This year, our visitors' girls got friendly with the children next door, playing together in the back garden, and they swapped e-mails. In return, we met three of our hosts' delightful neighbours - one of whom was also a house swap veteran. He gave us useful tips, warning us we might get a ticket for leaving the car facing in the wrong direction.

House swapping really is an excellent way to holiday on a budget. Another family's home, even if it is a holiday home, will be more comfortable than a hotel or vacation apartment.

But once you start swapping it becomes addictive. Our elder daughter, now 23, still insists on holidaying with us. Catch the bug, and there's no going back.

Key facts

:: Best for: Someone who doesn't want to lie by the pool all day - and doesn't mind strangers in their home.

:: Time to go: Any time, though school holidays determine whether you swap with a family or retired couple.

:: Need to know: Everyone re-

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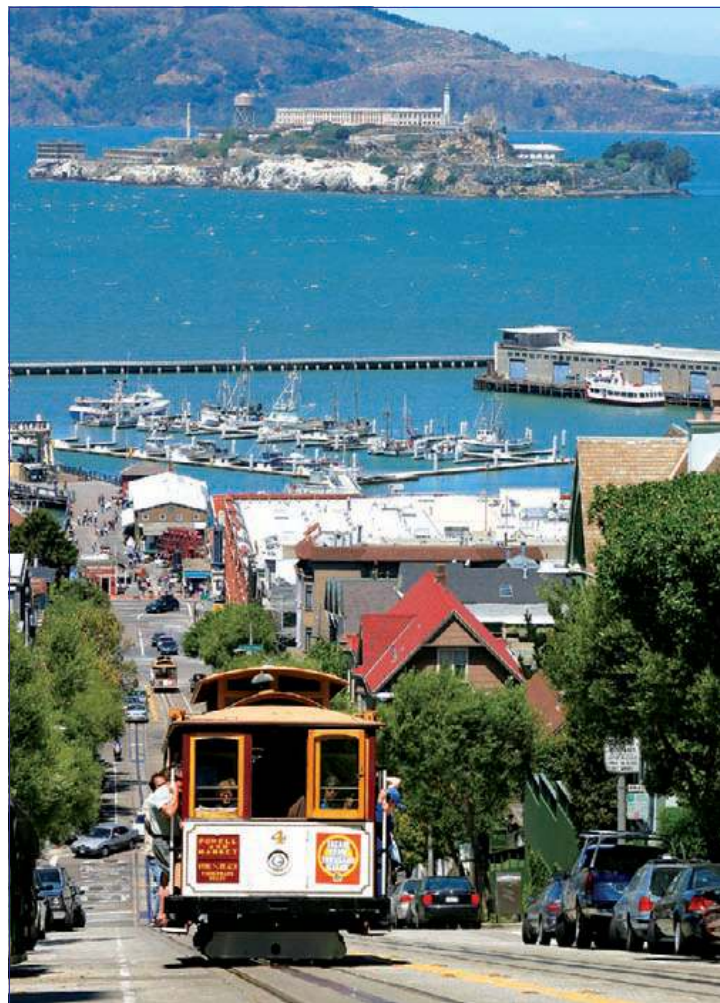
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A view of San Francisco showing a traditional tram and in the background, the former prison, Alcatraz.

spects your home - but you might want to put breakables beyond small children.

:: Don't forget: To leave a bottle of wine in your fridge.

Travel facts

Nick Jenkins registers with Homelink (00 44 (0)1962 886 882 and www.homelink.org.uk), a leading home exchange agency, where annual membership

(£115/€135) gives each homeowner a web page to list their home with up to 20 photographs, plus access to thousands of listings worldwide.

British Airways return flights ex-Heathrow to San Francisco start at £524 in November. BA reservations: tel. 00 44 (0)844 493 0787 and www.ba.com.

Nick Jenkins

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I heart work



The World Heart Federation is targeting the workplace to improve heart health. Lisa Salmon reveals how exercise at work, regular breaks and healthy canteen food can really make a difference to employees' hearts.

Imagine working out in the gym and having a relaxing shower, before enjoying an Indian head massage and a piece of fresh fruit - all at work.

Lucky staff at one forward-thinking Welsh insurance group don't have to imagine such luxuries - the gym and wet room are in their offices, the company provides fresh fruit daily and monthly Indian head massages are just a perk of the job.

In addition, there are regular fit-

ness, nutrition and wellbeing talks at work, and access to stress counselling.

The healthy measures at the Thomas, Carroll Insurance Group, which keep sickness absence low and help improve profitability, are exactly what the World Heart Federation (WHF) are calling for as part of its Wellness in the Workplace.

Stressing that cardiovascular problems like heart disease and strokes are the leading cause of

death in the UK, the charity points out that up to 80 per cent of premature deaths could be prevented by lifestyle changes which improve both heart and overall health.

And as we spend around half of our waking hours at work, the workplace is key to making those changes.

The WHF's senior scientific officer, Dr Kathryn Taubert, says: "Employers need to understand that introducing healthy



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Walking up stairs at work gives the heart a mini workout.

measures at work is a good bang for their buck, because studies show that with healthier employees, there are less sick days and missed work.

"It's really in the employer's best interests to have happy, healthy staff."

She says a new WHF survey shows that the majority of employees believe their employers should do something to make workplace wellness a priority.

Such measures might include providing exercise opportunities at work or cycle-to-work schemes, more breaks, cheaper/subsidised healthy food in work canteens and vending machines, and fridges so staff can bring their own healthy food options.

However, Taubert stresses

that it's ultimately an individual's personal responsibility to look after their own health, and any steps in that direction should benefit the whole body.

"We can't just pull the heart out of the body, so measures taken should tackle overall wellness."

She adds: "There's a connection between physical activity, smoking or not smoking and maintaining a healthy weight, and problems like heart disease, diabetes, cancer and other diseases."

The British Heart Foundation (BHF) is a member of the WHF, and is supporting the World Heart Day Wellness in the Workplace initiative through its Health at Work project.

As well as providing various



Swap unhealthy takeouts for fresh salad and your heart will thank you

health at work information packs for employers and staff on its website, the project is encouraging organisations to enter BHF

walks throughout this month, or set up their own walks.

The BHF Health at Work project manager, Lisa Purcell,

says: "We're at work a huge percentage of our time, so it's an ideal setting to get healthy."

"Once employers start making

simple changes and can see the benefits for the individuals and the organisation, they soon realise it's all worthwhile."



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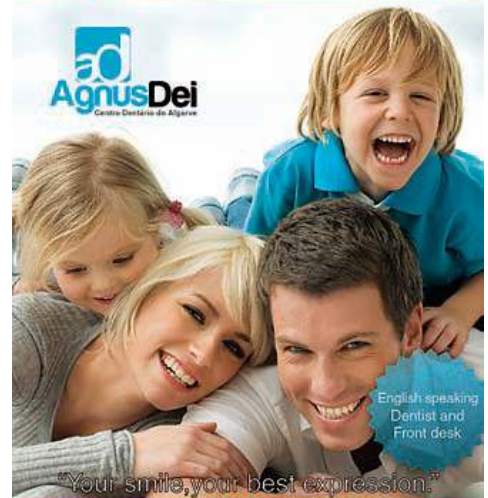
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"It's not about investing huge amounts of money, it's about making simple changes that employees can easily incorporate into their day, which can have a huge impact on their health."

"If you only think about being active and healthy at home, it'll have a much smaller impact than if you think about it at work too."

"Individuals should take responsibility for themselves, but the workplace can play a huge

role in terms of raising awareness, providing healthy opportunities and giving employees the choice to be healthy."

Such opportunities are provided by the Thomas, Carroll Insurance Group, which Purcell describes as a "prime example" of how to get a fitter, healthier and happier workforce.

The company's marketing director, Paul Gardner, says measures like building a gym and wet

room for the 96 staff are both morally and financially right.

"We see this spend as an investment, not a cost. We believe it pays back handsomely," he says proudly.

The result, he insists, is attracting and keeping the best staff, which leads to satisfied clients and increased profits at the Caerphilly-based company.

He adds: "Too many businesses are willing to budget big sums in recruitment agency costs, rather than invest in a wellbeing programme. This is short-sighted."

"Invest modest sums and you will reap the rewards."



If you haven't already done so than now is the time to quit smoking

The World Heart Federation's ten steps to health:

- :: Eat a healthy diet including at least five servings of fruit and vegetables a day, avoiding saturated fat and keeping salty, processed foods to a minimum.
 - :: Get active - even 30 minutes of activity can help to prevent heart attacks and strokes.
 - :: Stop smoking - your risk of coronary heart disease will be halved within a year.
 - :: Maintain a healthy weight, as weight loss leads to lower blood pressure, and high blood pressure is a major factor in half of all heart disease and stroke.
 - :: Have your blood pressure, cholesterol and glucose levels measured, together with waist-to-hip ratio and body mass index (BMI), so you can develop a specific plan of action to improve your heart health.
 - :: Limit alcohol - excessive intake can raise blood pressure and lead to weight gain.
 - :: Ensure your workplace is 100 per cent smoke-free, and support the adoption of smoking cessation services.
 - :: Include physical activity in your working schedule - cycle to work, take the stairs, exercise or go for a walk during lunch breaks.
 - :: Ask for healthy food in the work canteen.
 - :: Encourage stress-free moments in the working day by eating lunch away from your workplace and having regular breaks which include stretching or exercising.
- Healthy benefits for employees:
- :: Slowed down narrowing of the arteries, as a result of exercise.
 - :: Stronger heart muscle from exercise.
 - :: Reduced blood pressure through weight loss and exercise.
 - :: Feeling less stressed.
 - :: Better concentration.
- Healthy benefits for employers:
- :: Increased productivity.
 - :: Reduced absenteeism rates - up to 20 per cent fewer days lost.
 - :: Lower medical costs (for both employers and employees).
 - :: Fewer workplace injuries, as fitter staff are more capable of physical work.
 - :: Improved morale and loyalty.
 - :: Enhanced staff retention.

For more details on the British Heart Foundation, visit www.bhf.org.uk/healthatwork.

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Good enough to eat

If you've drooled over the Creme Brulee in Amelie, or the Cannoli in The Godfather, then you'll know how important food is in the movies. Three writers try out some classic movie recipes and tell Kate Whiting whether they can recreate that perfect food movie magic.



Strawberry chocolate pie from Waitress (2007)

300g bourbon or Oreo biscuits, crushed
125g salted butter, melted
1tbsp golden syrup
300ml double cream
100ml milk
3tsp coffee granules (espresso is best)
400g dark chocolate
2 eggs
250g strawberries
ground black pepper

Preheat oven to 170C/150C fan oven/gas mark 5. Line a 23cm loose-bottomed flan tin with foil.

Place the chocolate biscuits into a roomy bowl. Using the end of a rolling pin, crush the biscuits until they resemble fine breadcrumbs.

Melt the butter in a pan with the golden syrup. Pour over the biscuit crumbs and mix well.

Tip the mixture into the lined tin and press down well with your fingers or the back of a metal spoon. Refrigerate while you make the filling.

Put the cream, milk, coffee granules and chocolate into a bowl. Set over a pan of barely

simmering water. As the cream heats, stir gently until the chocolate has melted and the mixture is smooth and combines. Leave to cool slightly.

Beat the eggs in a separate bowl. Whisk several teaspoons of the warm chocolate mixture into the eggs, then pour into the chocolate cream and combine well. (The cream may thicken slightly as you do this. It's OK!)

Take the biscuit base from the fridge. Fill with the chocolate custard and bake for 18-25 minutes until the custard is mostly set and only the middle wobbles when shaken.

Chill the pie, layer with sliced strawberries and grind over a little black pepper. Serve with

Creme brulee from Amelie (2001) (Serves 4)

4 egg yolks
2 1/2tbsp caster sugar
vanilla pod
500ml double cream
5tbsp granulated sugar

Preheat the oven to 140C/120C fan oven/gas mark 1. Pop the egg yolks into a large bowl with the sugar and whisk together until pale and fluffy.

Split the vanilla pod lengthways and scrape out the gooey seeds with the point of a knife. Then put the whole lot into a large pan. Add the double cream and slowly heat until the cream begins to make tiny bubbles at the edge. Remove pan from the heat and allow to cool a little.

Whisking as you pour, add the warm cream to the eggy sugary foam. (The whisking is vital otherwise you will have sweets scrambled egg in your bowl rather than the beginnings of custard.)

Pour the mixture back into the pan and stir until thickened. Pour the custard into four ramekins to about three-quarters full, then arrange in a large baking dish. Pour hot water around the ramekins to about 2.5cm deep.

Bake for 30 minutes until just

set. Remove from the oven and cool.

When cool, sprinkle the custards with sugar and flash under a very hot grill until the sugar melts. If you're feeling flamboyant, use a blowtorch to impress your guests.

Kate's verdict:

• Ease: I've never made creme brulee and luckily I read the recipe through before I tried. It involves lots of whisking and I cheated by stocking up on a hand-whisk to do all the hard work!

• Looks: "Given it was my first attempt, the brulee looked pretty reasonable. The inside was probably too gooey and the hard crusty top was slightly softer than it should have been, but I still managed to crack it like Amelie - she would have been proud!"

• Foodie film moment: Amelie's whole raison d'être is enjoying the simple pleasures in life, like cracking the caramel on top of creme brulee with the back of your spoon. She's absolutely right, we should take time out to enjoy food.

(Serves 8)

Made by Damon Smith



cold cream, but don't have too much or your fillings will ache!

Damon's verdict:

• Ease: The recipe is easy to follow and there's not much expertise or brute force involved, so apart from grinding up the Oreo cookies at the beginning, which took a bit of welly, the rest is simple.

• Looks: The recipe uses quite a lot of butter and syrup with the crumbed Oreo cookies, so my biscuit base was a little on the wet side, causing it to shift during baking. Also, my timings were very

different - the chocolate custard should bake in 18-25 minutes, but mine took 35-40. And I have to admit, my finished product looked nothing like the film's pie, but that could just be me, my oven or both!

• Foodie film moment: As the film says, chocolate strawberry pie can solve almost all problems - the rich, creaminess of the chocolate is cut through by the sweet sharpness of the strawberries - and if mine had coming out looking like the film's version, I'm sure that would be true.



Cannoli from The Godfather (1972)

275g plain flour
1tsp baking powder
1tbsp granulated sugar
Pinch of salt
1/2tsp cinnamon
25g butter
1 egg
75ml marsala (or wine)
vegetable oil for frying
water or egg whites, to seal
icing sugar, to dust

Sift the flour, baking powder, sugar, salt and cinnamon into a large bowl or directly onto the work surface.

Rub in the butter until the mixture resembles breadcrumbs. Make a well in the centre and add the egg and wine. Using a fork, or even better, your fingers, work the wet ingredients into the dry. Stir the mixture from the centre outwards, drawing in the dry ingredients as you go.

When well combined, knead the dough for 5-10 minutes until it becomes smooth and elastic in texture. If the mix is a little dry, add a splash more wine; if too sticky, add more flour.

Place back in the bowl, cover with clear film and leave to relax in a warm place for 30 minutes.

(Makes 30 strips of dough)

Made by Sarah O'Meara

Roll out the dough thinly to about 2mm thick. Cut out rounds with a diameter of 5cm to wrap around cannoli tubes. Seal with a dab of water or egg white.

Put the oil on to heat. To deep-fry, heat the oil to 190C. If shallow-frying, use 2 table-spoons oil at a medium-high heat. Lower the tubes into the oil and fry until golden. Remove from the oil and allow to drain and cool on kitchen paper.

Dust with icing sugar or dip in melted chocolate to serve.

Sarah's verdict:

• Ease: Unless you're a consummate baker, these are tricky pastries to make. You'll also need lots of equipment, such as cannoli tubes, piping instruments and lots of patience!

• Looks: Luckily for me, you never see the cannoli in the film, but there is that immortal line, 'Leave the gun, take the cannoli'.

• Foodie film moment: Fans of The Godfather will know that nothing gets in the way of a gangster and his cannoli. Not even a body!

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Wonderful grandparents

Lisa Salmon explains how easy it is to take people for granted when you're a busy parent - particularly if they're part of the family.

Perhaps one of the biggest groups of unappreciated people are grandparents - although many would argue that grandmas and grandads are appreciated far more by families than by the state.

It's estimated that one in three families depend on grandparents for childcare, and up to a third of grandparents provide financial support for their grandchildren.

Given facts like that, it's not hard to see why the nation's grans and grandads deserve a great big

thank you this Grandparents' Day (October 3).

However, while charities that campaign for grandparents' rights welcome any recognition of the vital role they play in family life, they stress that such recognition should be more than a one-off.

Sam Smethers, chief executive of Grandparents Plus, says: "What we need to do is value the role all year round, and not just for one day."

Part of being valued would, of course, be for grandparents to be paid for looking after their grandchildren - after all, it's estimated that the value of their childcare is saving UK parents £3.9 (€4.58) billion a year.

A poll earlier this year by researchers at King's College, London, and Grandparents Plus found there was huge support from grandparents for the proposal that they should be paid for childcare - with 75% of working age grandparents agreeing.

"It's often said that grandparents do it for love not money, and that's true," says Smethers.

"But our survey shows an overwhelming majority in favour of being paid for childcare."

A grandparents' National Insurance credit comes into force in

April 2011, meaning that grandparents who care for a child under 12 for at least 20 hours a week will get a credit towards their state pension.

Smethers says that although the measure is welcomed, it won't make a "seismic difference" to most grandparents.

"Grandparents feel their role isn't taken seriously, that they're undervalued and that they should be better recognised."

"But it's a question of what would that mean?"

"We've said that the Government should make it possible to pay grandparents for childcare through the tax credits system."

"But in these difficult financial times we know that's not really viable."

Other suggestions to make life better for grandparents include improving contact between children and grandparents when parents are separate, and extending the right to flexible working.

This would benefit working grandparents - of whom there are a substantial number, as half of UK grandparents are under 65.

Grandparents Plus would also like parental leave from work after having a baby to be transferable to grandparents.

"There are things that aren't necessarily about money that the Government could do to better recognise the grandparental role," Smethers points out.

In a bid to make life easier for grandparents, the charity is looking at a commercial way of recognising them, through a possible



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discount card scheme.

"It'd be a bit like an NUS card," explains Smethers.

"It'd be about the contribution grandparents make, and that can happen at a range of ages from thirty-something upwards."

"It shouldn't just be older people."

The charity is in the early stages of developing the reward scheme, which would be entirely commercially-funded and could include a variety of money-saving options in areas like leisure, financial services and so on.

Smethers estimates that if all goes according to plan, the scheme could be up and running in around 18 months, although she stresses it's early days yet.

"It's a potential solution to that recognition problem," she says, although she acknowledges that it's not enough for the grandparents who take on a full-time caring role.

Smethers believes grandparents will take an increasingly significant role in children's lives, possibly connected to forthcoming Government cuts in public services, and she stresses: "We welcome grandparents having more involvement with their grandchildren, but what we're concerned about is when they're

under pressure to provide that care when they also need to work."

"There can be an expectation for grandparents to care, and sometimes nobody stops to ask if they really want to."

"It's important that people have that discussion up front."

"It's having basic respect for grandparents and recognising that they may have other things to do than just be a childminder."

Lynn Chesterman, chief executive of the Grandparents' Association, agrees that communication between grandparents and parents is a vital part of ensuring grandparents are happy.

She says that forthcoming Grandparents' Association research into the mental health and finances of grandparents who have significant childcare roles, or no contact with grandchildren at all, shows that they are "really really suffering".

Some grandparents are reducing their own work so they can help their family out, and Chesterman fears that cuts in public services will make the situation worse.

"I think the pressure is going to be more and more on grandparents to step up to the plate."

"There seems to be an assumption that somebody in the family,

and it's usually grandparents, are going to look after the kids."

She says talking about what amount of care is expected from grandparents, and how much they might contribute financially, is key.

"Just talk - don't let resentment build up," she warns.

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Frank Escobar at 21-467-3386 or
Mobile 919 086 683

ST GEORGE'S CHURCH; LISBON

(Church of England). Av. S.Jorge 6
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11.45 am every Sunday. Tel.
21.4692303.

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Voluntários 59 (behind Hotel Sana
Estoril). Sunday School. Service
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21.4692303.

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Negreiro, Lote 213 Loja Dt do
Exército 11 A); Chelas Corps (Rua Rui
de Sousa, Lote 65 A loja C);
Laranjeiras Corps (Bairro de

Laranjeiras). At all these corps:
Morning 9.30am Salvation Meeting
5.00pm Picheleira Corp Rua Capitão
Roby, Picheleira, Lisbon (21 805708).

LISBON SYNAGOGUE: Rua

Alexandre Herculano 59, Tel 213 931
130 Fax 213 884 304,
celsoaboa@mail.telepac.pt

IGREJA BAPTISTA de Queljas (close

to Cascais) Rua Carlos Santos 88,
Queljas Near the Olympic Stadium
off the A5. Tel: 214 172 087. Sunday
Service: English 10:15 Prayer and
Bible Study: Thursday 8pm Traditional
Baptist Service in English followed
by Sunday School.

JEHOVAH'S WITNESSES - Public Talk

in English. Rua João de Deus, 76.
Sintra. (Behind Sintra train station).
Sunday 1.30pm. Tel: 214 690 600.
Also Rua da Barroca, 122 (Bairro
Alto), Lisbon. Sunday 11am. Tel: 213
421 604. (Chinese: Saturday 3pm).

The Algarve

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ALGARVE Holy Communion every
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Convent Chapel. www.allsaints
algarve.org or 282 380 311.

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C of E. Sundays: 9.30am Igreja N Sra
de Fatima, N125 between Quatro
Estradas & Almancil, 11.30am St
Luke's, Gorjões, 8.00am & 12noon
Igreja N Sra da Luz, Praia da Luz,
near Lagos 918 824 584.
www.stvincentsalgarve.org

THE SALVATION ARMY in São Brás

de Alportel will hold on the 1st
Sunday of each month an Interna-
tional Worship Service at the Salva-
tion Army Citadel in São Brás at
5pm, Rua 25 de Abril, nº 19 (next to
the Market).

INT. CHRISTIAN FELLOWSHIP Rua

N.S.do Amparo (just off Avda 25 de
abril) in "The Bridge" rooms,
Cedipraia Shopping Centre. Wor-
ship Sundays at 11am. Sunday School
for children in English & Portuguese.
For more info call 282 461 985 see
«www.coaa.co.uk/icf.htm»

INT. COMMUNITY CHURCH in Lagos

invites you to attend its services
in English Sundays 10.30am.
Newfrontiers Sunday School 5
Travessa de Santo Amaro, Lagos.
Tel. 282-086804 or 282-697546.
www.icc-lagos.org.

INT. EVANGELICAL CHURCH OF

THE ALGARVE Warmly welcomes
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ities and denominations to their

Sunday Services in Vale Judeu at
10.30. Blue sign on the N125 be-
tween the Vilamoura entrance & the
Atlântico Waterslide Park. Creche
and Sunday School. For further in-
formation: 289 328635.

CHURCH IN LAGOS. Sundays

10.30am at 14, Praça Luis de
Cameos. In the historical building,
upper room, in the centre of the old
walled city of Lagos. Messianic As-
sembly. Our mission Math: 28 v 18
to 20. Contact Stefan Saunders (Pas-
tor) 963 165 983,
stefanjsaunders@yahoo.co.uk

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the Algarve, Christ Centred study of
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125 Porches Retail Park, Vale de
Lousas, Alcantarilha. Tel: 2

Announcements

OCTOBER 27th-29th – Lagoa - The Algarveans Experimental Theatre Presents 'Life's Like That!' a night of comedic theatre with something for everyone. All tickets only €5. Book on 282 789 608 algarveantickets@hotmail.com

HUGE SALE Artists & Crafts Supplies
Huge amount of items to choose from, Saturday, October 16th, Almadena Social Club, 11:00 to 4:00

CANCER MEETINGS Have you been affected by Cancer? Members of the women's cancer support group meet for advice or an informal chat on the first Wednesday of every month in Loulé. If you would like to join us, please contact Vi on 289 882 680 or 917962255.

CASA - IS a local social group established over 20 years ago. A friendly group who have a monthly newsletter and at least one activity per month, usually dinners at local venues. We have and annual trip to Spain or within Portugal, plus other activities. Open o everyone. For more information and a sample newsletter give Mary a call on 282 357 275.

FUN 25-YEAR-OLD babysitter available for evening sitting jobs in the Barlavento area. Call 968 698 783 or e-mail kkdesign.algarve@gmail.com for CV request.



ALVOR CHARITY SHOP (APAA) End Of Summer Sale - 50% discount
The APAA (Associação de Protecção Animal do Algarve) Charity Shop, located in the Dunas do Algarve complex, starts its 50% off clothing, shoes and jewellery sale running until Sunday, 3rd October. Opening hours 10:30am and 2:00pm. All proceeds towards veterinary costs of snipping and spaying stray cats and dogs. Please come and support us!

Business Opportunities

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Included in the price is all the equipment required for service and maintenance, company van, a very good customer base, reputation and existing contact details €19,500 91033493

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938344920, e-mail: ange_duncan@yahoo.co.uk

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Caravans & Motorhomes

LARGE AREA available now until May for caravan/tourer in private grounds near Moncarapacho. Excellent facilities, summer storage for the same vehicle if required. Sorry no dogs. Further details tel: 281961900

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Charities

AUTUMN BAZAAR, Saturday 9th October at the Mercado de Ribeira, Tavira from 10 - 13 hrs. Stalls include books, clothes, jewellery, greetings cards, Bric-a-brac, cakes and chutneys. Donations of good quality clothing and bric-a-brac - ring Cynthia on 281 324 795 or Pat on 281 323 493. Event organised by the Tavira Fund Raisers to help support the canil at São Francisco, Loulé.

AYAMONTE ANIMAL Rescue Fund Raising Craft Fair & Car Boot Sale. Calico Park 0034 959053096.

CAR BOOT Sale held every 3rd Sunday of the month at Restaurant 'Quinta dos Areões', adjacent to the Veterinary Clinic in Espiche. Stallholders pay from €3. All proceeds go to Rosco's Charity Association. Call Alfred on 918886955 or contact us on our website www.roscofoundation.org for more information.

Classified Hotline

707 500 646
view for free on
www.theportugalnews.com

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson 962 633 811, for details of our work for animal welfare. Please help.

TAVIRA TREASURE Charity Shop. Tavira Christian Centre, Av. Mateus Teixeira de Azevedo, 61A (Opposite Skippers Bar). Come and browse, Come and bring clothing, Bric-a-brac, Books. Open Wednesdays, 2.30-4.30 and Saturdays 10.30-12.30. Phone 917872559/ 913617991 for further details. Volunteers needed so we can open more frequently.

CHARITY SHOP, Montechoro, Albufeira (behind chemist's) needs volunteers to help in the shop. Please ring Lesley: 962 414 584

CHARITY BOOK Sale & Coffee Morning. 2,000 nearly new paperbacks at 60c. each. All proceeds in aid of The Boy's Home in Faro. Friendly atmosphere in pleasant surroundings. Every Friday from 10am to 12 noon, in the Village Hall, Monte da Palhaqueira, Gorjões, Sta. Barbara de Nexe. Info. Tel: 289 990 901.

ALBUFEIRA ABA Charity shop, 41D Avenida do Ténis, open Tuesday to Saturday 10h30 until 2pm. (next door to the Galeano Bar) on the road that leads to the Marina, from the dual carriage-way. We are an independent charity, using the income from the shop for neutering animals. Please help us by donating items for sale.

APAA CHARITY Shops. Cerro Grande, Albufeira, Monday to Saturday 10.30 am to 2pm; Dunas do Alvor, Tuesday to Sunday 10am to 1pm; Rua da Mesquita, Silves, Monday to Saturday 10.00am to 2pm. Good quality clothes, books, jigsaws, bric-a-brac, etc. Stock and new volunteers always welcome. Help us to help stray and abandoned dogs and cats.

DO YOU have some spare time? Would you like to make new friends and help animals, too? Become a volunteer for the Nandi Animal Charity Shops in Lagos. Most volunteers work one half-day a week. Join us! We are a friendly group and we need you! For more information, call Susan at 918755533.

NEW CHARITY Shop opened in Guia, situated one way street 3 doors up from Restaurant Atlântico opposite carpark. Open 10h30 to 18h30 each day except Saturday (10h30 to 14h30), closed Sundays. Books, excellent quality new and nearly new clothes for men, women, children and babies, toys, puzzles, bric-a-brac, towels, bed linen and many more quality items.

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ASSOCIATION BIANCA, a registered Portuguese charity that runs an animal shelter near Lisbon (see more on www.bianca.pt/english) invites you to its online charity shop: <http://www.fazendoanimaisfelizes.blogspot.com/You> can buy or you can donate. Either way, you are helping to feed 250 dogs and 50 cats."

Education

WRITING CIRCLE in Lagoa Library with Jenny Grainer starting on October 12th at 10h30 then every 1st Tuesday in the month. Tel: 963 518 184 jennygrainer@sapo.pt

ENJOYABLE PORTUGUESE courses starting soon. Beginners: 11 October. Advanced: 12 October. Individual lessons: 2 students studying together pay for 1. Centro de Línguas de Lagos. Call 282761070. Email info@centrodelinguas.com

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To apply, please send your C.V. with a covering letter to kathy@almaverde.com.

Closing date for applications is 12th October.

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Everyman's choice: 2010 Ford Mondeo

Mondeo man may not have proved as pivotal in the recent general election as he was back in 1997, but at least he can take solace in the fact that in the 13 years since, he has become better looking, more reliable and more powerful.

He may or may not be so pleased to hear that he's also become more exclusive. In the decade and a bit since 'New Labour' entered power on a ground-swell of support from the Ford Mondeo driving everyman, the rep-segment staple has been overtaken as the vehicle of choice for motorway journey-men by the premium BMW 3 Series model, with drivers buoyed by a booming economy and an arguably more even distribution of wealth.

A couple of years on from the hardest-hitting recession of a generation all of that seems a long time ago - and now the Ford Mondeo is gunning to bring some of those premium saloon drivers back into its fold as the age of austerity hits home.

There are one or two problems, however. Firstly, the Mondeo had become rather expensive. Secondly, those drivers who have been enjoying the high regard, powerful performance and premium feel that a German marque affords have become somewhat accustomed to the trappings.

The responses have come two-fold. Ford has recently restructured its price plans across the existing line-up of models, offering far greater value across its range, including the Mondeo. And now the Mondeo has been revised with the aim of offering more power, more refinement and a more premium feel.

Read any review of the previous generation Ford Mondeo and it will tell you that it's a vehicle that offers a class-leading package. Handsome good looks, a spacious interior, a contemporary cockpit and the crisp handling that's become expected of Ford models were all present.

It's probably for the best, then, that Ford has concentrated its efforts resulting in a revised model that is at once comfortably familiar and intriguingly different.

From the outside, the changes are subtle but apparent on closer inspection. The shared front ends are more in keeping with the hugely popular Focus and S-Max models. The upper portion of the grille is sleeker, while the lower, trapezoidal portion has been made larger. (Interestingly, behind the grille sits an adjustable flap system that deflects wind flow when it's not required for cooling, aiding aerodynamics).

LED running lamps are integrated into the fog-lamp units and, along the sides, more chrome around the windows of the upper trim level models highlights

the sleek window line and gives a greater impression of quality.

The same affect is mostly achieved, inside with revisions to details such as the door-panel design giving a more upmarket and design conscious feel. The centre console boasts a simple and attractive layout while the instrument binnacle is very impressive, with a clear colour display conveying information in an effortlessly absorbed manner.

The menu-based interface takes a little practice to master



Mondeo's trump cards. It feels hugely accommodating from passenger seats and the boot is generous in five-door form. For the driver, the impression of size remains present on the road - making it a tight vehicle to position

against an oncoming tractor - but it's a small price to pay for such accommodation.

Mondeo man can continue to feel on top of his game for a few more years yet.

Source: PA/TPN

Facts at a glance:

Model: Ford Mondeo 2.0 EcoBoost PowerShift Titanium, range starting from €31,810.00

Engine: 2.0 litre petrol unit developing 237 bhp and 300 Nm of torque.

Transmission: Six speed automatic transmission, driving the front wheels.

Performance: Top speed 232 kph
0-100kph in 7.5 seconds.

Economy: 7.7 L/100km combined.

Emissions: 179 g/km CO2.

but is a success and even the models equipped with the new lane departure warning and speed limiter options use a minimum of buttons. Also worthy of note are extremely comfortable and supportive seats, the kind high-mileage drivers will really appreciate.

Material quality is good, with soft touch plastics to the upper portion of the dash. Only the satin-finish surround for the centre console is likely to divide opinion.

The changes go beyond cosmetics. Two new engine options include a 197bhp version of the 2.2-litre 'DuraTorq' diesel and a 237bhp, 2.0-litre 'EcoBoost' petrol. The latter is available with Ford's six-speed, twin-clutch PowerShift automatic transmission.

It's a slick combination and one that makes the most of the Mondeo's cossetting ride and responsive chassis, with seamless drive and an impressive turn of speed. Importantly, it's as smooth in town at low speed as when cruising, requiring no special treatment from the driver's seat.

As with the previous model, interior space is one of the

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Portugal's Champions League losers

Benfica and Sporting Braga completed a clean-sweep of defeats for Portugal's participants in the Champions League as they both lost matches in which they were confident of gaining some points.

Sporting Braga, similar to Benfica in that they were near-unbeatable last season, largely due to a rock-solid defence, were beaten 3-0 at home by the Ukraine's Shakhtar Donetsk.

No matter how much Sporting Braga's coach Domingos tries to defend his team or his options, the defence has now leaked nine goals in two Champions League matches while failing to score to none.

Whatever reputation Sporting Braga built up last season on the domestic front as the team came close to winning the league, has been undone in Europe, with most of the other 31 competing teams wishing they had been grouped with the northern Portuguese team.

Ten points usually suffices for a team to qualify for the knock-out phases of the Champions League, which means that Sporting Braga will need to win three and draw one of their remaining four matches. Based on their performances so far, that seems highly unlikely and the team will now be

more focused on finishing third which will give them access to the Europa League.

Benfica, meanwhile, are in less of a tight spot, but compromised their passage to the final 16 with a 2-0 defeat in Gelsenkirchen on Wednesday night against Schalke 04, which has been struggling of late in the Bundesliga despite the multi-million euro signing of Raul and Klaas-Jan Huntelaar.

The Lisbon club had seemed to have done enough to secure at least a point, while threatening on the odd occasion to break the deadlock mainly through Argentine international Pablo Aimar.

But a goal 15 minutes from the end by the Peruvian and a second with only five minutes to play by Huntelaar sealed the Portuguese champions' fate leaving Benfica with a winless record in Germany stretching to 19 matches.

Benfica beat Hapoel Tel Aviv 2-0 a fortnight ago, but the Red Devils chances of qualifying for the next round of this lucrative competition will be made a lot clearer in their double-header against group leaders and Champions League regulars Lyon.

The two matches will be played on October 20 in France, followed by the return in Lisbon on November 2.



Shakhtar Donetsk supporters celebrate during their game against Braga for the Champions League held at Axa Stadium in Braga on September 28th. (Photo: Lusa / Hugo Delgado)



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Paulo Bento unconcerned about being "second choice"

In his first press conference as newly-appointed Portuguese national football squad, head coach Paulo Bento has said he isn't worried about being "second choice" for the post.

Paulo Bento, 41, doesn't believe his standing is "harmed in any way" by a failed Portuguese Football Federation (FPF) attempt to hire Real Madrid manager José Mourinho for a two-match contract.

"Mourinho is among the best, maybe even the best [football coach] in the world", Bento said. "I'm proud to be second choice after one of the best."

Bento said he is confident of achieving qualification for the Euro 2012 championships, despite Portugal's lacklustre results in its first two matches (a loss to Norway, a home draw with Cyprus).

The new coach also praised players Silvestre Varela and Carlos Martins, both of whom left Sporting during Bento's tenure at the club, denying any rift with either of them.

Portugal will host Denmark in a Euro 2012 qualifier on Oct 8.

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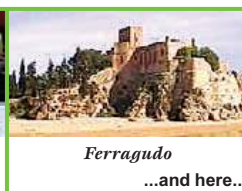
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SUPERLEAGUE FIXTURES WEEK 7

MATCH	DATE	TIME	TV
Leiria-Académica	Friday	20h15	SportTV1
Olhanense-Setúbal	Saturday	19h15	SportTV1
Rio Ave-Marítimo	Sunday	16h00	
Nacional-Portimonense	Sunday	16h00	
Naval-P. Ferreira	Sunday	16h00	
Benfica-Braga	Sunday	20h15	SportTV1
Beira-Mar-Sporting	Sunday	19h15	SportTV1
Guimarães-FC Porto	Monday	21h15	TVI



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